

Arbutus Park Manor

**Service Dates:
November 5 – November 11**

Autumn Menu 2023 – Week 2

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices French Toast with Blueberries & Whipped Topping Bacon	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly	Assorted Juices Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Home Fries	Assorted Juices Pancakes with Syrup & Margarine Sausage Patty	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly Donut holes	Assorted Juices Waffles with Syrup & Margarine Sausage Link	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly Hash Brown Patty
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Oven Roasted Chicken with Pan Gravy Whipped Potatoes Buttered Corn Pear Spice Cake with Icing	Breaded Shrimp Fried Rice Oriental Vegetables Yellow Cake with Chocolate Icing	Beef Stroganoff over Egg Noodles Dinner Roll with Margarine Root Vegetables Pineapple Tidbits	Chicken Parmesan Rigatoni Sliced Carrots Tossed Salad Diced Pears	Pork Loin Whipped Potatoes Sauerkraut Apple Streusel	Turkey Pot Pie Dinner Roll with Margarine Brussels Sprouts Cherry Pie	Kielbasa Rye Bread Hot German Potato Salad Braised Red Cabbage German Chocolate Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cream of Cauliflower Soup Saltine Crackers Sloppy Joe Sandwich Wax Beans Fruit Cocktail Chocolate Pudding	Lentil Soup Saltine Crackers Ham & Cheese Melt on a Croissant Sweet Potato Fries Cinnamon Applesauce	Chili Con Carne Steamed Corn Cheesecake with Graham Cracker Crust Cornbread Muffin	Minestrone Soup Saltine Crackers Cheese Pizza Caesar Salad Chocolate Ice Cream	Carrot Parsnip Soup Saltine Crackers Ham Salad on a Bun Pickle Chips Tater Tots Diced Peaches	Fish Strips Cabbage & Noodles Green Beans Pickled Beet Salad Mandarin Oranges	Pepper Pot Soup Saltine Crackers Pizza Burger Potato Chips Fruit Pasta Salad

**Please call during normal business hours (8:00 a.m. to 4:00 p.m.) to order meals – weekdays,
business office at 814-266-8621**



Arbutus Park Manor

**Service Dates:
November 12- November 18**

Autumn Menu 2022 – Week 3

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Danish	Assorted Juices Cheesy Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Breakfast Ham	Assorted Juices Cheese Omelet Toast, Margarine & Jelly Cinnamon Roll	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon	Assorted Juice French Toast With Apple topping Sausage link	Assorted Juices Sausage, Egg & Cheese Sandwich on an English Muffin
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
Yankee Pot Roast with Gravy Baked Potato Turnips & Parsnips Poached Pear	Macaroni & Cheese Oven Roasted Tomatoes Apricots Carrot Cake with Cream Cheese Icing	Stewed Chicken & Dumplings Country Blend Vegetables Apple Cranberry Crisp	Stuffed Green Peppers Whipped Potatoes Capri Blend Pineapple Upside Down Cake	Breaded Pork Chop Dinner Roll Orange Glazed Sweet Potatoes Steamed Red Beets Blushed Pears	Oven Fried Chicken Parsley Noodles Honey Glazed Carrots Yellow Cake with Chocolate Icing	Salisbury Steak Bread & Margarine Whipped Potatoes Gravy Steamed Broccoli Rice Pudding
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Garden Chowder Saltine Crackers Hot Turkey Sandwich with Cranberry Sauce Succotash Chocolate Cake with Peanut Butter Icing	Mulligatawny Soup Saltine Crackers Hot Dog on a Bun Baked Beans Rainbow Jello	Chicken & Rice Soup Saltine Crackers Oven Fried Fish with Tartar Sauce French Fries Cole Slaw Diced Peaches	Tomato Bisque Saltine Crackers Grilled Cheese Sandwich Zucchini Pasta Salad Tropical Fruit Cup	Cheddar Cheese Soup Saltine Crackers Chicken Fingers Hash Brown au Gratin Steamed Corn Oatmeal Raisin Cookie	Italian Wedding Soup Saltine Crackers Hamburger on a Bun Tater Tots Green Beans Cinnamon Applesauce	Rigatoni with Meat Sauce Garlic Breadstick Garden Peas Fruit Cocktail

