



## IN THIS ISSUE:

- Arbutus Park News
- Resident Valentine's
- From the Chaplain

## *Arbutus Park News & Notes*

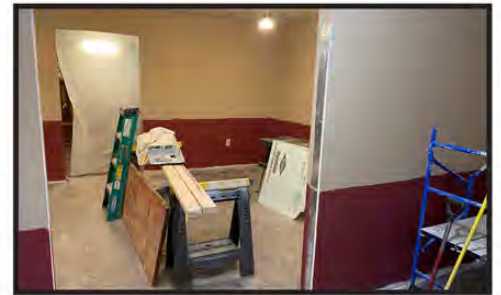
### COVID Vaccine Administered

The first dose of the Pfizer vaccine was provided to residents and staff of the manor on December 29, with the second dose given January 19. While vaccines were not provided for our cottagers, we will keep you updated on potential opportunities.



### Indoor 'Chatterbox' Progress

We are not yet scheduling visits, but we want you to know that the indoor 'Chatterbox' is nearing completion! Once we have an occupancy permit and can start scheduling visits, we will let you know. Stay tuned to our Facebook page!



### Happy Retirement!

This month we congratulate two of our wonderful tenured department heads on their retirement, and thank them for their dedication and service to APRC:  
John Sidor, Grounds Director, 36 Years  
Pauline Emerick, Purchasing Director, 23 Years



### We Love Our Residents!

This issue of Pathways we elected to do something different in the spirit of Valentine's Day. Instead of the normal articles and columns, we are dedicating the issue to portraits of our beloved residents. Enjoy! These pictures will also be posted in an album on our Facebook page on Valentine's Day.

### Independent Living Opportunities

Arbutus Park Retirement Community has current availability to join our community: Patio Homes #10, #19 & #26, Single Cottage #20, Townhouses #301 and #402, and an upcoming Nadona cottage. If a Cottager makes a referral, they receive one month's maintenance FREE upon the move-in. Please contact Community Affairs for the status of available cottages.

### Christmas Gratitude

Many thanks to all the friends and family who helped ensure our residents had the best holiday possible. Your cards, calls, and thoughtful gifts meant a great deal!

CONNECT WITH  
ARBUTUS PARK!



ArbutusParkManor.com

Arbutus Park  
Retirement Community  
207 Ottawa Street  
Johnstown, PA 15904

*We would like to extend a warm welcome to those who have joined the Arbutus Park community this past month!*



## *February Birthdays*

- 8 Helen Rizzo
- 8 Kim Sell
- 9 Florence Grove
- 11 Helen Wilson
- 12 Rose Wentz
- 15 Jerry Varner
- 21 Shirley Mummert
- 23 Ted Custer
- 23 Margie Roseman
- 23 William Sides
- 25 Elsie Hamady



## *Anniversaries*

- 14 Maurice & Nancy Rhine
- 20 Frank & Linda Burkhard

Did we miss your birthday or anniversary?  
Please let us know by calling 814-262-2150.

## *February Work Anniversaries*

- Pamela Estes - 1 Year - Activities
- Codi Norman - 1 Year - Dietary
- Hunter Shaffer - 1 Year - Dietary
- Makalah Zanke - 1 Year - Nursing
- Sheila Held - 1 Year - Nursing
- Deb Cragle - 2 Years - Personal Care
- Ian Porada - 2 Years - Nursing
- Breanna Brittingham - 3 Years - Dietary
- Lisa Arcurio - 5 Years - Admissions
- Denise Coulter - 9 Years - Housekeeping
- Vicky Cobaugh - 12 Years - Nursing
- Logan Davis - 13 Years - Grounds
- Pauline Emerick - 23 Years - Purchasing
- Gary Capouellez - 26 Years - Dietary
- Natalie Rovansek - 26 Years - Nursing
- Kerry Petry - 33 Years - Business Office

## *Auxiliary Doings*

One thing is for sure in this time of uncertainty...needs continue! With your help, the Auxiliary supplies some of the necessities for the cherished residents of the Manor. It is time for our Annual Membership Drive to keep our mission alive. The membership is open to everyone. Your membership greatly supports the work that the Auxiliary Board does each year.

Because of the 2020 restrictions, our work and popular fundraising events have been limited. But we still continue to help where and when we can. In 2019 the Auxiliary provided new recliner lift chairs, Hoyer lifts, bedside tables, MP3 players for Crossroads, TV trays for Personal Care, 2 new beautiful lobby chairs, 16 dining room chairs, and the list goes on! We eagerly look forward to the time when our luncheons, flea markets, and other events can resume. But in the meantime, we can all join in by supporting the membership drive.

A membership form is included with this issue of Pathways if you reside on campus. The form can be found online on the Auxiliary page of [arbutusparkmanor.com](http://arbutusparkmanor.com) or requested through the business office. Your membership can range from \$1 to any amount you wish to give. If you donate \$100 or more for a Life, In Memory, or Special Membership, a plaque will be placed on the Recognition Board in the corridor leading to the Community Room.

