

# Arbutus Park Manor

Spring Menu 2023 – Week 1

**Service Dates:  
April 2 – April 8**

**APPROVED:**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>
Assorted Juice Scrambled Eggs Potato Pancakes Toast with Margarine & Jelly	Assorted Juice Pancakes with Syrup & Margarine Bacon	Assorted Juice Scrambled Eggs with Cheese Toast with Margarine & Jelly Hash Brown Patty	Assorted Juice Waffles with Strawberries & Whipped Topping	Assorted Juice Oatmeal with Peanut butter Toast with Margarine and Jelly	Assorted Juice French Toast with Syrup & Margarine Sausage Link	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Home Fries
<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>
Baked Ham Cheddar Biscuit Candied Sweet Potatoes French Cut Beans Diced Apples	Italian Marinated Chicken Wheat Roll & Margarine Baked Potato Sliced Carrots Hunter Pudding	Sweet & Sour Pork White Rice Oriental Vegetable Blend Diced Peaches	Meatloaf Whipped Potatoes & Gravy Green Peas Chocolate Mousse with Whipped Topping	BBQ Chicken Cornbread & Margarine Cheesy Potatoes Key West Blend Yellow Cake with Chocolate Icing & Sprinkles	Shrimp Scampi Penne Pasta Steamed Broccoli Florets Applesauce	Beef & Noodle Casserole Lima Beans Coffee Cake
<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>
Cream of Broccoli Soup Saltine Crackers Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Pasta Salad Chocolate Chip Cookie	Mulligatawny Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Spear Tater Tots Diced Pears	Chicken Noodle Soup Saltine Crackers Turkey Salad on a Croissant with Lettuce & Tomato Creamy Cumber Salad Fruit Cocktail	Beef Noodle Soup Saltine Crackers Chicken Caesar Salad Dinner Roll Fruited Jello	Continental Bean Soup Saltine Crackers Ham Salad Sandwich Coleslaw Mandarin Oranges	Tomato Bisque Saltine Crackers Grilled Cheese Sandwich Spinach Salad Peach Crisp	Italian Grilled Sandwich Green Beans Pineapple Tidbits

**Please call during normal business hours (8:00 a.m. to 4:00 p.m.) to order meals – weekdays, business office at 814-266-8621**



# Arbutus Park Manor

**Service Dates:**  
**April 9<sup>th</sup> – April 15<sup>th</sup>**

Spring Menu 2023 – Week 2

**APPROVED:**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Cheesy Hash Brown Egg Casserole Toast	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Hash Brown Patty	Assorted Juice Waffles with Syrup & Margarine Bacon	Assorted Juice Scrambled Eggs Sausage Links Cinnamon Swirl Toast	Assorted Juice Cheesy Eggs Toast with Margarine & Jelly Potato Pancakes	Assorted Juice French Toast with Raspberries Canadian Bacon
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>Happy Easter</b> Easter Baked Ham Candied Sweet Potatoes Key West Blend Strawberry Cheesecake	Chicken Kiev Rice Pilaf Capri Blend Vegetables Vanilla Pudding Dinner Roll With Margarine	Rigatoni & Meatballs Breadstick Italian Green Beans Diced Peaches	Open Face Hot Roast Beef Sandwich with Gravy Scalloped Potatoes Parisian Carrots Cherry Jello	Baked Ham w/ Pineapple Sauce Roasted Sweet Potatoes Green Beans Oatmeal Raisin Cookie	Lemon-Herbed Baked Fish Buttered Noodles Red Pepper Vegetable Blend Strawberry Shortcake	Taco Salad Casserole Confetti Corn Churro
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Minestrone Soup Saltine Crackers American Hoagie Pickle Spear Broccoli & Raisin Salad	Cream of Celery Soup Saltine Crackers Denver Salad Sandwich on a Bun Spinach Salad W/Strawberry & Poppy Seed Dressing	Barley Mushroom Soup Saltine Crackers Sloppy Joe Sandwich French Fries Lemon Bavarian	Bean Soup Saltine Crackers Cheese Pizza Tossed Salad Italian Dressing Mandarin Oranges	Vegetable Soup Saltine Crackers Tuna Salad Sandwich with Lettuce & Tomato Potato Salad Blushed Pears	Macaroni & Cheese Stewed Tomatoes Pineapple Tidbits Dinner Roll with Margarine	Italian Wedding Soup Saltine Crackers Kielbasa on a Roll Sauerkraut Hot German Potato Salad Pineapple Tidbits

