

Arbutus Park Manor

Summer 2019

Service Dates:

September 1 – September 7, 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|---|---|---|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Danish Bacon | Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty | Assorted Juice Cheesy Eggs Toast, Margarine & Jelly | Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Potato Pancakes | Assorted Juice Waffles with Syrup and Margarine | Assorted Juice Western Scrambled Eggs Toast, Margarine & Jelly Hash Browns | Assorted Juice French Toast with Apple Topping |
| Choice of Farina or Cold Cereal | Choice of Cold Cereal or Oatmeal | Choice of Farina or Cold Cereal | Choice of Oatmeal or Cold Cereal | Choice of Farina or Cold Cereal | Choice of Oatmeal or Cold Cereal | Choice of Cold Cereal or Farina |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Baked Ham Dinner Roll Mashed Sweet Potatoes French Cut Beans Cantaloupe | LABOR DAY Hot Dog on a Bun Potato Salad Baked Beans Watermelon | Roasted Turkey Bread Stuffing Mashed Potatoes Turkey Gravy Country Blend Cranberry Sauce Angel Food Cake with Peaches | Swedish Meatballs Dinner Roll Egg Noodles Summer Squash Medley Fruited Jello | Shepherds' Pie Dinner Roll Tossed Salad Honeydew | Lemon Herbed Baked Fish Roasted Potatoes Sliced Carrots Apple Betty | Spaghetti & Meat Sauce Breadstick Italian Green Beans Carrot Cake with Cream Cheese Icing |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Tomato Soup Saltine Crackers Grilled Cheese Sandwich Potato Chips Iceberg & Romaine Salad Peach Crisp | Cream of Broccoli Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread Lettuce & Tomato Three Bean Salad Applesauce | Cheddar Cheese Soup Saltine Crackers BBQ Beef Sandwich Steamed Broccoli Watermelon | Vegetable Soup Saltine Crackers Fish Strips Cornbread Muffin Cole Slaw Pears | Chicken Noodle Soup Saltine Crackers Cottage Cheese & Tomato Platter Club Crackers Fruit Pasta Salad Banana Nut Muffin | Beef Barley Soup Saltine Crackers Ham & Cheese Sandwich on a Bun Lettuce & Tomato Rotini Salad Fruit Cocktail | Chicken Florentine Soup Saltine Crackers Hot Dog on a Bun Baked Beans Creamy Cucumbers Mandarin Oranges |

Arbutus Park Manor

Summer 2019

Service Dates:

September 8 – September 14, 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|--|--|--|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Assorted Juices Scrambled Eggs English Muffin Margarine & Jelly Breakfast Potatoes | Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty | Assorted Juice Cheesy Eggs Toast, Margarine & Jelly Donut Holes | Assorted Juices Waffles with Syrup & Margarine Canadian Bacon | Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Cinnamon Roll | Assorted Juices French Toast with Apple Topping | Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon |
| Choice of Farina or Cold Cereal | Choice of Cold Cereal or Oatmeal | Choice of Farina or Cold Cereal | Choice of Oatmeal or Cold Cereal | Choice of Farina or Cold Cereal | Choice of Cold Cereal or Oatmeal | Choice of Farina or Cold Cereal |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Chicken over Biscuits Sliced Carrots Pear Spice Cake with Icing | Orange Spiced Pork Loin Cornbread Roasted Sweet Potatoes Green Beans Rainbow Jello | V-8 Juice Chef Salad Plate Dinner Roll Fresh Strawberries over Angel Food Cake with Whipped Topping | Chicken Parmesan Rotini Noodles Key West Blend Tossed Salad Fresh Cantaloupe Vanilla Ice Cream | Meatloaf Cornbread Cheddar Mashed Potatoes Brussel Sprouts Rice Pudding with Whipped Topping | Breaded Baked Fish Scalloped Potatoes Parisian Carrots Fruit Cocktail Yellow Cake with Vanilla Icing & Sprinkles | Stuffed Green Peppers Bread & Margarine Mashed Potatoes Buttered Corn Chocolate Mousse |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Lentil Soup Saltine Crackers Cheese Pizza Tossed Salad Italian Dressing Apricots | Turkey & Rice Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Spear Curly Fries Diced Honeydew Melon | Cheddar Broccoli Soup Saltine Crackers Chicken Tenders Pasta Salad Pickled Beets with Eggs Peaches | Barley Mushroom Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onions Cucumber & Tomato Salad Blueberry Shortcake | Corn Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw Sliced Watermelon | Chicken Noodle Soup Saltine Crackers Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Potato Salad Oatmeal Raisin Cookie | Tomato Soup Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Pickle Spear Tater Tots Blushed Pears |

