

Arbutus Park Manor

Autumn Menu 2024 – Week 1

Service Dates:

September 29 – October 5, 2024

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon	Assorted Juices French Toast with Strawberries & Whipped Topping	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juices Pancakes with Syrup & Margarine Sausage Link	Assorted Juices Cheesy Eggs Toast, Margarine & Jelly Strawberries & Bananas	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Sausage & Gravy over a Biscuit
Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham with Pineapple Sauce Whipped Sweet Potato Green Bean Casserole Baked Apple Pie	Roast Beef with Gravy Buttered Noodles Carrots Mandarin Oranges	Ham Pot Pie Peas & Mushrooms Fruit Cocktail Gingerbread Cake with Topping	Beef Burgundy over White Rice Red Pepper Blend Vegetables Diced Pears	Roast Turkey with Gravy Bread Stuffing Whipped Potatoes Spiced Beets Cranberry Sauce Pumpkin Pie	Mediterranean Baked Fish Pasta with garlic & Herbs Dinner Roll Green Beans Bread Pudding	Stuffed Shells with Spaghetti Sauce Sautéed Spinach with Olive Oil & Garlic Pineapple Tidbits
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Saltine Crackers Grilled Swiss Cheese on Wheat Sweet Potato Puffs Apricots	Navy Bean Soup Saltine Crackers Fish Sandwich on a Bun with Shredded Lettuce & Tartar Sauce Coleslaw Butterscotch Pudding	Cream Of Broccoli Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Sidewinder French Fries Rice Krispie Treat	Minestrone Soup Saltine Crackers Chicken Salad on a Croissant Lettuce & Tomato Three Bean Salad Sugar Cookie	Chicken Noodle Soup Saltine Crackers Meatball Sandwich Onion rings Fruited Cherry Jello	Brunswick Stew with Cornbread Muffin Creamy Cucumbers Peaches	Potato Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw/vinaigrette dressing Pumpkin Mousse

Please call during normal business hours (8:00 a.m. to 4:00 p.m.) to order meals – weekdays, business office at 814-266-8621



Arbutus Park Manor

Service Dates:

October 6-12, 2024

Autumn Menu 2024 – Week 2

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices French Toast with Blueberries & Whipped Topping Bacon	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly	Assorted Juices Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Home Fries	Assorted Juices Pancakes with Syrup & Margarine Sausage Patty	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly Donut holes	Assorted Juices Waffles with Syrup & Margarine Sausage Link	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly Hash Brown Patty
Choice of Cold Cereal or Farina	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Oven Roasted Chicken with Pan Gravy Whipped Potatoes Buttered Corn Pear Spice Cake with Icing	Breaded Shrimp Fried Rice Oriental Vegetables Yellow Cake with Chocolate Icing	Beef Stroganoff over Egg Noodles Dinner Roll with Margarine Roasted Cauliflower Pineapple Tidbits	Chicken Parmesan Spaghetti Sliced Carrots Diced Pears	Pork Loin Whipped Potatoes Sauerkraut Apple Streusel	Turkey Pot Pie Dinner Roll with Margarine Brussels Sprouts Cherry Pie	Kielbasa Rye Bread Hot German Potato Salad Braised Red Cabbage German Chocolate Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cream of Cauliflower Soup Saltine Crackers Sloppy Joe Sandwich Wax Beans Fruit Cocktail Chocolate Pudding	Lentil Soup Saltine Crackers Ham & Cheese Melt on a Croissant Sweet Potato Fries Cinnamon Applesauce	Chili Con Carne Steamed Corn Cheesecake with Graham Cracker Crust Cornbread Muffin	Minestrone Soup Saltine Crackers Cheese Pizza Caesar Salad Steamed Broccoli Chocolate Ice Cream	Carrot Parsnip Soup Saltine Crackers Ham Salad on a Bun Pickle Chips Tater Tots Diced Peaches	Fish Strips Cabbage & Noodles Green Beans Pickled Beet /egg Salad Mandarin Oranges	Pepper Pot Soup Saltine Crackers Pizza Burger Potato Chips Fruit Pasta Salad

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Arbutus Park Manor

Service Dates:

