

# Arbutus Park Manor

Service Dates: Jan 5 Thru Jan 11, 2025

## Winter 2024 – Week 3

**APPROVED:**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>
Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Bacon Donut Holes Choice of Farina or Cold Cereal	Assorted Juice Cheesy Eggs Toast with Margarine & Jelly Home Fried Potatoes Choice of Oatmeal or Cold Cereal	Assorted Juice Pancakes with Syrup & Margarine Sausage Patty Choice of Cold Cereal or Farina	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Potato Pancakes Choice of Oatmeal or Cold Cereal	Assorted Juice French Toast with Apple Topping Choice of Cold Cereal or Farina	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Danish Choice of Oatmeal or Cold Cereal	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on a Croissant Choice of Farina or Cold Cereal
<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>
Oven Roasted Chicken Dinner Roll Roasted Potatoes Peas & Carrots Carrot Cake with Cream Cheese Icing	Lasagna Bread and Margarine Steamed Broccoli Lemon Bavarian	Meatloaf with Gravy Bread & Margarine Baked Potato Green Beans White Cake with Chocolate Icing	Dutch Chicken Pot Pie Capri Blend Pear Crisp	Virginia Baked Ham w/Pineapple Sauce Dinner Roll Parsley red skin potatoes Carrots Boston Cream Pie	Beef Burgundy Over Rice Italian Green Beans Bread/Margarine Fruit Cocktail	Stuffed Green Peppers Whipped Potatoes Zucchini Chocolate Cake with Peanut Butter Icing
<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>
Beef Stew Garlic Cheddar Biscuit Tossed Salad Diced Peaches	Cream of Celery Soup Saltine Crackers Ham Salad Sandwich Pickle Chips Cole Slaw Cinnamon Applesauce	Tomato Soup Saltine Crackers Grilled Cheese Sandwich Sweet Potato Fries Mandarin Oranges	Pepper Pot Soup Saltine Crackers Hot Dog on a Bun Pickle Spear Sidewinder French Fries Strawberries & Bananas	Cheddar Cheese Soup Saltine Crackers Sloppy Joe Sandwich on a Bun Italian Blend Vegetables Diced Peaches	Vegetable Soup Saltine Crackers Fish Sticks Hash Brown au Gratin Cauliflower Fudge Brownie	Beef Noodle Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onions Pickle Chips Tater Tots Pineapple Tidbits

Please call during normal business hours (8:00 a.m. to 4:00 p.m.) to order meals – weekdays, business office at 814-266-8621



# Arbutus Park Manor

Service Dates: Jan. 12 Thru Jan 18, 2025

## Winter 2024– Week 1

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>
Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Home Fries	Assorted Juice French Toast with Strawberries & Whipped Topping Bacon	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly	Assorted Juice Waffles with Syrup & Margarine Canadian Bacon	Assorted Juice Cheese Omelet Toast with Margarine & Jelly	Assorted Juice Sausage, Egg & Cheese Sandwich on a Croissant Hash Brown Patty
Choice of Cold Cereal or Farina	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>
Hot Open Face Turkey Sandwich Whipped Potatoes Sliced Carrots White Cake with Chocolate Icing	Beef & Vegetable Stew Bread & Margarine Diced Peaches	Chicken Noodle Casserole Bread & Margarine Peas & Carrots Cherry Jello	Salisbury Steak with Mushroom Gravy Dinner roll Baked Potato Key West Blend Peach Crisp	Chicken Parmesan Spaghetti & Sauce Italian Green Beans Chocolate Cake with PB icing	Butter-Crumb Breaded Fish Garlic Cheese Biscuit Rice Pilaf Malibu Blend Vegetables Mandarin Oranges	Chicken over Waffles W/ Gravy Broccoli & Cauliflower Apple Betty
<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>
Chili Cornbread muffin French Cut Beans Diced Pears	Corn Chowder Saltine Crackers Breaded Fish Sandwich Cole Slaw Mixed Vegetables Cherry Pie	Tomato Bisque Saltine Crackers Grilled Ham & Cheese Sandwich French Fries Cinnamon Applesauce	Mulligatawny Soup Saltine Crackers BBQ Pork Sandwich Pickle Chips O'Brien Potatoes Pineapple tidbits	Chicken Noodle Soup Saltine Crackers Sliced Turkey on a Kaiser Roll with Lettuce & Tomato Buttered Corn Diced Cucumber & Tomato Salad Fruit Cocktail	Italian Wedding Soup Saltine Crackers Egg Salad on Rye Onion Rings Pickled Beet Salad Chocolate Chip Cookie	Minestrone Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Chips Baked Beans Diced Pears