Arbutus Park Manor

Service Dates:

Summer 2019

September 15 – September 21, 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|---|---|--|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Assorted Juice Blueberry Pancakes Margarine | Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Hash Browns | Assorted Juice Waffles with Strawberries & Whipped Topping | Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Sausage Patty | Assorted Juice Cheese Omelet Toast, Margarine & Jelly | Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Breakfast Potatoes | Assorted Juice French Toast with Apple Topping |
| Choice of Cold Cereal or Oatmeal | Choice of Farina or Cold Cereal | Choice of Oatmeal or Cold Cereal | Choice of Farina or Cold Cereal | Choice of Oatmeal or Cold Cereal | Choice of Farina or Cold Cereal | Choice of Cold Cereal or Oatmeal |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| V-8 Juice Beef Burgundy Buttered Egg Noodles Cauliflower with Cheese Sauce Honeydew | Chicken Tetrazzini Bread & Margarine Snow Peas Pineapple Tidbits | CARNIVAL DAY Blue Raspberry Slushie Coney Island Hot Dog Cheesy Fries Fruit on a Stick Cotton Candy Cake | Spaghetti and Meatball Breadstick Italian Green Beans Chocolate Ice Cream | Chicken Waikiki Beach Dinner Roll Brown Rice Malibu Blend Vegetables Fruit Cocktail | Roast Beef Bread & Margarine Buttered Noodles Steamed Broccoli Chocolate Cake with Fudge Icing | BBQ Chicken Thigh Bread & Margarine Baked Beans Cole Slaw Vanilla Pudding |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Beef Noodle Soup Saltine Crackers Meatball Sandwich Caesar Salad Butterscotch Pudding | Bean Soup Saltine Crackers Tuna Salad Plate Dinner Roll Macaroni Salad Diced Pears | Cream of Celery Soup Saltine Crackers English Pub Beef Sandwich Pickle Spear Tomato Salad Applesauce | Minestrone Soup Saltine Crackers American Hoagie Pickle Chips Marinated Cucumber Salad Diced Watermelon | Sloppy Joe Sandwich Hash Brown Potatoes au Gratin Pepper Cole Slaw Lemon Bavarian | Macaroni & Cheese Garlic Cheese Biscuit Stewed Tomatoes Mandarin Oranges | Chicken Vegetable Soup Saltine Crackers Italian Sausage Sandwich with Peppers and Onions Potato Wedges Buttered Corn Blueberries |

Arbutus Park Manor

Summer 2019

Service Dates:

September 22 – September 28, 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|---|---|---|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Danish Bacon | Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty | Assorted Juice Cheesy Eggs Toast, Margarine & Jelly | Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Potato Pancakes | Assorted Juice Waffles with Syrup and Margarine | Assorted Juice Western Scrambled Eggs Toast, Margarine & Jelly Hash Browns | Assorted Juice French Toast with Apple Topping |
| Choice of Farina or Cold Cereal | Choice of Cold Cereal or Oatmeal | Choice of Farina or Cold Cereal | Choice of Oatmeal or Cold Cereal | Choice of Farina or Cold Cereal | Choice of Oatmeal or Cold Cereal | Choice of Cold Cereal or Farina |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Baked Ham Dinner Roll Mashed Sweet Potatoes French Cut Beans Cantaloupe | FIRST DAY OF AUTUMN Roast Pork Loin Mashed Potatoes and Gravy Sauerkraut Chocolate Cake with Vanilla Icing & Sprinkles | Roasted Turkey Bread Stuffing Mashed Potatoes Turkey Gravy Country Blend Cranberry Sauce Angel Food Cake with Peaches | Swedish Meatballs Dinner Roll Egg Noodles Summer Squash Medley Fruited Jello | Shepherds' Pie Dinner Roll Tossed Salad Honeydew | Lemon Herbed Baked Fish Roasted Potatoes Sliced Carrots Apple Betty | Spaghetti & Meat Sauce Breadstick Italian Green Beans Carrot Cake with Cream Cheese Icing |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Tomato Soup Saltine Crackers Grilled Cheese Sandwich Potato Chips Iceberg & Romaine Salad Peach Crisp | Cream of Broccoli Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread Lettuce & Tomato Three Bean Salad Applesauce | Cheddar Cheese Soup Saltine Crackers BBQ Beef Sandwich Steamed Broccoli Watermelon | Vegetable Soup Saltine Crackers Fish Strips Cornbread Muffin Cole Slaw Pears | Chicken Noodle Soup Saltine Crackers Cottage Cheese & Tomato Platter Club Crackers Fruit Pasta Salad Banana Nut Muffin | Beef Barley Soup Saltine Crackers Ham & Cheese Sandwich on a Bun Lettuce & Tomato Rotini Salad Fruit Cocktail | Chicken Florentine Soup Saltine Crackers Hot Dog on a Bun Baked Beans Creamy Cucumbers Mandarin Oranges |