October 13-19, 2024

Autumn Menu 2024 – Week 3

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices Cheesy Eggs Toast, Margarine & Jelly Danish	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juices Cheese Omelet Toast, Margarine & Jelly Cinnamon Roll	Assorted Juices Pancakes Toast, Margarine & Jelly Breakfast Ham	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon	Assorted Juice French Toast With Apple topping Sausage link	Assorted Juices Sausage, Egg & Cheese Sandwich on an English Muffin
Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Yankee Pot Roast with Gravy Baked Potato Turnips & Parsnips Diced Poached Pear	Macaroni & Cheese Oven Roasted Tomatoes Apricots Carrot Cake with Cream Cheese Icing	Stewed Chicken & Dumplings Country Blend Vegetables Apple Cranberry Crisp	Stuffed Green Peppers Whipped Potatoes Capri Blend Pineapple Upside Down Cake	Breaded Pork Chop Dinner Roll Orange Glazed Sweet Potatoes Steamed Red Beets Diced Blushed Pears	Oven Fried Chicken Parsley Noodles Honey Glazed Carrots Yellow Cake with Chocolate Icing	Salisbury Steak Bread & Margarine Whipped Potatoes Gravy Steamed Broccoli Rice Pudding
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Garden Chowder Saltine Crackers Hot Turkey Sandwich with Cranberry Sauce Succotash Chocolate Cake with Peanut Butter Icing	Mulligatawny Soup Saltine Crackers Hot Dog on a Bun Baked Beans Rainbow Jello	Chicken & Rice Soup Saltine Crackers Oven Fried Fish with Tartar Sauce French Fries Cole Slaw Diced Peaches	Tomato Bisque Saltine Crackers Grilled Cheese Sandwich Zucchini Pasta Salad Tropical Fruit Cup	Cheddar Cheese Soup Saltine Crackers Chicken Fingers Hash Brown au Gratin Steamed Corn Oatmeal Raisin Cookie	Italian Wedding Soup Saltine Crackers Hamburger on a Bun Tater Tots Green Beans Cinnamon Applesauce	Rigatoni with Meat Sauce Garlic Bread Garden Peas Fruit Cocktail

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Arbutus Park Manor

Autumn Menu 2024 – Week 1

Service Dates:

October 20-26, 2024

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon	Assorted Juices French Toast with Strawberries & Whipped Topping	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juices Pancakes with Syrup & Margarine Sausage Link	Assorted Juices Cheesy Eggs Toast, Margarine & Jelly Strawberries & Bananas	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Sausage & Gravy over a Biscuit
Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham with Pineapple Sauce Whipped Sweet Potato Green Bean Casserole Baked Apple Pie	Roast Beef with Gravy Buttered Noodles Carrots Mandarin Oranges	Ham Pot Pie Peas & Mushrooms Fruit Cocktail Gingerbread Cake with Topping	Beef Burgundy over White Rice Red Pepper Blend Vegetables Diced Pears	Roast Turkey with Gravy Bread Stuffing Whipped Potatoes Spiced Beets Cranberry Sauce Pumpkin Pie	Mediterranean Baked Fish Pasta with garlic & Herbs Dinner Roll Green Beans Bread Pudding	Stuffed Shells with Spaghetti Sauce Sautéed Spinach with Olive Oil & Garlic Pineapple Tidbits
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Saltine Crackers Grilled Swiss Cheese on Wheat Sweet Potato Puffs Apricots	Navy Bean Soup Saltine Crackers Fish Sandwich on a Bun with Shredded Lettuce & Tartar Sauce Coleslaw Butterscotch Pudding	Cream Of Broccoli Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Sidewinder French Fries Rice Krispie Treat	Minestrone Soup Saltine Crackers Chicken Salad on a Croissant Lettuce & Tomato Three Bean Salad Sugar Cookie	Chicken Noodle Soup Saltine Crackers Meatball Sandwich Onion rings Fruited Cherry Jello	Brunswick Stew with Cornbread Muffin Creamy Cucumbers Peaches	Potato Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw/vinaigrette dressing Pumpkin Mousse

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Arbutus Park Manor

Service Dates:

October 27-31, 2024

Autumn Menu 2024 – Week 2

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices French Toast with Blueberries & Whipped Topping Bacon	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly	Assorted Juices Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Home Fries	Assorted Juices Pancakes with Syrup & Margarine Sausage Patty	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly Donut holes		
Choice of Cold Cereal or Farina	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Oven Roasted Chicken with Pan Gravy Whipped Potatoes Buttered Corn Pear Spice Cake with Icing	Breaded Shrimp Fried Rice Oriental Vegetables Yellow Cake with Chocolate Icing	Beef Stroganoff over Egg Noodles Dinner Roll with Margarine Roasted Cauliflower Pineapple Tidbits	Chicken Parmesan Spaghetti Sliced Carrots Diced Pears	Pork Loin Whipped Potatoes Sauerkraut Apple Streusel		
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cream of Cauliflower Soup Saltine Crackers Sloppy Joe Sandwich Wax Beans Fruit Cocktail Chocolate Pudding	Lentil Soup Saltine Crackers Ham & Cheese Melt on a Croissant Sweet Potato Fries Cinnamon Applesauce	Chili Con Carne Steamed Corn Cheesecake with Graham Cracker Crust Cornbread Muffin	Minestrone Soup Saltine Crackers Cheese Pizza Caesar Salad Steamed Broccoli Chocolate Ice Cream	Carrot Parsnip Soup Saltine Crackers Ham Salad on a Bun Pickle Chips Tater Tots Diced Peaches		

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