

Arbutus Park Manor

Service Dates:
September 1 to September 7, 2024

Summer 2024 – Week 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Danish Bacon	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Link	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly	Assorted Juice Sausage, Egg & Cheese Sandwich on an English Muffin Potato Pancakes Choice of Oatmeal or Cold Cereal	Assorted Juice Waffles with Syrup and Margarine Canadian Bacon	Assorted Juice Western Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juice French Toast with Apple Topping Canadian Bacon Clementine
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal		Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham Dinner Roll Whipped Sweet Potatoes French Cut Beans Cantaloupe	Hamburger on bun Potato Salad Corn on the Cob Fresh Strawberries and Blueberries with Whipped Topping	Pesto Chicken with Rice Rosemary and Parmesan Carrots Angel Food Cake with Peaches	Swedish Meatballs Dinner Roll Egg Noodles Summer Squash Medley Fruited Jello	Italian Chicken Pasta Salad Pepper Cole Slaw Dinner Roll Sugar Cookie	Pieroghi and onions Fried Kielbasa Sauerkraut Rye Bread and Butter Apple Betty	Rigatoni with Meat Sauce Breadstick Italian Green Beans Carrot Cake with Cream Cheese Icing
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Saltine Crackers Grilled Cheese Sandwich Pickle Spear Iceberg & Romaine Salad Peach Crisp	Cream of Broccoli Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread with Lettuce & Tomato Three Bean Salad Applesauce	Cheddar Cheese Soup Saltine Crackers BBQ Ham Sandwich Sweet Potato Fries Cucumber & Tomato Salad Watermelon	Vegetable Soup Saltine Crackers Fish Strips Cornbread Muffin Cole Slaw Diced Pears	Chicken Vegetable Soup Saltine Crackers Cottage Cheese & Tomato Platter Club Crackers Fresh Fruit Mix Banana Nut Muffin	Beef Barley Soup Saltine Crackers Sliced Turkey on a Croissant with Lettuce & Tomato Red Pepper Veg Blend Fruit Cocktail	Chicken Florentine Soup Saltine Crackers Hot Dog on a Bun Baked Beans Creamy Cucumbers Mandarin Oranges

Please call during normal business hours (8:00 a.m. to 4:00 p.m.) to order meals – weekdays, business office at 814-266-8621



Arbutus Park Manor

Service Dates:

September 8 to September 14 2024

Summer 2024 – Week 1

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices Scrambled Eggs English Muffin Margarine & Jelly Breakfast Potatoes	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly Donut Holes	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juices French Toast with Apple Topping Sausage Link	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken ala King over Biscuits Sliced Carrots Pear Spice Cake with Icing	Taco Salad Casserole Cornbread Confetti Corn Honeydew	Lemon Chicken Orzo Italian Vegetable Blend Strawberries over Angel Food Cake with Whipped Topping	Meatloaf Cheddar Whipped Potatoes Brussel Sprouts Rice Pudding with Whipped Topping	Chicken Parmesan Rotini Noodles Key West Blend Garlic Bread Strawberry Pineapple Jello	Butter-Crumb Breaded Fish Scalloped Potatoes Parisian Carrots Dinner Roll Fruit Cocktail	Stuffed Green Peppers Bread & Margarine Whipped Potatoes Buttered Corn Chocolate Mousse
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Lentil Soup Saltine Crackers Cheese Pizza Tossed Salad Italian Dressing Apricots	Pasta Fagoli Soup Saltine Crackers Chicken Tenders Pasta Salad Pickled Beets with Egg Brownie	Turkey & Rice Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Spear Curly Fries Baked Beans Peaches	Barley Mushroom Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onions Broccoli Fresh Strawberries & Blueberries W/Whipped Topping	Corn Chowder Saltine Crackers Cuban Pork Sandwich Cole Slaw Sliced Watermelon	Chicken Noodle Soup Saltine Crackers Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Potato Salad Oatmeal Raisin Cookie	Tomato Soup Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Pickle Spear Tater Tots Blushed Pears

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Arbutus Park Manor

Service Dates:

September 15 to September 21 2024

Summer 2024- Week 2

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Blueberry Pancakes Margarine Sausage Link	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juice Waffles with Strawberries & Whipped Topping Canadian Bacon	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Sausage Patty	Assorted Juice Cheese Omelet Toast, Margarine & Jelly	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping
Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal With Berries or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Beef Burgundy Buttered Egg Noodles Cauliflower with Cheese Sauce Cantaloupe	Chicken Croquettes with chicken gravy Bread & Margarine Alfredo Noodles Peas & Pearl Onions Pineapple Tidbits	Breaded Pork Chop Whipped Sweet Potatoes Creamed Spinach Peach Cobbler	Spaghetti & Meatballs Breadstick Italian Green Beans Chocolate Ice Cream	Chicken Waikiki Beach Dinner Roll Brown Rice Malibu Blend Vegetables Fruit Cocktail	Roast Beef Bread & Margarine Buttered Noodles Steamed Broccoli Chocolate Cake with Fudge Icing	BBQ Chicken Thigh Cornbread Baked Beans Cole Slaw Vanilla Pudding
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cream of Celery Soup Saltine Crackers Meatball Sandwich Broccoli Butterscotch Pudding	Bean Soup Saltine Crackers Tuna Salad Plate Dinner Roll Macaroni Salad Diced Pears	Beef noodle Soup Saltine Crackers Ham salad sandwich Lettuce & Tomato Barley Corn Salad Potato Chips Pickle Spear Applesauce	Minestrone Soup Saltine Crackers American Hoagie Pickle Chips Marinated Cucumber Salad Diced Watermelon	Sloppy Joe Sandwich Hash Brown Potatoes Au gratin Pepper Cole Slaw Lemon Bavarian	Macaroni & Cheese Garlic Cheese Biscuit Stewed Tomatoes Mandarin Oranges	Chicken Rice Soup Saltine Crackers Italian Sausage Sandwich with Peppers and Onions Buttered Corn Fruit Salad

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Arbutus Park Manor

Service Dates:

September 22 to September 28

Summer 2024- Week 3

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Danish Bacon	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Link	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly	Assorted Juice Sausage, Egg & Cheese Sandwich on an English Muffin Potato Pancakes	Assorted Juice Waffles with Syrup and Margarine Canadian Bacon	Assorted Juice Western Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juice French Toast with Apple Topping Canadian Bacon Clementine
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham Dinner Roll Whipped Sweet Potatoes French Cut Beans Cantaloupe	Hamburger on bun Potato Salad Corn on the Cob Fresh Strawberries and Blueberries with Whipped Topping	Pesto Chicken with Rice Rosemary and Parmesan Carrots Angel Food Cake with Peaches	Swedish Meatballs Dinner Roll Egg Noodles Summer Squash Medley Fruited Jello	Italian Chicken Pasta Salad Pepper Cole Slaw Dinner Roll Sugar Cookie	Pieroghi and onions Fried Kielbasa Sauerkraut Rye Bread and Butter Apple Betty	Rigatoni with Meat Sauce Breadstick Italian Green Beans Carrot Cake with Cream Cheese Icing
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Saltine Crackers Grilled Cheese Sandwich Pickle Spear Iceberg & Romaine Salad Peach Crisp	Cream of Broccoli Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread with Lettuce & Tomato Three Bean Salad Applesauce	Cheddar Cheese Soup Saltine Crackers BBQ Ham Sandwich Sweet Potato Fries Cucumber & Tomato Salad Watermelon	Vegetable Soup Saltine Crackers Fish Strips Cornbread Muffin Cole Slaw Diced Pears	Chicken Vegetable Soup Saltine Crackers Cottage Cheese & Tomato Platter Club Crackers Fresh Fruit Mix Banana Nut Muffin	Beef Barley Soup Saltine Crackers Sliced Turkey on a Croissant with Lettuce & Tomato Red Pepper Veg Blend Fruit Cocktail	Chicken Florentine Soup Saltine Crackers Hot Dog on a Bun Baked Beans Creamy Cucumbers Mandarin Oranges

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Arbutus Park Manor

Service Dates:

September 29 to October 5, 2024

Autumn Menu 2024 – Week 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon	Assorted Juices French Toast with Strawberries & Whipped Topping	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juices Pancakes with Syrup & Margarine Sausage Link	Assorted Juices Cheesy Eggs Toast, Margarine & Jelly Strawberries & Bananas	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Sausage & Gravy over a Biscuit
Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham with Pineapple Sauce Whipped Sweet Potato Green Bean Casserole Baked Apple Pie	Roast Beef with Gravy Buttered Noodles Carrots Mandarin Oranges	Ham Pot Pie Peas & Mushrooms Fruit Cocktail Gingerbread Cake with Topping	Beef Burgundy over White Rice Red Pepper Blend Vegetables Diced Pears	Roast Turkey with Gravy Bread Stuffing Whipped Potatoes Spiced Beets Cranberry Sauce Pumpkin Pie	Mediterranean Baked Fish Pasta with garlic & Herbs Dinner Roll Green Beans Bread Pudding	Stuffed Shells with Spaghetti Sauce Sautéed Spinach with Olive Oil & Garlic Pineapple Tidbits
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Saltine Crackers Grilled Swiss Cheese on Wheat Spinach Salad Apricots	Navy Bean Soup Saltine Crackers Fish Sandwich on a Bun with Shredded Lettuce & Tartar Sauce Pepper Hash Butterscotch Pudding	Cream Of Broccoli Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Sidewinder French Fries Rice Krispie Treat	Minestrone Soup Saltine Crackers Chicken Salad on a Croissant Lettuce & Tomato Three Bean Salad Sugar Cookie	Chicken Noodle Soup Saltine Crackers Meatball Sandwich Iceberg & Romaine Salad with Italian Dressing Fruited Cherry Jello	Brunswick Stew with Cornbread Creamy Cucumbers Peaches	Potato Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw Pumpkin Mousse

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