

Arbutus Park Manor

Service Dates:
September 3 – September 9

Summer 2023- Week 2

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Blueberry Pancakes Margarine	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juice Waffles with Strawberries & Whipped Topping Canadian Bacon	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Sausage Patty	Assorted Juice Cheese Omelet Toast, Margarine & Jelly	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Beef Burgundy Buttered Egg Noodles Cauliflower with Cheese Sauce Honeydew	Labor Day Cheeseburger on a Bun Potato Salad Baked beans Peach Pie	Roast Pork Bread Stuffing Whipped Sweet Potatoes Creamed Spinach Peach Cobbler	Rigatoni & Meatballs Breadstick Italian Green Beans Chocolate Ice Cream	Chicken Waikiki Beach Dinner Roll Brown Rice Malibu Blend Vegetables Fruit Cocktail	Roast Beef Bread & Margarine Buttered Noodles Steamed Broccoli Chocolate Cake with Fudge Icing	BBQ Chicken Thigh Cornbread Baked Beans Cole Slaw Vanilla Pudding
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cream of Celery Soup Saltine Crackers Meatball Sandwich Caesar Salad Butterscotch Pudding	Bean Soup Saltine Crackers Tuna Salad Plate Dinner Roll Macaroni Salad Diced Pears	Beef noodle Soup Saltine Crackers BLT Sandwich Lettuce & Tomato Barley Corn Salad Applesauce	Minestrone Soup Saltine Crackers American Hoagie Pickle Chips Marinated Cucumber Salad Diced Watermelon	Sloppy Joe Sandwich Hash Brown Potatoes Au gratin Pepper Cole Slaw Lemon Bavarian	Macaroni & Cheese Garlic Cheese Biscuit Stewed Tomatoes Mandarin Oranges	Chicken Vegetable Soup Saltine Crackers Italian Sausage Sandwich with Peppers and Onions Buttered Corn Fruit Salad

Please call during normal business hours (8:00 a.m. to 4:00 p.m.) to order meals – weekdays, business office at 814-266-8621



Arbutus Park Manor

Service Dates:
September 10 – September 16

Summer 2023- Week 3

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Danish Bacon	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Potato Pancakes	Assorted Juice Waffles with Syrup and Margarine Canadian Bacon	Assorted Juice Western Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juice French Toast with Apple Topping
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham Dinner Roll Whipped Sweet Potatoes French Cut Beans Cantaloupe	Roast Pork Loin Whipped Potatoes and Gravy Sauerkraut Chocolate Cake with Vanilla Icing & Sprinkles	Pesto Chicken with Rice Rosemary and Parmesan Carrots Angel Food Cake with Peaches	Swedish Meatballs Dinner Roll Egg Noodles Summer Squash Medley Fruited Jello	Shepherds' Pie Dinner Roll Tossed Salad Honeydew	Tuna Noodle Casserole Sliced Carrots White Bread and Butter Apple Betty	Rigatoni with Meat Sauce Breadstick Italian Green Beans Carrot Cake with Cream Cheese Icing
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Saltine Crackers Grilled Cheese Sandwich Pickle Spear Iceberg & Romaine Salad Peach Crisp	Cream of Broccoli Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread with Lettuce & Tomato Three Bean Salad Applesauce	Cheddar Cheese Soup Saltine Crackers Ham & Cheese Sandwich on a Bun w/Lettuce & Tomato Cauliflower Cucumber Salad Watermelon	Vegetable Soup Saltine Crackers Fish Strips Cornbread Muffin Cole Slaw Diced Pears	Chicken Noodle Soup Saltine Crackers Cottage Cheese & Tomato Platter Club Crackers Banana Nut Muffin	Beef Barley Soup Saltine Crackers Sliced Turkey on a Croissant with Lettuce & Tomato Red Pepper Veg Blend Fruit Cocktail	Chicken Florentine Soup Saltine Crackers Hot Dog on a Bun Baked Beans Creamy Cucumbers Mandarin Oranges

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Arbutus Park Manor

Autumn Menu 2023 – Week 1

Service Dates:

September 17- September 23

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon	Assorted Juices French Toast with Strawberries & Whipped Topping	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juices Pancakes with Syrup & Margarine Sausage Link	Assorted Juices Cheesy Eggs Toast, Margarine & Jelly Strawberries & Bananas	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Sausage & Gravy over a Biscuit
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham with Pineapple Sauce Whipped Sweet Potato Green Bean Casserole Baked Apple Pie	Roast Beef with Gravy Buttered Noodles Rainbow Carrots Mandarin Oranges	Ham Pot Pie Peas & Mushrooms Fruit Cocktail Gingerbread Cake with Topping	Beef Burgundy over White Rice Kyota Vegetable Blend Diced Pears Tapioca Pudding	Roast Turkey with Gravy Bread Stuffing Whipped Potatoes Spiced Beets Cranberry Sauce Pumpkin Pie	Mediterranean Baked Fish Pasta with garlic & Herbs Dinner Roll Green Beans Bread Pudding	Stuffed Shells with Spaghetti Sauce Sautéed Spinach with Olive Oil & Garlic Pineapple Tidbits
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Saltine Crackers Grilled Swiss Cheese on Wheat Spinach Salad Apricots	Navy Bean Soup Saltine Crackers Fish Sandwich on a Bun with Shredded Lettuce & Tartar Sauce Pepper Hash Butterscotch Pudding	Cream Of Broccoli Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Sidewinder French Fries Rice Krispie Treat	Minestrone Soup Saltine Crackers Chicken Salad on a Croissant Lettuce & Tomato Three Bean Salad Sugar Cookie	Chicken Noodle Soup Saltine Crackers Meatball Sandwich Iceberg & Romaine Salad with Italian Dressing Fruited Cherry Jello	Brunswick Stew with Cornbread Creamy Cucumbers Peaches	Potato Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw Pumpkin Mousse

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Arbutus Park Manor

**Service Dates:
September 24 – September 30**

Autumn Menu 2023 – Week 2

APPROVED:

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
Assorted Juices French Toast with Blueberries & Whipped Topping Bacon	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly	Assorted Juices Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Home Fries	Assorted Juices Pancakes with Syrup & Margarine Sausage Patty	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly Donut holes	Assorted Juices Waffles with Syrup & Margarine Sausage Link	Assorted Juices Scrambled Eggs Toast with Margarine & Jelly Hash Brown Patty
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
Oven Roasted Chicken with Pan Gravy Whipped Potatoes Buttered Corn Pear Spice Cake with Icing	Breaded Shrimp Fried Rice Oriental Vegetables Yellow Cake with Chocolate Icing	Beef Stroganoff over Egg Noodles Dinner Roll with Margarine Root Vegetables Pineapple Tidbits	Chicken Parmesan Rigatoni Sliced Carrots Tossed Salad Diced Pears	Pork Loin Whipped Potatoes Sauerkraut Banana Nut Muffins Apple Streusel	Turkey Pot Pie Dinner Roll with Margarine Brussels Sprouts Cherry Pie	Kielbasa Rye Bread Hot German Potato Salad Braised Red Cabbage German Chocolate Cake
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Cream of Cauliflower Soup Saltine Crackers Sloppy Joe Sandwich Wax Beans Fruit Cocktail Chocolate Pudding	Lentil Soup Saltine Crackers Ham & Cheese Melt on a Croissant Sweet Potato Fries Cinnamon Applesauce	Chili Con Carne Steamed Corn Cheesecake with Graham Cracker Crust Corn Muffin	Minestrone Soup Saltine Crackers Cheese Pizza Caesar Salad Chocolate Ice Cream	Carrot Parsnip Soup Saltine Crackers Ham Salad on a Bun Pickle Chips Tater Tots Diced Peaches	Fish Strips Cabbage & Noodles Green Beans Pickled Beet Salad Mandarin Oranges	Pepper Pot Soup Saltine Crackers Pizza Burger Potato Chips Fruit Pasta Salad

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