

SEPTEMBER
2024



Arbutus Park

RETIREMENT COMMUNITY

Pathways

Monthly Campus Newsletter
Celebrating 51 Years!

NOW HIRING
FT & PT

Dietary
Activities
RN
LPN

Learn More & Apply
Online at
arbutusparkmanor.com/careers

EST. 1973
Faith
Care
Compassion



Arbutus Park
Retirement Community
207 Ottawa Street
Johnstown, PA 15904

arbutusparkmanor.com

(814) 266-8621

Project Porch Food Drive

Thank you to our cottage community for their generous support of the monthly food drive! On August 14, 750 pounds of food and \$245 in cash donations were delivered to the Johnstown Christian Fellowship. The next food drive will be Wednesday, September 11 for the West End Food Pantry. Thank you to Mr. & Mrs Sigmund and their volunteer crew for their efforts!



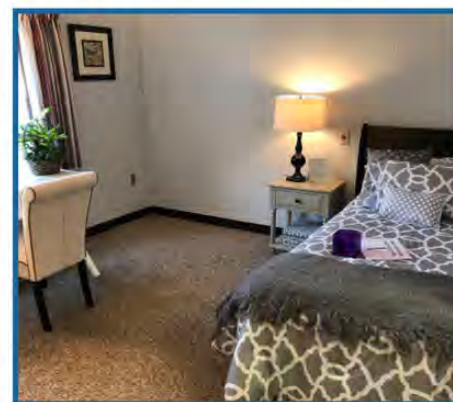
The Pond Returns

What started out as cleaning the pond quickly became replacing the liner, and much MUCH more! We're in the final stages: the fish are being re-introduced, and it looks great- better than it ever has! Many thanks to Travis Blue and the Grounds crew for their efforts in a project that quickly grew in scope, size, and time!



Personal Care Availability

We currently have availability in our award winning Personal Care. PC is a wonderful option for those who seek to continue an active lifestyle who also want the security of knowing that 24-hour care is nearby whenever assistance is needed. Each private room features a private bath, call bell and safety features, cable tv, and internet. Enjoy great meals, activities, quality care, and fellowship- respite care also available!



Independent Living Cottages

We currently have only two openings being presented to our waitlists! After renovation is complete, we contact our waitlists for touring before advertising them online. If a cottager makes a referral, they receive one month maintenance FREE upon the move-in. Call Kelsey at 814-262-2150 for more information.



Celebrations

SEPTEMBER BIRTHDAYS

- 3 Rosella 'Nana' Ryba
- 4 Fran Jacobs
- 8 Alice Gunsallus
- 10 Bernadine Allen
- 12 Doris Kuchenbrod
- 12 Dan Peters
- 13 June Frye
- 15 Robert Paolillo
- 16 Bob Grimm
- 18 Ron Sottile
- 21 Cecilia Bencie
- 22 Mary Salay
- 23 Walt Leitenberger
- 24 Janet Swanhart
- 25 Kathy Fagan
- 26 Bill Witt
- 27 Joe Busony
- 27 Nancy Kudrick
- 28 Kathryn Deetscreek 101!
- 28 Judy Eppley



COTTAGE ANNIVERSARIES

- September 18 Denton & Cherie Haynes
- September 20 Bob & Margie Roseman
- September 28 Jerry & Sharon Varner

From the Auxiliary

The Auxiliary is selling the 'Friends Helping Friends' Boscov's shopping passes again this year. The cost is only \$5.00. Shop on Tuesday, October 22 and receive 25% off most purchases. Your \$5.00 helps us support the residents of our Manor. Passes are available at the Flea Market, Manor Business Office, or through any Auxiliary member. Special thanks to Mary Ann Shull for coordinating -See you at Boscov's October 22nd!

Don't forget the last day of the Flea Market season is on Saturday, September 28th 10am-1pm!

-Pat Hilbrecht, Auxiliary President

EMPLOYEE WORK ANNIVERSARIES

- Brenda Lasinsky - Nursing - 23 Years
- Sue Sterner - Nursing - 20 Years
- Lisa Gratosky - Personal Care - 15 Years
- April Hurt - Personal Care - 13 Years
- Lisa Arcurio - Medical Records - 12 Years
- Melissa Babcock - Nursing - 12 Years
- Paul Drobnick - Maintenance - 12 Years
- Apryle Kukenberger - Dietary - 9 Years
- Jodi Wible - Nursing - 8 Years
- Amanda Beisel - Dietary - 7 Years
- Meagan Fyock - Nursing - 6 Years
- Denise Petrosky - Nursing - 6 Years
- Don Dabbs - Maintenance - 5 Years
- Shalandra Holmes - Nursing - 5 Years
- Kaylin Eppley - Nursing - 4 Years
- Andrew Jenkins - Dietary - 3 Years
- Edith Roane - Nursing - 3 Years
- Donna Weaver - Personal Care - 3 Years
- Michele Charlton - Nursing - 2 Years
- Michael Stiffler - Housekeeping - 2 Years
- 'Tig' Malloy - Nursing - 1 Year
- Erica Shipley - Nursing - 1 Year
- Jessica Turner - Nursing - 1 Year

