

**OCTOBER
2022**



Arbutus Park

RETIREMENT COMMUNITY

Pathways

Monthly Newsletter

**NOW HIRING
FT & PT**

Dietary
Activities
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Housekeeping

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Arbutus Park
Retirement Community
207 Ottawa Street
Johnstown, PA 15904

arbutusparkmanor.com

(814) 266-8621

Thank You for Your Support

Our donors, especially our cottage community, turned out in a big way for our 'Butterfly Garden' mail-in fundraising campaign. We raised \$5,855 which will go towards life enrichment events and activities in the Manor. Our mail campaigns are a significant part of our fundraising efforts. They help us continue the mission of providing faith, care, and compassion to our Manor residents.



Job Sale

Our October Job Sale is Back!
Orders are due to the Business Office by October 21. Please call 814.266.8621. A bundle of 3 jobs are \$6.00. Jobs can be picked up in the Gift Shop on October 28, from 8am-3pm. Proceeds support the Joyce Murtha Breast Care Center. Over the past seven years we have raised over \$5,000 for the center in Windber.



Boscov's Friends Helping Friends

On Wednesday, October 19th Boscov's will host the 26th Annual 'Friends Helping Friends.' Each shopping pass is \$5 and the Auxiliary gets to keep 100% of that donation. The pass gets you up to 25% off your Boscov's purchase on October 19 from 8am-11pm, with a few restrictions. For more info, or to purchase a pass, please contact Judy Eppley.



Independent Living Cottages

With a new application process, we continue to operate on a waitlist basis for cottage availability. Once a cottage is renovated, we contact our waitlists for touring before advertising them online. If a cottager makes a referral, they receive one month maintenance FREE upon the move-in.



Celebrations

OCTOBER BIRTHDAYS

- 2 Maureen Hoffman
- 4 Anthony Debias
- 7 Richard Barefoot
- 8 Luke Weimer
- 10 James Bailey
- 11 Marian Feath
- 12 Robert Bombach
- 19 Deb Bonski
- 20 Norie McGowan
- 23 Lura Ferguson
- 23 Hazel Malas
- 25 Susan Shuman
- 30 Frank Burkhard
- 31 Emma Jane Miller



HAPPY BIRTHDAY!

EMPLOYEE WORK ANNIVERSARIES

- Jo Ann Jacobs - Therapy - 46 Years
- Esther Varner - Dietary - 43 Years
- Patricia Itnik - Nursing - 41 Years
- Loretta Ozeck - Personal Care - 41 Years
- Christine Parks - Housekeeping - 37 Years
- Deb Novotny - Nursing - 31 Years
- Dorothy Blough - Dietary - 23 Years
- Sandra Scaife - Personal Care - 19 Years
- Larry Lechak - Nursing - 16 Years
- Donna Woznak - Nursing - 14 Years
- Mark Kisha - Nursing - 11 Years
- Tyler Gordon - IT - 6 Years
- Zane Bopp - Dietary - 4 Years
- Cortney Boyer - Nursing - 4 Years
- Kevin Clement - Activities - 4 Years
- Lori Tomak - Nursing - 4 Years
- Brandy Bier - Nursing - 1 Year
- Deborah Keiper - Nursing - 1 Year

Thank You for Your Service!

Auxiliary Doings

Super-Duper October!

As a thank you for the support the customers have given to the Auxiliary's Flea Market we would like to offer several Super-Duper Surprises throughout the month of October! Keep this list handy and shop often before our doors close following another successful season.

- October 1: FRAMED ART & WREATHS = Half Price
- October 4, 6 & 8: KITCHEN & LINEN ITEMS = Half Price
- October 11, 13 & 15: BOOKS = Buy One-Get One FREE (equal or lesser value)
- October 18, 20 & 22: CHRISTMAS ITEMS = Half Price
- October 25, 27 & 29: FURNITURE & LAMPS (weather permitting) = Half Price

BOSCOV'S CUSTOMER APPRECIATION COUPONS

25% Off Purchases – Wednesday October 19, 2022
Available from JUDY EPPLEY – 814-322-5344



Don't forget to stop by the Super-Duper GIFT SHOP in the Manor lobby.
Goodies galore are waiting for you! Monday thru Friday 9 AM – 5 PM

Cottager News & Notes

Cottage Dinner

The monthly Cottage Dinner will be on Tuesday, October 11 at 5 pm in the Manor Community Room. RSVP due to Community Affairs by October 4th. Stuffed Cabbage, Mashed Potatoes, Peas, Cucumber & Tomato Salad, and Apple Cake.

(Delivery is available.)

Remaining in 2022:

November 8: Turkey, Stuffing, Mashed Potatoes, Buttered Corn, Pumpkin Pie, and Cranberry Jello Salad.

December 13: Baked Ham, Sweet Potato Casserole, Green Bean Basserole, Peppermint Cheesecake, and Tossed Salad.

The \$10 dinner charge will be added to your monthly statement. *The dinner may change to a drive-thru or delivery based on Manor COVID protocols.



Monthly Brunch

We are glad to be back making omelettes and serving mimosas again! October 19 brunch RSVP is October 12th. Last Brunch of 2022: November 16.

(RSVP Required - Dates subject to change)

The \$10 brunch charge will be added to your monthly statement.

It's That Time of Year...Politics

Just a friendly reminder that we do not allow political signs, ads, or endorsements in yards or anywhere on campus. Thank you!

Boosters, Boosters, Boosters

We are planning another COVID booster clinic.

Date, time, and eligibility will be communicated via robocall.



Community Center on Nadona

Did you know? The Community Center on Nadona is available evenings and weekends as a rental for birthday parties, reunions, or family gathering. Contact Kurt for availability and rates.

Bible Study

Pastor Jon is interested in starting a cottager Bible Study to be held at the Community Center on Nadona. If you would be interested in participating, please let Kurt know!



Park Profile

Emily Smith- Human Resources Manager

Tell us a little about yourself: Originally from South Fork, I am a graduate of Forest Hills High School. After graduating high school I planned on entering the nursing profession. Quickly life changed and I found my love for Business/Operations Management particularly in the Human Resources world. I spent the last several years in Human Resources for inpatient healthcare facilities. Not only does my career keep me busy but so does my home life. I am a blessed mom to my beautiful four year old daughter and our abundant amount of animals.

When did you join the team here at Arbutus Park?

In March 2022.

What is your favorite thing about Arbutus Park?

I am not just an employee number here. The staff have so much love for the facility, residents, and departments.

When you aren't on campus, what do you like to do?

Spending time with my family and traveling.

If you could meet anyone, living or deceased, who would it be?

I would love to say a famous author or historical figure but I truly would love to meet someone in my family I never got a chance to.

If you could travel anywhere, where would you go?

I have always been drawn to the beauty of Scotland and the history surrounding it, so that would be my first choice of travel.

Favorite film?

It is hard to choose only one movie. I tend to gravitate towards comedy especially anything with Adam Sandler or Will Farrell. "If you ain't first you're last".

Favorite music genre/recording artist?

I gravitate towards the country genre.

Finish this sentence: The Best Thing in Life is
Laughter.

What is something that few people know about you?

If I told you, more than a few people would know...

Thanks Emily, Welcome to the APRC Family!



Advantage Therapy

Star of the Month

The Arbutus Park “Star” for October is Joe Busony! He lights up the whole room with his smile, but was having increased difficulty communicating his basic needs and his wonderful sense of humor. Joe was also having difficulty with his fine motor abilities. The therapy team worked quickly to get a high tech AAC (Augmentative and Alternative Communication) device programmed to assist Joe in meeting his communication needs. Joe was quick to learn different features on the SGD (Speech Generating Device). Some requests Joe had made for his device were to have custom pages for each of his favorite teams. Joe is now able to express complex thoughts/emotions and cheer on his favorite sports teams with increased ease.

Joe worked with Physical, Occupational, and Speech therapy to improve his ability to perform ADL activities and to utilize his power chair safely. The therapy team has noted improved fine motor skills, which have allowed him to become more independent with tasks such as choosing his favorite vinyl record to play or solving crossword puzzles. Joe reported that he now has a “voice,” and he is able to join in with group conversations/activities. You’ll find Joe listening to one of his favorite vinyl records or cheering on the Steelers. Joe has made a great impact on our therapy team—congratulations and keep up the great work!



Recipe of the Month

Bacon Wrapped Pineapple

Savory, Sweet, and Salt collide in this incredibly easy and tasty appetizer. Great as a game day snack or party appetizer.

Ingredients

- Pineapple (*use fresh, but if you use canned, drain chunks well*)
- Bacon
- Caramel or Toffee Sauce
- Coarse Sea Salt

Instructions

- 1) Cut your pineapple into 1 inch chunks, then cut bacon strips in half.
- 2) Place the round outer edge of the pineapple chunk half way on the end of the bacon and roll bacon around the pineapple. Make sure the ends of bacon are on the bottom of pineapple.
- 3) Place on a parchment lined baking sheet. Place in a cold oven and turn the temperature up to 400F.
- 4) Cook for 25 minutes, remove from the oven tray and drizzle with caramel or toffee sauce and sprinkle with sea salt. Serve Warm.



Captured Moments

Follow us on Facebook for more photos!
[Facebook.com/ArbutusParkRetirementCommunity](https://www.facebook.com/ArbutusParkRetirementCommunity)

Manor Mens Luncheon



Cottage Picnic



Team Spirit Fundraiser Luncheon



Shucking Corn in Crossroads



From Pastor Jon

I had a major event (major to me) in elementary school that set the tone for the rest of my pre-college study habits. I will not mention that event specifics, as I see no reason to dredge it up and maybe upset others. I can look back and point to that one moment when I told myself that working to get an A was not worth the effort. That day, I settled on doing good but being a scholar was not worth it, for me. SIDE NOTE – College changed everything in having me learn good study habits.

From that point on, through high school, I was a C student. My teachers would talk to my parents and tell them I could do so much better, that I was only doing enough to get by. They were right.

I think my parents resigned themselves that me being a C student was what I was. I wonder now if they ever expected more from me or if I would amount to any dreams they once had for me. I do not know and I do not remember being pushed to do better. After high school, my dad did encourage me to go to college. I went, for him only. I had no goals except to get a job, make a living, build a family, and support a church. Probably in that order. I enrolled in a Baptist college in NC. Remember, I had no... none... zilch, study habits. I was there only one semester and I think I failed everything but gym. BUT...I sat in my Introduction to NT class and heard for the first time in my life that the Bible wasn't all true and that the virgin birth would fit into the "not true" category. God used a liberal Baptist college professor to get my attention and hear His call upon my life unto full-time Christian ministry. I drove home that next weekend and during the invitation time of the church service, I went forward to let my dad (the pastor) and my church (Derita Baptist) know of this calling upon my life. I am sure my dad was not only surprised but at that moment, he knew he was witnessing a miracle. The following semester, I enrolled at Criswell Bible College in Dallas, TX. I began the educational journey of becoming a minister. Here I am 43 years later, still serving.

Back to my dad...I am convinced that if my dad would have seen what God has done in my life since 1997 (remember, he passed in 1996) he would have been amazed at his C student son. It would have further sealed his Baptist reformed thinking. Before his passing, he spoke in 2 of the churches I pastored. Beyond that, he only knows what heaven allows him to know.

Dad was an above-average preacher. Dad was a consistent soul-winner

Dad was a dedicated reader. The list goes on...

I believe dad would have been surprised at how my life turned out.

I just hope that my kids will see my love for Christ and for them.

All those A students can be successful in this world but my success is not in me or my works, it is all because of Jesus. God can call this C student to the other side of the world and back and use me for great and godly things.

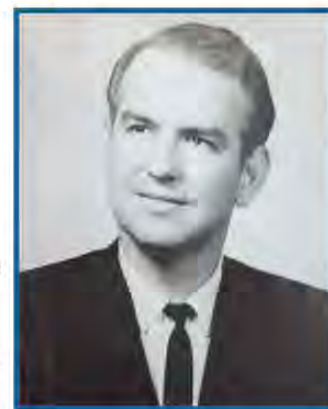
Listen carefully... I say the above things feeling like a complete failure. I see the faces of people I should have told about Jesus. I hear conversations I stopped too early when sharing the gospel. I know churches that I failed and did not do my best as I let the things of this world defeat me while not letting the God of all glory carry me.

I have read this article several times over the past few weeks. I am not even sure if it makes sense. Enjoy it anyway... please.

Job 13:15 – Though He slay me, I will trust Him.

Miss you dad.

- Pastor Jon



ARBUTUS PARK RETIREMENT COMMUNITY
207 Ottawa Street
Johnstown, PA 15904

Return Service Requested



For questions or comments about Pathways,
email kroberts@arbutusparkmanor.com

APRC Friends & Family Kids Halloween Parade Saturday, October 15

Gather in the Community Room
at 1:15pm, Parade at 1:30

RSVP Required

Sign-Up at Activities or Business Office by Oct 7
Candy donations welcome! Please contact Melinda in Activities
Subject to cancellation based on Manor COVID status

Manor residents will be passing out lots of candy! Please bring a bag or bucket (or two) for goodies!