



APRIL 2025

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Arbutus Park
Retirement Community
207 Ottawa Street
Johnstown, PA 15904

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(814) 266-8621



Celebrating 51 Years!

Ongoing CNA Class

Congratulations to Kim Rambish on completing the most recent CNA class! We are excited to now be recruiting for the next four-week CNA class happening in May, in conjunction with our friends at Laurel View Village. Interested candidates can learn more about the training and apply at:

https://arbutusparkmanor.com/cnaclass



Community Room Rentals

We are excited to announce that we are making our large Community Room available for rentals! Perfect for birthday parties, showers, memorials, and other gatherings, we are now booking dates! Pricing, details, availability, and more can be found at:

https://arbutusparkmanor.com/eventrentals



Personal Care Availability

We have very limited availability in our Personal Care. PC is a wonderful option for those who seek to continue an active lifestyle who also want the security of knowing that 24-hour care is nearby whenever assistance is needed. Each private room features a private bath, call bell and safety features, cable tv, and internet. Enjoy great meals, activities, quality care, and fellowship - respite care also available!



We currently have three openings being presented to our waitlists! After renovation is complete, we contact our waitlists for touring before advertising them online. If a cottager makes a referral, they receive one month maintenance FREE upon the move-in. Call Kelsey at 814.262.2150 for more information.





PATHWAYS MONTHLY NEWSLETTER APRIL 2025

Celebrations APRIL BIRTHDAYS

- 3 Charlotte Hofecker
- 5 Charlene Leffler
- 7 Susan Hunt
- 17 Betty Sheridan
- 18 Dennis Johnson
- 20 Dolores Burns
- 21 John Hollis
- 26 Frank Burggraf
- 29 Joseph Ivock
- 30 Sharon Varner
- 30 Denton Haynes
- 30 Joan Yeager



EMPLOYEE WORK ANNIVERSARIES

Tracey Shilling - Nursing - 39 Years
Jodi Mcclosky - Nursing - 37 Years
Dona Flynn - Activities - 36 Years
Alexis Stenger - Nursing - 21 Years
Mike Yeager - Environmental Services - 13 Years
Andy Koval Jr - Nursing - 9 Years
Tessy Sheppard - Nursing - 7 Years
Johnathan Hurt - PC - 5 Years
Rebecca Nickel - Nursing - 2 Years
Zyionna Grimes - Dietary - 1 Year
Brittney Mackanick - Nursing - 1 Year

Thank you for your hard work and dedication! We appreciate you being part of our team!

ANNIVERSARIES

April 6 Bruce & Susan Boring April 6 Roger & Bonnie Luther April 23 Jack & Kathy Fagan

Earth Day Initiative

Arbutus Park Retirement Community is excited to announce our Annual Earth Day celebration on

Arbutus Park Retirement Community is excited to announce our Annual Earth Day celebration on Tuesday, April 22nd beginning at 9 am. Our residents, staff, and volunteers get together to take part in beautification projects around the campus. This event was developed by our Arbutus Park Ambassador Group who wanted to "get their hands dirty" take on painting, and gardening projects around campus. Our residents who have a gardening green thumb, and love working with their hands look forward to this day to enjoy fellowship and service.

If you are interested in being a part of the event please contact the Community Affairs Office. No heavy lifting is required. You just need to have a love for the outdoors and enjoy planting and gardening.

Earth Day Planning Meeting: April 8th at 10 am Community Affairs Office in the Manor.

Earth Day Event: April 22nd at 9 am

Meet in the Arbutus Park Manor Community Room.



Advantage Therapy Star of the Month

The "Star" for April is Pearl Wasser!

Pearl came to Arbutus Park to receive therapy services after a fall at home resulting in a femur fracture. Despite needing excessive assistance to perform basic tasks due to pain, Pearl was able to quickly progress day by day. Throughout therapy sessions, Pearl was quick to learn and properly demonstrate carryover with exercises and safety, accelerating progress towards prior level of function.

Pearl maintained a great attitude and optimistic approach towards recovery, never declining an opportunity to work on goals. Additionally, she asked questions often and was curious about exercise that could be done between sessions for added benefit. Pearl decided it was in her best interest to make a transition to our personal care unit instead of going back home. After a short period of time becoming familiar with new surroundings, Pearl was able to successfully progress to our personal care unit where she currently is living and showing results of a full recovery!





Kicking off the Summer Season!

The Grounds Crew is ready to roll and excited for the transition of seasons!

2025 Mowing Schedule:

Monday - Manor Tuesday - Parker Ridge, Arbutus Ave Wednesday - Wesley Drive Thursday - Otterbein, Townhomes Friday - Nadona Avenue

Yard Debris

The crew is hard at work cleaning up from the winter with yard damage, limbs, etc.

Property Bush / Tree Trimming

Begins on March 31st and runs until May 2nd. Any requests after that date will be scheduled/completed as time permits.

Power Washing

Begins on June 2nd, starting with Wesley Drive.

Wildlife

Polite reminder to not feed the wildlife (bird feeders are fine) on campus, as we are having some challenges with conditions created by transient animals.

