

Arbutus Park Manor

Spring Menu 2021

Service Dates:

May 2 – May 8, 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Breakfast Potatoes	Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Bacon	Assorted Juice Cheese Omelet English Muffin with Margarine & Jelly	Assorted Juice Waffles with Syrup & Margarine Sausage Link	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping Breakfast Ham
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Oven Fried Chicken Baked Potato Buttered Corn Tropical Fruit Cup	Beef Stroganoff Buttered Noodles Peas & Carrots Fruit Cocktail	Chicken over Waffles Green Peas Diced Pears	Cinco de Mayo Cancun Polo (Chicken) Corn Pudding Mexican Pasta Salad Pudin de Chocolate (chocolate pudding)	Salisbury Steak Mashed Potatoes with Gravy Steamed Broccoli Creamy Cucumbers	Cheese Ravioli Breadstick Zucchini & Yellow Squash Pear Crisp	Stuffed Green Peppers Bread with Margarine Mashed Potatoes Corn Pineapple Upside Down Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Lentil Soup Saltine Crackers Hot Dog on a Bun Baked Beans Cole Slaw Chocolate Ice Cream	Spaghetti with Meat Sauce Breadstick California Blend Vegetables Tossed Salad Red Velvet Cake with Icing	Cheddar Cheese Soup Saltine Crackers BBQ Pork on a Bun Green Beans Pepper Cole Slaw Baked Apple Pie	Cream of Asparagus Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread with Lettuce & Tomato Three Bean Salad Lemon Poppy Seed Cake	Beef Barley Soup Saltine Crackers Ham & Cheese Sandwich on a Croissant Pasta Salad Fruit Cocktail Sugar Cookie	Chicken & Rice Soup Saltine Crackers Breaded Fish Sandwich Honey Glazed Carrots Diced Peaches Banana Pudding	Cream of Mushroom Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onion Potato Wedges Lime Jello with Pears

Milk, Coffee, Tea and Decaffeinated Beverages are available at each Meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich



Nutritious Food, Expert Management, Superior Service

Arbutus Park Manor

Spring Menu 2021

Service Dates:

May 9 – May 15, 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast with Margarine & Jelly	Assorted Juice Pancakes with Syrup & Margarine Bacon	Assorted Juice Scrambled Eggs with Cheese Toast with Margarine & Jelly Hash Brown Patty	Assorted Juice Waffles with Strawberries & Whipped Topping	Assorted Juice Scrambled Eggs English Muffin with Margarine & Jelly	Assorted Juice French Toast with Syrup & Margarine Sausage Link	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Home Fries
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<i>Mother's Day</i> Boneless Chicken Breast with Supreme Sauce Rice Pilaf Broccoli Florets Dinner roll Angel Food Cake with Peaches	Italian Marinated Pork Chop Wheat Roll & Margarine Baked Potato Sliced Carrots Rainbow Jello	<i>Celebrating Royal Wedding Day</i> English Breakfast Tea Stuffed Chicken Breast Twice Baked Potato Roasted Carrots Wedding Cake	Meatloaf Mashed Potatoes & Gravy Green Peas Apricots Chocolate Mousse with Whipped Topping	BBQ Chicken Cornbread & Margarine Cheesy Potatoes Key West Blend Yellow Cake with Chocolate Icing & Sprinkles	Breaded Baked Fish Bread & Margarine Rice Pilaf Steamed Broccoli Florets Applesauce	Veal Parmesan with Rotini Noodles Breadstick Lima Beans Boston Cream Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Noodle Soup Saltine Crackers Sliced Turkey on a Croissant with Lettuce & Tomato Diced Cucumber & Tomato Salad Fruit Cocktail	Mulligatawny Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Spear Tater Tots Diced Pears	Cream of Broccoli Soup Saltine Crackers Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Pasta Salad Chocolate Chip Cookie	Beef Noodle Soup Saltine Crackers Meatball Sandwich Caesar Salad Bread Pudding	Continental Bean Soup Saltine Crackers Fish Strips Cabbage & Noodles Sliced Carrots Mandarin Oranges	Tomato Soup Saltine Crackers Grilled Cheese Sandwich Potato Chips Spinach Salad Peach Crisp	English Pub Beef Sandwich O'Brien Potatoes Green Beans Pineapple Tidbits Ice Cream

Milk, Coffee, Tea and Decaffeinated Beverages are available at each Meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich

Arbutus Park Manor

Spring Menu 2021

Service Dates:

May 16 – May 22, 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Mini Cinnamon Roll	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin	Assorted Juice Waffles with Syrup & Margarine Bacon Donut Holes	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Sausage Link	Assorted Juice Cheesy Eggs Toast with Margarine & Jelly Potato Pancakes	Assorted Juice French Toast with Strawberries & Whipped Topping Canadian Bacon
Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
Roast Turkey Gravy Bread Stuffing Mashed Potatoes Country Blend Vegetables Cranberry Sauce Cinnamon Applesauce	Chicken Cordon Bleu Parslied Red Skin Potatoes Capri Blend Vegetables Vanilla Pudding	Spaghetti & Meatballs Breadstick Italian Green Beans Diced Peaches	Roast Beef with Gravy Dinner Roll Scalloped Potatoes Parisian Carrots Cherry Jello	Roast Pork Whole Wheat Bread and Margarine Fresh Sweet Potato Green Beans Oatmeal Raisin Cookie	Butter Crumb Fish Buttered Egg Noodles Baked Corn Strawberry Shortcake	Kielbasa on a Roll Mashed Potatoes Sauerkraut Applesauce
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Minestrone Soup Saltine Crackers American Hoagie Pickle Spear Marinated Cucumber Salad Fudge Brownie	Cream of Celery Soup Saltine Crackers Ham Salad Sandwich on a Bun Tater Tots Tomato Salad Fruit Cocktail	Turkey & Rice Soup Saltine Crackers Sloppy Joe Sandwich Hash Brown au Gratin Cole Slaw Lemon Bavarian	Bean Soup Saltine Crackers Cheese Pizza Tossed Salad Italian Dressing Apricots	Vegetable Soup Saltine Crackers Tuna Salad Sandwich with Lettuce & Tomato Potato Salad Blushed Pears	Saltine Crackers Macaroni & Cheese Stewed Tomatoes Pineapple Tidbits	Italian Wedding Soup Saltine Crackers Chicken Tenders Garden Rice Pickled Beets with Eggs Cherry Pie

Milk, Coffee, Tea and Decaffeinated Beverages are available at each Meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich



Arbutus Park Manor

Service Dates:

May 23 – May 29, 2021

Spring Menu 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Breakfast Potatoes	Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Bacon	Assorted Juice Cheese Omelet English Muffin with Margarine & Jelly	Assorted Juice Waffles with Syrup & Margarine Sausage Link	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping Breakfast Ham
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Oven Fried Chicken Baked Potato Buttered Corn Tropical Fruit Cup	Beef Stroganoff Buttered Noodles Peas & Carrots Fruit Cocktail	Chicken over Waffles Green Peas Diced Pears	Roasted Turkey Whole Wheat Roll Mashed Sweet Potatoes Malibu Blend Vegetables Mandarin Oranges	Salisbury Steak Mashed Potatoes with Gravy Steamed Broccoli Creamy Cucumbers	Cheese Ravioli Breadstick Zucchini & Yellow Squash Pear Crisp	Stuffed Green Peppers Bread with Margarine Mashed Potatoes Corn Pineapple Upside Down Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Lentil Soup Saltine Crackers Hot Dog on a Bun Baked Beans Cole Slaw Chocolate Ice Cream	Spaghetti with Meat Sauce Breadstick California Blend Vegetables Tossed Salad Red Velvet Cake with Icing	Cheddar Cheese Soup Saltine Crackers BBQ Pork on a Bun Green Beans Pepper Cole Slaw Baked Apple Pie	Cream of Asparagus Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread with Lettuce & Tomato Three Bean Salad Lemon Poppy Seed Cake	Beef Barley Soup Saltine Crackers Ham & Cheese Sandwich on a Croissant Pasta Salad Fruit Cocktail Sugar Cookie	Chicken & Rice Soup Saltine Crackers Breaded Fish Sandwich Honey Glazed Carrots Diced Peaches Banana Pudding	Cream of Mushroom Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onion Potato Wedges Lime Jello with Pears

Milk, Coffee, Tea and Decaffeinated Beverages are available at each Meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich



Arbutus Park Manor

Spring Menu 2021

Service Dates:

May 30 – June 5, 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast with Margarine & Jelly	Assorted Juice Pancakes with Syrup & Margarine Bacon	Assorted Juice Scrambled Eggs with Cheese Toast with Margarine & Jelly Hash Brown Patty	Assorted Juice Waffles with Strawberries & Whipped Topping	Assorted Juice Scrambled Eggs English Muffin with Margarine & Jelly	Assorted Juice French Toast with Syrup & Margarine Sausage Link	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Home Fries
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham Cheddar Biscuit Candied Sweet Potatoes French Cut Beans Chocolate Cake with Fudge Icing	Memorial Day Hamburger on a Bun Macaroni Salad Baked Beans Strawberries & Blueberries Cherry Crisp	Roast Pork Loin Dinner Roll & Margarine Mashed Potatoes Sauerkraut Pineapple Tidbits	Meatloaf Mashed Potatoes & Gravy Green Peas Apricots Chocolate Mousse with Whipped Topping	BBQ Chicken Cornbread & Margarine Cheesy Potatoes Key West Blend Yellow Cake with Chocolate Icing & Sprinkles	Breaded Baked Fish Bread & Margarine Rice Pilaf Steamed Broccoli Florets Applesauce	Veal Parmesan with Rotini Noodles Breadstick Lima Beans Boston Cream Pie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Noodle Soup Saltine Crackers Sliced Turkey on a Croissant with Lettuce & Tomato Diced Cucumber & Tomato Salad Fruit Cocktail	Mulligatawny Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Spear Tater Tots Diced Pears	Cream of Broccoli Soup Saltine Crackers Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Pasta Salad Chocolate Chip Cookie	Beef Noodle Soup Saltine Crackers Meatball Sandwich Caesar Salad Bread Pudding	Continental Bean Soup Saltine Crackers Fish Strips Cabbage & Noodles Sliced Carrots Mandarin Oranges	Tomato Soup Saltine Crackers Grilled Cheese Sandwich Potato Chips Spinach Salad Peach Crisp	English Pub Beef Sandwich O'Brien Potatoes Green Beans Pineapple Tidbits Ice Cream

Milk, Coffee, Tea and Decaffeinated Beverages are available at each Meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich