

# Arbutus Park Manor

Service Dates:  
July 3 – July 9, 2022

Summer 2022 – Week 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juices Scrambled Eggs English Muffin Margarine & Jelly Breakfast Potatoes	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly Donut Holes	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Cinnamon Roll	Assorted Juices French Toast with Apple Topping	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken over Biscuits Sliced Carrots Pear Spice Cake with Icing	<b>FORTH of JULY</b> Hot Dog on a Bun Macaroni salad Baked Beans Star- Spangled Cupcake	Chef Salad Plate Dinner Roll Strawberries over Angel Food Cake with Whipped Topping	Chicken Parmesan Rotini Noodles Key West Blend Tossed Salad Fresh Cantaloupe	Meatloaf Cheddar Mashed Potatoes Brussel Sprouts Rice Pudding with Whipped Topping	Butter-Crumb Breaded Fish Scalloped Potatoes Parisian Carrots Fruit Cocktail	Stuffed Green Peppers Bread & Margarine Mashed Potatoes Buttered Corn Chocolate Mousse
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Lentil Soup Saltine Crackers Cheese Pizza Tossed Salad Italian Dressing Apricots	Turkey & Rice Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Spear Curly Fries Diced Honeydew Melon	Cheddar Broccoli Soup Saltine Crackers Chicken Tenders Pasta Salad Pickled Beets with Eggs Peaches	Barley Mushroom Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onions Diced Cucumber & Tomato Salad Blueberry Shortcake	Corn Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw Sliced Watermelon	Chicken Noodle Soup Saltine Crackers Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Potato Salad Oatmeal Raisin Cookie	Tomato Soup Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Pickle Spear Tater Tots Blushed Pears

Please call during normal business hours (8:00 a.m. to 4:00 p.m.) to order meals – weekdays,  
business office at 814-266-8621



# Arbutus Park Manor

Summer 2022- Week 2

Service Dates:  
July 10 – July 16, 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juice Blueberry Pancakes Margarine	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juice Waffles with Strawberries & Whipped Topping	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Sausage Patty	Assorted Juice Cheese Omelet Toast, Margarine & Jelly	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Beef Burgundy Buttered Egg Noodles Cauliflower with Cheese Sauce Honeydew	Chicken Croquettes Bread & Margarine Alfredo Noodles Peas & Pearl Onions Pineapple Tidbits	Roast Pork with Gravy Bread Stuffing Mashed Sweet Potatoes Creamed Spinach Peach Cobbler	Spaghetti & Meatballs Breadstick Italian Green Beans Chocolate Ice Cream	Chicken Waikiki Beach Dinner Roll Brown Rice Malibu Blend Vegetables Fruit Cocktail	Roast Beef Bread & Margarine Buttered Noodles Steamed Broccoli Chocolate Cake with Fudge Icing	BBQ Chicken Thigh Cornbread Baked Beans Cole Slaw Vanilla Pudding
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Beef Noodle Soup Saltine Crackers Meatball Sandwich Caesar Salad Butterscotch Pudding	Bean Soup Saltine Crackers Tuna Salad Plate Dinner Roll Macaroni Salad Diced Pears	Cream of Celery Soup Saltine Crackers English Pub Beef Sandwich Pickle Spear Tomato Salad Applesauce	Minestrone Soup Saltine Crackers American Hoagie Pickle Chips Marinated Cucumber Salad Diced Watermelon	Sloppy Joe Sandwich Hash Brown Potatoes au Gratin Pepper Cole Slaw Lemon Bavarian	Macaroni & Cheese Garlic Cheese Biscuit Stewed Tomatoes Mandarin Oranges	Chicken Vegetable Soup Saltine Crackers Italian Sausage Sandwich with Peppers and Onions Potato Wedges Buttered Corn Apricots

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# Arbutus Park Manor

Summer 2022- Week 3

Service Dates:  
July 17- July 23, 2022

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Danish and Bacon	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Potato Pancakes,	Assorted Juice Waffles with Syrup and Margarine Canadian Bacon	Assorted Juice Western Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juice French Toast with Apple Topping
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Baked Ham Dinner Roll Mashed Sweet Potatoes French Cut Beans Cantaloupe	Roast Pork Loin Mashed Potatoes and Gravy Sauerkraut Chocolate Cake with Vanilla Icing & Sprinkles	Roasted Turkey Bread Stuffing Mashed Potatoes Turkey Gravy Country Blend Veg Cranberry Sauce Angel Food Cake with Peaches	Swedish Meatballs Dinner Roll Egg Noodles Summer Squash Medley Fruited Jello	Shepherds' Pie Dinner Roll Tossed Salad Honeydew	Crab Cake Roasted Potatoes Sliced Carrots Apple Betty	Rigatoni & Meatballs Breadstick Italian Green Beans Carrot Cake with Cream Cheese Icing
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Tomato Soup Saltine Crackers Grilled Cheese Sandwich Pickle Spear Iceberg & Romaine Salad Peach Crisp	Cream of Broccoli Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread with Lettuce & Tomato Three Bean Salad Applesauce	Cheddar Cheese Soup Saltine Crackers Ham & Cheese Sandwich on a Bun w/Lettuce & Tomato Marinated Cucumber Salad Watermelon	Vegetable Soup Saltine Crackers Fish Strips Cornbread Muffin Cole Slaw Diced Pears	Chicken Noodle Soup Saltine Crackers Cottage Cheese & Tomato Platter Club Crackers Fruit Pasta Salad Banana Nut Muffin	Beef Barley Soup Saltine Crackers Sliced Turkey on a Croissant with Lettuce & Tomato Rotini Salad Fruit Cocktail	Chicken Florentine Soup Saltine Crackers Hot Dog on a Bun Baked Beans Creamy Cucumbers Mandarin Oranges

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# Arbutus Park Manor

Service Dates:

July 24 – July 30, 2022

Summer 2022 – Week 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juices Scrambled Eggs English Muffin Margarine & Jelly Breakfast Potatoes	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly Donut Holes	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Cinnamon Roll	Assorted Juices French Toast with Apple Topping	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken over Biscuits Sliced Carrots Pear Spice Cake with Icing	Orange Spiced Pork Loin Cornbread Roasted Sweet Potatoes Green Beans Rainbow Jello	Chef Salad Plate Dinner Roll Strawberries over Angel Food Cake with Whipped Topping	Chicken Parmesan Rotini Noodles Key West Blend Tossed Salad Fresh Cantaloupe Vanilla Ice Cream	Meatloaf Cheddar Mashed Potatoes Brussel Sprouts Rice Pudding with Whipped Topping	Butter-Crumb Breaded Fish Scalloped Potatoes Parisian Carrots Fruit Cocktail	Stuffed Green Peppers Bread & Margarine Mashed Potatoes Buttered Corn Chocolate Mousse
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Lentil Soup Saltine Crackers Cheese Pizza Tossed Salad Italian Dressing Apricots	Turkey & Rice Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Spear Curly Fries Diced Honeydew Melon	Cheddar Broccoli Soup Saltine Crackers Chicken Tenders Pasta Salad Pickled Beets with Eggs Peaches	Barley Mushroom Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onions Diced Cucumber & Tomato Salad Blueberry Shortcake	Corn Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw Sliced Watermelon	Chicken Noodle Soup Saltine Crackers Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Potato Salad Oatmeal Raisin Cookie	Tomato Soup Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Pickle Spear Tater Tots Blushed Pears

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# Arbutus Park Manor

Summer 2022- Week 5

Service Dates:  
July 31 – August 6, 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Assorted Juice Blueberry Pancakes Margarine	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Hash Brown Patty	Assorted Juice Waffles with Strawberries & Whipped Topping	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Sausage Patty	Assorted Juice Cheese Omelet Toast, Margarine & Jelly	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Beef Burgundy Buttered Egg Noodles Cauliflower with Cheese Sauce Honeydew	Chicken Croquettes Bread & Margarine Alfredo Noodles Peas & Pearl Onions Pineapple Tidbits	Roast Pork with Gravy Bread Stuffing Mashed Sweet Potatoes Creamed Spinach Peach Cobbler	Rigatoni & Meatballs Breadstick Italian Green Beans Chocolate Ice Cream	Chicken Waikiki Beach Dinner Roll Brown Rice Malibu Blend Vegetables Fruit Cocktail	Roast Beef Bread & Margarine Buttered Noodles Steamed Broccoli Chocolate Cake with Fudge Icing	BBQ Chicken Thigh Cornbread Baked Beans Cole Slaw Vanilla Pudding
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Beef Noodle Soup Saltine Crackers Meatball Sandwich Caesar Salad Butterscotch Pudding	Bean Soup Saltine Crackers Tuna Salad Plate Dinner Roll Macaroni Salad Diced Pears	Cream of Celery Soup Saltine Crackers English Pub Beef Sandwich Pickle Spear Tomato Salad Applesauce	Minestrone Soup Saltine Crackers American Hoagie Pickle Chips Marinated Cucumber Salad Diced Watermelon	Sloppy Joe Sandwich Hash Brown Potatoes au Gratin Pepper Cole Slaw Lemon Bavarian	Macaroni & Cheese Garlic Cheese Biscuit Stewed Tomatoes Mandarin Oranges	Chicken Vegetable Soup Saltine Crackers Italian Sausage Sandwich with Peppers and Onions Potato Wedges Buttered Corn Apricots

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