*Thank you for your hard work and dedication!
We appreciate you being part of our team!*



Advantage Therapy

Star of the Month

The Star of the Month for September is Deborah Bonski! Deb joined our family for further care and therapy in 2014. Due to a progressive medical course, Deb has attended Physical, Occupational and Speech Therapies since her admission to assist with maintaining her strength and endurance during completion of activities of daily living, while maximizing her cognitive skills. Deb has demonstrated progression from completion of speech therapy goals to assist with maximizing her short-term memory recall skills and problem-solving skills. Deb is utilizing internal and external compensatory memory techniques to help recall her daily routine, therapy, activities and church schedules for each week. She is also working on completing moderate to complex problem-solving skills to continue to exercise her mind and brain function. Deb is very dedicated to participating during our church services weekly at Arbutus Park Manor. We are very blessed and fortunate to have Deb as part of our APRC family - We love you Deb!



Pumpkin Fest 2024



Vendors • Food • Fun

Saturday, September 14th, 10 am-2 pm

It's Pumpkin, Spice and Everything Nice!

Join us on Saturday, September 14th 10am-2pm for a day of family fun.

FREE ADMISSION!

FREE Hayrides, Kids Korner Activities, and LIVE Entertainment!

Enjoy hayrides around campus and shop vendors in the community room.

Purchase a Pumpkin Patch tasting plate with samples of fall inspired dishes and sample fall beers and ciders while you relax listening to The Evergreens playing outside from 10:30am – 1:30 pm.

Bring your little pumpkins to the Kids Korner to build a scarecrow, play carnival games, and decorate their own pumpkin to take home.

The Auxillary Flea Market will be open 10am-1pm.

It's a great way to spend the day. We hope to see you at this year's Arbutus Park Pumpkinfest!

Park Profile: Tony New - Maintenance Supervisor

Tell us a little about yourself!

I'm from Cresson, one of five siblings, and graduated from Penn Cambria. I attended Slippery Rock University for Psychology. That field wasn't for me, so I accepted a Maintenance Apprenticeship at the Lutheran Home in Johnstown. As I learned and progressed I realized that this was the path I would take. My father is a Maintenance Director at another facility and I've been around this type of work my whole life, so it was a natural fit. When the Lutheran Home was bought out, I looked elsewhere and found myself at Arbutus Park. Little did I know the journey I'm currently on would start that day. On May 8, 2023 I joined the Maintenance Crew and worked my way to Maintenance Supervisor this past spring.

What goals do you have for your role? The goals I have are to continue learning and achieving as I grow in the role, as well as providing the Manor and our cottage community with great service and knowledgeability.

When you aren't at work, what do you like to do? When not at work, I'm very family oriented and enjoy fishing and spending time outdoors.

If you could meet anyone, living or deceased, who would it be? Why? It would have to be Elon Musk as I am fascinated by the things he comes up with and the intelligence he possesses.

If you could travel anywhere, where would you go? Why? I would like to go to Italy because most of my heritage comes from there and I think it's important to recognize and celebrate your roots.

Favorite film? Why? My favorite film is either 'Pulp Fiction,' the 'Harry Potter' series, or the 'Lord of the Rings' trilogy. I love all the films of Quentin Tarantino as my favorite director, and I've been obsessed with Harry Potter since I was a child.

Favorite music genre/recording artist? Why? I don't really have a favorite, my playlists range anywhere from opera to heavy metal. My favorite artist would probably be Billy Joel as I grew up listening to him.

Finish this sentence: The Best Thing in Life is: -Not the things- they are the people, places, and memories we make along the way!

What is something that few people know about you? I'm a big fan of Romantic Comedies, I can't stand horror movies.



Thanks for all you do Tony - keep up the great work!

Cottager News & Notes

Cottage Dinner

The next monthly Cottage Dinner will be on **Monday, September 9** at 5 pm in the Manor Community Room. September Menu: Hamloaf, baked sweet potato, green beans, creamy cucumbers, and fruit of the forest pie. *RSVP are due September 2.* The October dinner is Monday the 7th with an RSVP of Monday, September 30. October Menu: Kolbasi, kraut, hot german potato salad, carrot rasin cake, waldorf salad.

Delivery is currently available. Dinners are generally held the first Monday of the month. An RSVP is needed one week in advance, sometimes before Pathways arrives.