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Arbutus Park Manor

Autumn Menu 2023 – Week 1

**Service Dates:
November 19 – November 25**

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon	Assorted Juices French Toast with Strawberries & Whipped Topping	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juices Pancakes with Syrup & Margarine Sausage Link	Assorted Juices Cheesy Eggs Toast, Margarine & Jelly Strawberries & Bananas	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Sausage & Gravy over a Biscuit
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham with Pineapple Sauce Whipped Sweet Potato Green Bean Casserole Baked Apple Pie	Roast Beef with Gravy Buttered Noodles Rainbow Carrots Mandarin Oranges	Ham Pot Pie Peas & Mushrooms Fruit Cocktail Gingerbread Cake with Topping	Beef Burgundy over White Rice Red Pepper Blend Vegetables Diced Pears	Roast Turkey with Gravy Bread Stuffing Whipped Potatoes Spiced Beets Cranberry Sauce Pumpkin Pie	Mediterranean Baked Fish Pasta with garlic & Herbs Dinner Roll Green Beans Bread Pudding	Stuffed Shells with Spaghetti Sauce Sautéed Spinach with Olive Oil & Garlic Pineapple Tidbits
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Saltine Crackers Grilled Swiss Cheese on Wheat Spinach Salad Apricots	Navy Bean Soup Saltine Crackers Fish Sandwich on a Bun with Shredded Lettuce & Tartar Sauce Pepper Hash Butterscotch Pudding	Cream Of Broccoli Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Sidewinder French Fries Rice Krispy Treat	Minestrone Soup Saltine Crackers Chicken Salad on a Croissant Lettuce & Tomato Three Bean Salad Sugar Cookie	Chicken Noodle Soup Saltine Crackers Meatball Sandwich Iceberg & Romaine Salad with Italian Dressing Fruited Cherry Jello	Brunswick Stew with Cornbread Creamy Cucumbers Peaches	Potato Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw Pumpkin Mousse

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Arbutus Park Manor

**Service Dates:
November 26 – December 2**

Autumn Menu 2023 – Week 2

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices French Toast with Blueberries & Whipped Topping Bacon	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly	Assorted Juices Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Home Fries	Assorted Juices Pancakes with Syrup & Margarine Sausage Patty	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly Donut holes	Assorted Juices Waffles with Syrup & Margarine Sausage Link	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly Hash Brown Patty
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Oven Roasted Chicken with Pan Gravy Whipped Potatoes Buttered Corn Pear Spice Cake with Icing	Breaded Shrimp Fried Rice Oriental Vegetables Yellow Cake with Chocolate Icing	Beef Stroganoff over Egg Noodles Dinner Roll with Margarine Root Vegetables Pineapple Tidbits	Chicken Parmesan Rigatoni Sliced Carrots Tossed Salad Diced Pears	Pork Loin Whipped Potatoes Sauerkraut Apple Streusel	Turkey Pot Pie Dinner Roll with Margarine Brussels Sprouts Cherry Pie	Kielbasa Rye Bread Hot German Potato Salad Braised Red Cabbage German Chocolate Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cream of Cauliflower Soup Saltine Crackers Sloppy Joe Sandwich Wax Beans Fruit Cocktail Chocolate Pudding	Lentil Soup Saltine Crackers Ham & Cheese Melt on a Croissant Sweet Potato Fries Cinnamon Applesauce	Chili Con Carne Steamed Corn Cheesecake with Graham Cracker Crust Cornbread Muffin	Minestrone Soup Saltine Crackers Cheese Pizza Caesar Salad Chocolate Ice Cream	Carrot Parsnip Soup Saltine Crackers Ham Salad on a Bun Pickle Chips Tater Tots Diced Peaches	Fish Strips Cabbage & Noodles Green Beans Pickled Beet Salad Mandarin Oranges	Pepper Pot Soup Saltine Crackers Pizza Burger Potato Chips Fruit Pasta Salad

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