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# Arbutus Park Manor

Service Dates: Jan 19 Thru Jan 25, 2025

## Winter 2024 – Week 2

**APPROVED:**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juice French Toast Sticks with Syrup & Margarine Bacon	Assorted Juice Scrambled Eggs English muffin with Margarine & Jelly Home Fries	Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Cheesy Eggs Toast with Margarine & Jelly	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Hash Brown Patty	Assorted Juice Waffles with Strawberries & Whipped Topping Sausage Link	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Cinnamon Roll
Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Roast Pork Loin Cornbread Stuffing Fresh Sweet Potato Mixed Vegetables Fruit Mix	Spaghetti with Meat sauce Garlic Bread Carrots Diced Peaches	Oven Fried Chicken Parslied Noodles Steamed Broccoli Chocolate Pudding	Ham Pot Pie Dinner Roll Green Beans Cole Slaw Banana Mousse	Chicken & Dumplings Red Pepper Blend Yellow Cake with Chocolate Icing	Lemon Herbed Baked Fish Crescent Roll Cilantro & lime Rice California Blend Vegetables Fruit Cocktail	Hot Open Face Roast Beef Sandwich Whipped Potatoes Creamed Corn Diced Pears
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Cheddar Broccoli Soup Saltine Crackers Chicken Tenders Alfredo Noodles Peas & Mushrooms Pepper Cole Slaw Lemon Poppyseed Cake w/Icing	Macaroni & Cheese Stewed Tomatoes Baked Apple Pie	Breaded Fish Sandwich Tartar Sauce Curly Fries Creamy Cucumbers Mandarin Oranges	Turkey & Rice Soup Saltine Crackers Kielbasa on a Roll Hot German Potato Salad Pineapple Tidbits	Lentil Soup Saltine Crackers Cheese Pizza Green & Gold Beans Rosy Applesauce	Vegetable Lasagna Garlic Knots Brussels Sprouts Caesar Salad Chocolate Ice Cream	Baked Potato Soup Saltine Crackers Meatball Sandwich Cauliflower Butterscotch Pudding

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# Arbutus Park Manor

Service Dates: Jan 26 Thru Feb 1, 2025

## Winter 2024 – Week 3

### APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Bacon Donut Holes Choice of Farina or Cold Cereal	Assorted Juice Cheesy Eggs Toast with Margarine & Jelly Home Fried Potatoes Choice of Oatmeal or Cold Cereal	Assorted Juice Pancakes with Syrup & Margarine Sausage Patty Choice of Cold Cereal or Farina	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Potato Pancakes Choice of Oatmeal or Cold Cereal	Assorted Juice French Toast with Apple Topping Choice of Cold Cereal or Farina	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Danish Choice of Oatmeal or Cold Cereal	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on a Croissant Choice of Farina or Cold Cereal
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Oven Roasted Chicken Dinner Roll Roasted Potatoes Peas & Carrots Carrot Cake with Cream Cheese Icing	Lasagna Bread and Margarine Steamed Broccoli Lemon Bavarian	Meatloaf with Gravy Bread & Margarine Baked Potato Green Beans White Cake with Chocolate Icing	Dutch Chicken Pot Pie Capri Blend Pear Crisp	Virginia Baked Ham w/Pineapple Sauce Dinner Roll Parsley red skin potatoes Carrots Boston Cream Pie	Beef Burgundy Over Rice Italian Green Beans Bread/Margarine Fruit Cocktail	Stuffed Green Peppers Whipped Potatoes Zucchini Chocolate Cake with Peanut Butter Icing
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Beef Stew Garlic Cheddar Biscuit Tossed Salad Diced Peaches	Cream of Celery Soup Saltine Crackers Ham Salad Sandwich Pickle Chips Cole Slaw Cinnamon Applesauce	Tomato Soup Saltine Crackers Grilled Cheese Sandwich Sweet Potato Fries Mandarin Oranges	Pepper Pot Soup Saltine Crackers Hot Dog on a Bun Pickle Spear Sidewinder French Fries Strawberries & Bananas	Cheddar Cheese Soup Saltine Crackers Sloppy Joe Sandwich on a Bun Italian Blend Vegetables Diced Peaches	Vegetable Soup Saltine Crackers Fish Sticks Hash Brown au Gratin Cauliflower Fudge Brownie	Beef Noodle Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onions Pickle Chips Tater Tots Pineapple Tidbits

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