PATHWAYS MONTHLY NEWSLETTER RSVPs to 814.262.2150 APRIL 2025

Spring & Summer with Grounds National Volunteer Month

National Volunteer Month is a time to celebrate and recognize the contributions of volunteers. It is an opportunity to join the impact of volunteerism and encourage more people to get involved in their communities. This is a great month to reaffirm your commitment to giving back.

Here at Arbutus Park, our volunteers are an important part of our community. From helping residents in the manor, to beautification of our community, our volunteers are ready to answer the call.

Arbutus Manor Volunteers: Helen Wilson

Project Porch: Tom & Marcy Sigmund, Bob & Barb Heider, Frank & Linda Burkhard, Denton

Haynes Bob & Margie Roseman.

Arbutus Park Ambassadors: Tina Tulley, Gene & Judy Gonda, Pat Hull, Pat & Judy Niemritz **IL Programs:** Bonnie Luther: Art Class -Ron & Nancy Sottile: Movie Night & Poker/Pinochle

Arbutus Park Auxiliary Officers:

Pat Hilbrecht - President Lucinda Custer - Vice President

Kathy Freidel - Secretary Marilyn Manotti

Judy Eppley - Director of Flea Market



Cottage News & Notes

Cottage Dinner

The next Cottage Dinner will be on **Monday, April 7** at 5pm in the Manor Community Room. April Menu: *Swiss Steak, Baked Potatoes, Garden Vege Blend, Spinach Salad, Fruit of the Forest Pie.* Alternate Diet meals are available *by advance special request.* (\$20) *RSVP are due March 31.* Delivery is currently available, with meals being delivered between 5:20-5:30pm. *May Menu: Breaded chicken cutlet, baked potato, parisian carrots, tomato & cuc salad, cheesecake w/ strawberry topping. RSVP due April 28.* The \$12 dinner/brunch charge will be added to your monthly statement. We require a 24 hour notice to Community Affairs on cancellations. No-shows will be billed for the meal.



Cottage Brunch

The April brunch is Wednesday, April 16. RSVP is due April 9. Half of the community room parking lot will be designated. (*Including the named spots!*) Doors will open at 9:45 am. Announcements and prayer start at 10 am in the Manor Community Room. Tables are numbered and omelette order forms will be at your seat and collected by our staff.



2025 Dates

Cottage Dinners: May 5, June 2, August 4, September 8,

October 6, November 3, December 1.

Cottage Brunch: May 21, June 18, August 20, September 17,

October 15.

Community Affairs Relocation

Over the next month, we will be winding down the operation of the Community Center on Nadona. Born out of the pandemic, the center provided a great space for our IL residents to gather and hold activities while the Manor experienced the numerous closures and re-openings associated with the pandemic. Effective April 14, the Community Affairs office will be relocated inside the Manor, in the first floor office closest to the Community Room for your convenience. We plan to continue the same schedule of gatherings and activities as before, just now located in the Manor Community Room and Independent Living Dining Room starting May 1. We will be marketing the unit on May 1.

IL Billing Cycle Change

Reminder that effective April 1, you will receive your invoice for the month as part of this newsletter. If you are currently setup on autopay, your charge will now process on the first business day of the month instead of the 10th. Any billing questions can be directed to Community Affairs. This change will help us ensure that you are getting your invoices, and in a timely manner by cutting out the postal system. All members of our community will receive an invoice along with their Pathways newsletter. Thank you!

PATHWAYS MONTHLY NEWSLETTER APRIL 2025

Captured Moments

Follow us on Facebook for more photos!

Facebook.com/ArbutusParkRetirementCommunity

Cottage St. Patrick's Day!



Cheering for Saint Francis Mens Basketball!



Crafts in Crossroads!





Congratulations on Your Retirement Lois!



From Pastor Jon

When You Get Older...

When one reads a lot, they also learn a lot and learn to appreciate how others think and how they express those thoughts. There is an online forum for people like me (Pastor, Southern Baptist, theological debater...). Although I do not comment or agree completely on all the different articles which are posted, I do learn and give deep thought to much of what is shared. The founder of the forum I mention above is Dave Miller. A fellow Pastor and online acquaintance. He has served



the Lord well... He has a heart for missions (reaching the nations) and... A huge heart for small church Pastors. Dave recently posted the article below and it resonated with me. I asked Dave if I could share it here on Pathways... To which he gladly agreed. Enjoy...

'When You Get Older' by Dave Miller

When you get older, your hands can no longer open cans or bags or much of anything.

When you get older, you spend time sorting your medications into pill caddies.

When you get older, it becomes almost impossible to stand up without grunting.

When you get older, using closed captions when watching TV becomes increasingly necessary.

When you get older, driving at night becomes more of an adventure.

When you get older, taking a nap becomes one of life's greatest joys.

When you get older, hopes and dreams become reflections, regrets, and satisfactions.

When you get older, the ridiculous music young people listen to pales compared to the quality soundtrack of our youth (when we "put the lime in the coconut"?).

When you get older, getting enough fiber becomes central to happiness. Details are unnecessary.

When you get older, "work smarter, not harder" is no longer a cliché but a necessity.

When you get older, the American church often pushes you aside to say, "We need someone younger."

I am the same age as Dave. I know exactly where he comes from. Yet, I must also accept that his article is real to many of our Arbutus Park family. I am honored to be around so many wise ones. Thank you and let's grow old... Graciously together.