Some of our financial commitments to special projects have continued in spite of the pandemic. Your support will be a loving valentine to the residents of the manor. Please make checks payable to Arbutus Park Auxiliary. Mail the form and check to Lois Gilbert, Auxiliary Vice President, 6 Otterbein Lane, Johnstown, PA 15904. Thank you for coming alongside the Auxiliary with your generous support!

# Arbutus Park Snapshots

“LOVE TAKES OFF MASKS THAT WE FEAR WE CANNOT LIVE WITHOUT  
AND KNOW WE CANNOT LIVE WITHIN.” — JAMES BALDWIN



“LOVE IS MORE THAN A NOUN – IT IS A VERB; IT IS MORE THAN A FEELING – IT IS  
CARING, SHARING, HELPING, SACRIFICING.” – WILLIAM ARTHUR WARD

# Arbutus Park Snapshots

“LOVE RECOGNIZES NO BARRIERS. IT JUMPS HURDLES, LEAPS FENCES, PENETRATES WALLS TO ARRIVE AT ITS DESTINATION FULL OF HOPE.” — MAYA ANGELOU



“BEING DEEPLY LOVED BY SOMEONE GIVES YOU STRENGTH, WHILE LOVING SOMEONE DEEPLY GIVES YOU COURAGE.” – LAO TZU

# *Arbutus Park Snapshots*

“A LOVING HEART IS THE TRUEST WISDOM.” —CHARLES DICKENS



“DARKNESS CANNOT DRIVE OUT DARKNESS: ONLY LIGHT CAN DO THAT. HATE CANNOT DRIVE OUT HATE: ONLY LOVE CAN DO THAT.” - MLK JR.

# Arbutus Park Snapshots

“OWE NO ONE ANYTHING, EXCEPT TO LOVE EACH OTHER, FOR THE ONE WHO LOVES ANOTHER HAS FULFILLED THE LAW.” - ROMANS 13:8



“LOVE IS A LOT LIKE A BACKACHE, IT DOESN'T SHOW UP ON X-RAYS, BUT YOU KNOW IT'S THERE.” – GEORGE BURNS

# Message from Pastor Hollis

Dear Friends and Family,

February 17 is Ash Wednesday, the beginning of Lent. The Gospel reading is Matthew 6:1-6 and verses 16-21. What leaps out at me as I read these verses is the way Jesus contrasts showy religion as opposed to sincere, heartfelt devotion to God. In verses 3-4 He says: *But when you give to the poor, don't let your left hand know what your right hand is doing, so that your giving may be in secret. And your Father who sees in secret will reward you openly.* Don't tell me that Jesus didn't have a sense of humor. That would be a pretty good trick if you could pull it off. Trying to visualize it makes me laugh.

Then in verses 5-6 He contrasts two kinds of prayer: *"Whenever you pray, you must not be like the hypocrites, because they love to pray standing in the synagogues and on the street corners to be seen by people. I assure you: They've got their reward! But when you pray, go into your private room, shut your door, and pray to your Father who is in secret. And your Father who sees in secret will reward you openly."* Prayer is a conversation between you and your loving Heavenly Father. Jesus wants to be your BFF—Best Friend Forever—and share table fellowship with you, the closest, dearest kind of fellowship. He says in Revelation 3:20: *Listen! I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and have dinner with him, and he with Me.*

Then in verses 16-18, He tells us how to fast: *"Whenever you fast, don't be sad-faced like the hypocrites. For they make their faces unattractive so their fasting is obvious to people. I assure you: They've got their reward! But when you fast, put oil on your head, and wash your face, so that you don't show your fasting to people but to your Father who is in secret. And your Father who sees in secret will reward you openly."* This indicates that our LORD expects us to fast from time to time. If you have any special dietary needs, please consult your doctor before fasting. A Daniel fast would probably be the best option for older folks. For 21 days he refrained from meat, wine, and desserts (Daniel 10:3). For those of us who don't drink wine, we may substitute our favorite beverage.

Giving, praying, and fasting are all means of drawing closer to God, not for gaining recognition.

Love and Shalom, Chaplain John Hollis

[Did You Know?](#) Chaplain Hollis publishes a weekly devotion each Sunday morning on our Facebook page!



ARBUTUS PARK RETIREMENT COMMUNITY  
207 OTTAWA STREET  
JOHNSTOWN, PA 15904

RETURN SERVICE REQUESTED



Pathways is a monthly newsletter. Please contact Arbutus Park Community Affairs with questions or comments at [kroberts@arbutusparkmanor.com](mailto:kroberts@arbutusparkmanor.com)

Have you 'liked' us on Facebook? We post regular updates and pictures!

[Facebook.com/ArbutusParkRetirementCommunity](https://www.facebook.com/ArbutusParkRetirementCommunity)