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# Arbutus Park Manor

Spring Menu 2023 – Week 3

**Service Dates:**  
**April 16<sup>th</sup> – April 22<sup>nd</sup>**

**APPROVED:**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Breakfast Potatoes	Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Scrambled Eggs w/Cheese Toast with Margarine & Jelly Bacon	Assorted Juice Corned Beef Hash Toast with Margarine & Jelly	Assorted Juice Waffles with Syrup & Margarine Sausage Link	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Hash browns	Assorted Juice French Toast with Apple Topping Breakfast Ham
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Oven Fried Chicken Loaded Whipped Potatoes Green Beans Tropical Fruit Cup	Pot Roast Red Bliss Potatoes Carrots Fruit Cocktail	Braised Chicken & Vegetables Rice Pilaf Diced Pears	Scalloped Ham & Potatoes with Cabbage Malibu Blend Vegetables Mandarin Oranges	Salisbury Steak with Gravy Baked Potato Creamy Cucumbers Sugar Cookie	Pasta Primavera Italian Green Beans Breadsticks Yogurt Parfait	Stuffed Green Peppers Bread with Margarine Roasted Red Skin Potatoes Pineapple Upside Cake
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Lentil Soup Saltine Crackers Hot Dog on a Bun Baked Beans Cole Slaw Chocolate Ice Cream	Cheddar Cheese Soup Saltine Crackers BBQ Pork on a Bun Buttered Corn S'mores Brownie	Rigatoni with Meat Sauce Breadstick California Blend Vegetable Red Velvet Cake with Icing	Cream of Asparagus Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread with Lettuce & Tomato Three Bean Salad Lemon Poppy Seed Cake	Beef Barley Soup Saltine Crackers BLT Pasta Salad Fruit Cocktail	Chesapeake Corn Chowder Saltine Crackers Breaded Fish Sandwich Rosemary Parmesan Carrots Diced Peaches	Cream of Mushroom Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onion Potato Wedges Lime Jello with Pears

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# Arbutus Park Manor

Spring Menu 2023 – Week 1

**Service Dates:**  
**April 23 – April 29**

**APPROVED:**

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>	<b><i>BREAKFAST</i></b>
Assorted Juice Scrambled Eggs Potato Pancakes Toast with Margarine & Jelly	Assorted Juice Pancakes with Syrup & Margarine Bacon	Assorted Juice Scrambled Eggs with Cheese Toast with Margarine & Jelly Hash Brown Patty	Assorted Juice Waffles with Strawberries & Whipped Topping	Assorted Juice Oatmeal with Peanut butter Toast with Margarine and Jelly	Assorted Juice French Toast with Syrup & Margarine Sausage Link	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Home Fries
<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>	<b><i>LUNCH</i></b>
Baked Ham Cheddar Biscuit Candied Sweet Potatoes French Cut Beans Diced Apples	Italian Marinated Chicken Wheat Roll & Margarine Baked Potato Sliced Carrots Hunter Pudding	Sweet & Sour Pork White Rice Oriental Vegetable Blend Diced Peaches	Meatloaf Whipped Potatoes & Gravy Green Peas Chocolate Mousse with Whipped Topping	BBQ Chicken Cornbread & Margarine Cheesy Potatoes Key West Blend Yellow Cake with Chocolate Icing & Sprinkles	Shrimp Scampi Penne Pasta Steamed Broccoli Florets Applesauce	Beef & Noodle Casserole Lima Beans Coffee Cake
<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>
Cream of Broccoli Soup Saltine Crackers Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Pasta Salad Chocolate Chip Cookie	Mulligatawny Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Spear Tater Tots Diced Pears	Chicken Noodle Soup Saltine Crackers Turkey Salad on a Croissant with Lettuce & Tomato Creamy Cumber Salad Fruit Cocktail	Beef Noodle Soup Saltine Crackers Chicken Caesar Salad Dinner Roll Fruited Jello	Continental Bean Soup Saltine Crackers Ham Salad Sandwich Coleslaw Mandarin Oranges	Tomato Bisque Saltine Crackers Grilled Cheese Sandwich Spinach Salad Peach Crisp	Italian Grilled Sandwich Green Beans Pineapple Tidbits

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Nutritious Food, Expert Management, Superior Service

# Arbutus Park Manor

**Service Dates:  
April 30 – April 6th**

Spring Menu 2023 – Week 2

**APPROVED:**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Cheesy Hash Brown Egg Casserole Toast	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Hash Brown Patty	Assorted Juice Waffles with Syrup & Margarine Bacon	Assorted Juice Scrambled Eggs Sausage Links Cinnamon Swirl Toast	Assorted Juice Cheesy Eggs Toast with Margarine & Jelly Potato Pancakes	Assorted Juice French Toast with Raspberries Canadian Bacon
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Roast Turkey Gravy Whipped Potatoes Buttered Corn Cranberry Sauce Cinnamon Applesauce	Chicken Kiev Rice Pilaf Capri Blend Vegetables Vanilla Pudding Dinner Roll With Margarine	Rigatoni & Meatballs Breadstick Italian Green Beans Diced Peaches	Open Face Hot Roast Beef Sandwich with Gravy Scalloped Potatoes Parisian Carrots Cherry Jello	Baked Ham w/ Pineapple Sauce Roasted Sweet Potatoes Green Beans Oatmeal Raisin Cookie	<b>Cinco De Mayo</b> Chicken Veggie Chili Honey Corn Bread Mexican Mango Salad Mexican Sugar Cookie	Taco Salad Casserole Confetti Corn Churro
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Minestrone Soup Saltine Crackers American Hoagie Pickle Spear Broccoli & Raisin Salad	Cream of Celery Soup Saltine Crackers Denver Salad Sandwich on a Bun Spinach Salad W/Strawberry & Poppy Seed Dressing	Barley Mushroom Soup Saltine Crackers Sloppy Joe Sandwich French Fries Lemon Bavarian	Bean Soup Saltine Crackers Cheese Pizza Tossed Salad Italian Dressing Mandarin Oranges	Vegetable Soup Saltine Crackers Tuna Salad Sandwich with Lettuce & Tomato Potato Salad Blushed Pears	Macaroni & Cheese Stewed Tomatoes Pineapple Tidbits Dinner Roll with Margarine	Italian Wedding Soup Saltine Crackers Kielbasa on a Roll Sauerkraut Hot German Potato Salad Pineapple Tidbits

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