Cottage Brunch

The monthly brunch is Wednesday, September 18. RSVP is due September 11. Held at 10 am in the Manor Community Room. **Doors open at 9:40 am.** RSVP Required. Brunch is open to your friends and family! Your mimosa is waiting for you!

2024 Dates

Cottage Dinners: Sept 9, Oct 7, Nov 4, Dec 2.

Cottage Brunch: Sept 18, Oct 16, *No Nov/Dec.*

Community Center Ugly Sweater Christmas Party TBA.

The \$12 dinner/brunch charge will be added to your monthly statement. We require a 24 hour notice on cancellations. No-shows will be billed for the meal.

Special Maintenance/Grounds Weeks

In future issues of Pathways, we will be announcing the following all-hands on deck specialty weeks:

Fall Gutter Week: Campus Wide week of cleaning every raingutter on campus by Grounds and Maintenance.

Holiday Decor Weeks: We are designating a week in early December and in January in which Maintenance will prioritize getting your holiday decor from your attics and crawlspaces.

Scarecrow Contest

Just a friendly reminder to sign up for the upcoming Scarecrow Building Event. Building will take place September 11th at 1:00pm at the mound (Rain date: September 12th). Sign your team up (or go solo!) at the Community Center by September 4th, then gather any materials you will need to make your scarecrow unique. Hay will be provided. Even if you are not building, be sure to stop down and enjoy a fall treat from our caramel apple bar (while supplies last)!



Captured Moments

LUAU Highlights

Follow us on Facebook for more photos!

[Facebook.com/ArbutusParkRetirementCommunity](https://www.facebook.com/ArbutusParkRetirementCommunity)



Luau Photo Booth



Personal Care Sand Art



Cottage Art Class Painting Birdhouses Created by Grounds



From Pastor Jon



Living in the north, as a born and bred southerner, I am often asked, where are you from? Every time I am asked this, I already know why they ask. They think I have a southern accent. I imagine they are thinking that I am probably a lot like Gomer Pyle. A little goofy yet filled with a lot of strange sayings that would never come from the northern part of our wonderful country. Let me set the record straight. My southern accent is not very southern. To better make my point I am going to share some homey southern euphemisms. None of these do I use, though I have heard them used, in person, by family and friends who still live in Mount Airy, NC (best known to the world as Mayberry). So, enjoy the read and learn a few things. These southern sayings are real, and I wouldn't be offended if you find them a bit silly, or even hilarious. Here we go...

Bless your heart... This may be one of the most common southern sayings out there. It got a lot of attention from Paula Dean (somewhat famous TV personality). There are times it can be said with the intent to be positive but mostly it is meant to be a bit sarcastic. So, if it is being said while the person saying it is shaking their head, know that the sarcasm is real. None the less, it is being said still and mostly with the slight shake of head to accompany.

Hankering... This may be a word you know, maybe not. It simply means you are in the mood for something. My grandmother would ask my grandfather what he wanted for supper. His response would be... I'm hankering for a chicken pot pie (or something he was craving). This saying did not just apply to food. It could have been used for anything the person saying it was in the mood for.

Fixin' to... I'm fixin' to tell you that this saying is as southern as sweet tea. When this is being stated, it is expressing, by the one saying it, that something is about to be done. I can ask Pam if she is going to Walmart and her reply probably will be... "I'm fixin' to." It is a simply reply to a simple question asked where the one saying it is confirming and committing to a task.

If the creek don't rise... I like this saying. It is not often heard because of its defining nature. It is used to make a commitment to something... unless... The unless is most likely to mean all will happen unless something out of our control occurs. Historically, many rural families, could find themselves hindered because the creek had risen, and their buggy could not make it through. Yet, their word could be trusted and their commitment kept unless they were providentially (most likely, the older southern generations would not know this word) hindered.

Hill of beans... This is an interesting phrase. It states the little value of a specific thing. It is often used in a sentence like... Your opinion amounts to a hill of beans. It has no value. Another term that has a similar meaning is diddly-squat.

Well, I declare... This is a multipurpose southern euphemism. When this phrase is used, one could be declaring a number of things: surprise, dissent, happiness. The only requirement is that you declare it loud and proud. Well, I declare. I have come to the bottom of my page, so I need to bring this article to an end.

You may never use any of these phrases but here is my takeaway... It's OK to be different. Even if all these wonderful northerners can't speak in such eloquent ways as we who derive from the south do... God loves you just as much as He loves us. We are different and we can find ways to appreciate those differences. I will admit I am praying for a room in southern Heaven. I reckon I'm done...

Jackie's Groovy Cheese Truck

Thursday, September 26th

10:30am-2:00pm



Cheese Up Your Events
(814) 925-4786



207 Ottawa St - Johnstown

PumpkinFest!

Saturday, September 14 2024 10-2pm