Arbutus Park Manor

Service Dates:

September 29 – October 5, 2019

Autumn Menu 2019

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|---|--|--|
| <i>BREAKFAST</i> | <i>BREAKFAST</i> | <i>BREAKFAST</i> | <i>BREAKFAST</i> | <i>BREAKFAST</i> | <i>BREAKFAST</i> | <i>BREAKFAST</i> |
| Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon | Assorted Juices French Toast with Strawberries & Whipped Topping | Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Hash Browns Danish | Assorted Juices Pancakes with Syrup & Margarine Sausage Link | Assorted Juices Cheesy Eggs Toast, Margarine & Jelly Strawberries & Bananas | Assorted Juices Waffles with Syrup & Margarine Canadian Bacon | Assorted Juices Sausage & Gravy over a Biscuit |
| Choice of Farina or Cold Cereal | Choice of Oatmeal or Cold Cereal | Choice of Farina or Cold Cereal | Choice of Cold Cereal or Oatmeal | Choice of Farina or Cold Cereal | Choice of Oatmeal or Cold Cereal | Choice of Cold Cereal or Farina |
| <i>LUNCH</i> | <i>LUNCH</i> | <i>LUNCH</i> | <i>LUNCH</i> | <i>LUNCH</i> | <i>LUNCH</i> | <i>LUNCH</i> |
| Baked Ham with Pineapple Sauce Mashed Sweet Potato Green Bean Casserole Baked Apple Pie | Roast Beef Mashed Potatoes with Gravy Creamed Corn Mandarin Oranges | Ham Pot Pie Peas & Mushrooms Fruit Cocktail Fudge Brownie | Beef Burgundy over Egg Noodles Butternut Squash Diced Pears Tapioca Pudding | Roast Turkey with Gravy Bread Stuffing Mashed Potatoes Spiced Beets Cranberry Sauce Pumpkin Pie | Homemade Crab Cake Scalloped Potatoes Green Beans Almandine Peach Slices Bread Pudding | Stuffed Shells with Spaghetti Sauce Sautéed Spinach with Olive Oil & Garlic Pineapple Tidbits |
| <i>DINNER</i> | <i>DINNER</i> | <i>DINNER</i> | <i>DINNER</i> | <i>DINNER</i> | <i>DINNER</i> | <i>DINNER</i> |
| Tomato Soup Saltine Crackers Grilled Swiss Cheese on Wheat Spinach Salad Apricots | Navy Bean Soup Saltine Crackers Fish Sandwich on a Bun with Shredded Lettuce & Tartar Sauce Pepper Hash Butterscotch Pudding | New England Clam Chowder Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Sidewinder French Fries Rice Krispie Treat | Minestrone Soup Saltine Crackers Chicken Salad on a Croissant Lettuce & Tomato Three Bean Salad Sugar Cookie | French Onion Soup Saltine Crackers Meatball Sandwich Iceberg & Romaine Salad with Italian Dressing Fruited Cherry Jello | Brunswick Stew with Cornbread Creamy Cucumbers Gingerbread Cake with Whipped Topping | Potato Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw Pumpkin Mousse |