



Arbutus Park News & Notes

Arbutus Park Announces Major Gifts Campaign

We are very excited to share big news for our community, as we are launching a major gifts campaign for several campus projects. We have been working with a fundraising expert, who recently conducted a feasibility study including almost 100 interviews with leaders in the community, cottagers, staff, and resident families and friends. It was determined that we have the capacity to launch a campaign to raise \$500,000.

These funds will be used for the following projects:

Energy Efficient windows Manor-wide: \$130,000.

Security & Communication System: \$50,000.

New 15 passenger transport van: \$70,000.

Renovation of Arts & Crafts Room: \$10,000.

Doerr Wing roof and air handling replacement: \$186,000.

Doerr and East Wings hot water and chiller pumps: \$20,000.



At the time of publication, five weeks into the 'silent phase' of the campaign, we are grateful to announce that we have pledges and payments totalling \$280,865! The physical improvement

of our facilities is vital to fulfilling our mission and allows us to concentrate on remaining the premier non-profit, independent, faith-based, continuous care facility in the Laurel Highlands. This need presents us with an opportunity to make a difference in the lives of the aging population and their families. We know that you share our concern for our community. Please join us in helping those we serve – now and in the future.

If you are interested in learning more about the campaign and how you can help, please call Rick Wilson at 262-2152 arbutusparkmanor.com/revitalize



CONNECT WITH ARBUTUS!



www.ArbutusParkManor.com

Arbutus Park Retirement Community
207 Ottawa Street
Johnstown, PA 15904

Cottages Available

Arbutus Park Retirement Community has current availability to join our community: Patio Homes #7, 10, 14, 19 on Wesley Drive

If a Cottager makes a referral, they receive one month's maintenance FREE.



We would like to extend a warm welcome to those who have joined the Arbutus Park community this past month!

September Birthdays

- 4 Audrey Nahorniak
- 4 Bernard Brosig
- 8 Eva Reighard
- 9 Eugene Ritter
- 13 June Frye
- 18 Alverda Semich
- 18 Mona McKee
- 18 Ron Sottile
- 19 Fred Saintz
- 20 Jocelyn Sides
- 21 Cecilia Bencie
- 22 Mary Salay
- 24 Emma Hoffman
- 25 Virginia Layman
- 25 Kathy Fagan
- 26 Gerald Witt
- 26 Bette Wizniak
- 27 Margaret Rachael
- 28 Judy Eppley
- 28 Josephine Carpenter



September Anniversaries

- 20 Bob & Margie Roseman
- 28 Jerry & Sharon Varner
- 28 Robert & Daryle Brown

2019 Auxiliary Events

- October 4 5:30 pm – Benefit Dinner
- October 12 8 am-2 pm – Flea Market
- December 6 & 7 10 am-4 pm & 10 am-2 pm Home for the Holidays

SAVE THE DATE!

PumpkinFest: Saturday September 21 10-2pm
Car Show, Tasting Cafe, Hayride, Vendors

The Arbutus Beauty Shop is open
 Monday - Friday
 Call 814-262-2172 to schedule a visit!
 Men's haircuts are scheduled on Mondays.
 Currently seeking volunteers!

MOVIE NIGHT

Tuesday SEPT 3
 Community Room
 7:00 PM



INDEPENDENT LIVING

in the Arts & Crafts Room



September 10 6:30pm

Independent Living Exercise Classes



Tues & Thurs 3-4 pm Community Room

PINOCHLE

2nd Wednesday
 of the Month

2:00 pm

Meet in the Sun Porch



Weekly Events

Mondays

Art Class 9:00 am Arts & Crafts Room

Wednesdays

Communion 1:00 pm Chapel (2nd Wed is Mass)

Thursdays

Rosary 2:30 pm Chapel

Tuesdays & Thursdays

IL Exercise Class 3:00-4:00 pm Community Room

Amy's Recipe of the Month

Zucchini Cornbread Casserole

"A perfect side dish served along side chicken or a salad"

Ingredients:

- 4 cups shredded zucchini
- 1 onion chopped
- 2 eggs, beaten
- 1 (8.5 oz.) package dry corn muffin mix
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 8 oz cheddar cheese, shredded



Instructions:

1. Preheat oven to 350 degrees F (175 degrees C). Grease a 2 quart casserole dish.
2. In a large bowl mix together the zucchini, onion, eggs, muffin mix, salt and pepper.
3. Stir in 4 ounces of the cheese.
4. Spread this mixture into a greased 2 quart casserole dish; top with remaining 4 ounces of cheese.
5. Bake in a preheated oven for 60 minutes.

The 'Pathways' to Good Health

September is National Senior Center Month. The 2019 theme is "The Key to Aging Well."

Senior centers are the future of what aging can be. Innovative programs hosted at senior centers can change the perception of aging, and create important community resources for aging expertise.

Local senior centers are a great place to volunteer, gain access to vital information and form lasting friendships. Take part in National Senior Center Week this month by visiting one of our local centers in Johnstown and see what they have to offer!

Johnstown Senior Center 550 Main St. Johnstown, PA 15901 Phone: (814) 535-8634

East Hills Senior Center 1425 Scalp Ave., Suite 116, Johnstown, PA 15904 Phone: (814) 266-6040



Community Calendar

- | | |
|----------|--|
| Sept 1 | Log Cabin Arts Festival - Westmont cacc.org/log-house-arts-festival |
| Sept 1-7 | American Legion Cambria County Fair - Ebensburg cambriacofair.com |
| Sept 7 | Super Cruise at Greater Johnstown Christian Fellowship, 3429 Elton Road, 10-3pm
Rain or shine. Chinese Auction, Basket Raffle, 50/50. Three of Hearts Band. Food Vendors.
Benefits local Vietnam Veterans Chapter 364, Christian Fellowship and Car Clubs. |
| Sept 28 | Potatofest - Ebensburg ebensburgpa.com/potatofest |
| Sept 29 | Oldies HOP hosted by WAVE - Windber Rec 4:00 pm |

Auxiliary Doings



Wow! Heading into the fall already! While everyone else may take a break from all the activities of summer, the Auxiliary is getting ready to host some of its biggest money makers.

Our annual benefit dinner is Friday, October 4 at 5:30 pm. Men AND women, cottagers AND those not in the manor community can attend...we need ALL of you to make the dinner a success. Hors d'oeuvres, an upscale dinner planned by Buddy, Michael Facciani as post-dinner entertainment...all for a \$35 donation per ticket. Please consider supporting this once-a-year event. Any Auxiliary member or the Business Office can get you a ticket. At the end of the evening, you'll be so glad you came!



Also in October, we'll be hosting a flea market on Saturday, October 12 from 8-3. If fall cleaning has you finding items you can no longer use or need, we'll gladly take them for the flea market. They can be dropped off on Friday, October 11 between 8-2, or call Judy Eppley (322-5344) for pickup. And absolutely not to be forgotten: our baked goods table! You all outdid yourselves in June for the Bazaar bake sale, and hopefully you'll extend your expertise and generosity to our flea market bake sale also. Baked goods can be dropped off Friday, October 11 from 8-2 or Saturday at 8am. Thank you so much for helping us out!

Find your comfortable shopping shoes to take advantage of the Boscov's discount coupons we have for Wednesday, October 16. The passes are \$5 each, the Auxiliary gets to keep the entire donation (yay Boscov's!), and you'll get 25% off most everything you buy all day. There is an added bonus of registering your ticket for a chance at a shopping spree! That \$5 donation has to be the best deal ever!



Finally, a reminder to all the Auxiliary members: our next board meeting is Monday, September 23 at 7pm in the Community Room. Please try to attend. It's just not the same without you!

Learn more at: arbutusparkmanor.com/about/auxiliary

Thank You to resident Shirley Kissell for sharing these great pictures from your family visit!



September Activities Calendar

September 3	1:30 pm	Gary Stewart - Patio (Chapel for weather)
September 9	1:30 pm	Jessica Hodge Quintet Brass Group - Patio (Chapel for weather)
September 21	TBA	Tom Voytas @ PumpkinFest - Community Room Parking Lot

The Ice Cream Truck Will Return...To Be Announced!



September Food Service Calendar

September 9	5:00 pm	Cottager's Dinner, Community Room
September 10	12:00 pm	Beulahlanders Lunch, Community Room
September 13	12:00 pm	Golden Rods Lunch, IL Dining Room
September 17		Staff Appreciation Meal, Comm Room
September 20	12:00 pm	Elderberries Lunch, IL Dining Room
September 24	12:00 pm	Retired Ministers Lunch, IL Dining Room
September 25	10:30 pm	IL Brunch, Community Room



Cottager Updates

1) Upcoming Cottage Dinner RSVP Dates: October 7 Dinner RSVP by Sept 26
 September Menu: Cranberry Jello Salad, Chicken Cordon Bleu, Baked Potato, Carrots, Lemon Lush Bars
 Entertainment by Jackie Kopco

2) 'Game Night' resumes on September 10!

3) We will be sending the bus to the Mountain Playhouse again, on Friday the 27th, this time for 'The Flood' written by Rob Barron. Tickets are \$27 per person. We filled the bus last time, please RSVP to Kurt with payment by the 16th. 14 seats available. Bus departs the sunporch at 2pm.

5/31/1889

THE FLOOD

On May 31, 1889, America's most devastating loss of life from a natural disaster occurred when a dam broke and unleashed a wall of water which swept everything in its path down upon the city of Johnstown, Pennsylvania. 2,209 lives were lost. This fact-based fictional account was commissioned by the theater in 2004 and is being presented during the 130th anniversary of the tragedy. Rated PG.

4) The Ambassadors will be meeting on September 10 in advance of PumpkinFest. 1pm @ Comm Affairs.

5) Did You Know? The Varners down at Parker Ridge have quite the green thumb! The submitted pictures below illustrate their ability to grow both lemons and olives in their yard!



Arbutus Park Snapshots

Row 1&2: Luau Row 3: Cornhusking Row 4: Pies to the Face!
Row 5: New Van Wrap and Crossroads Kitchen Band



Have you 'liked' us on Facebook?

We post more updates and pictures than we are able to feature in the newsletter!

facebook.com/ArbutusParkRetirementCommunity

Message from Rev Hollis

Dear Friends,

In Luke 10 we read that Jesus sent out seventy followers to preach, teach, heal and cast out demons. Verses 17-20 tell us that The Seventy returned with joy, saying, "Lord, even the demons submit to us in Your name." He rejoiced with them but then said, "...However, don't rejoice that the spirits submit to you, but rejoice that your names are written in heaven." (Emphasis mine.)

When Jesus refers to names written in heaven, he is drawing on an ancient Hebrew belief. From the scriptures we learn that God has in heaven a book of life. David is praying against those who are persecuting him in Ps. 69:28: May they be blotted out of the book of life and not be listed with the righteous.

Jewish tradition says that God writes every person's words, deeds, and thoughts in the Book of Life, which he opens and examines on New Year—Rosh HaShanah, also known as the Feast of Trumpets. That is the first day of Ten Days of Repentance or Ten Days of Awe. The tenth day is Yom Kippur or Day of Atonement. These two are the highest holy days of the Jewish year and this year they occur from sundown of September 29 to sundown of October 9. They believe that if good deeds outnumber sinful ones for the year, that person's name will be inscribed in the book for another year on Yom Kippur. So during Rosh HaShanah and the Ten Days of Awe, people can repent of their sins and do good deeds to increase their chances of being inscribed in the Book of Life.

Now, let's look at some scriptures that tell us how this thing works since Jesus has done his salvation work. The risen Christ says in Rev. 3:5: He who overcomes will...be dressed in white. I will never blot out his name from the book of life, but will acknowledge his name before my Father and his angels. Rev. 21:27 is describing the New Jerusalem: Nothing impure will ever enter it, nor will anyone who does what is shameful or deceitful, but only those whose names are written in the Lamb's book of life.

Once you are written into the Lamb's Book of Life, you are never again blotted out. In John 6: 37 Jesus said: All that the Father gives me will come to me, and whoever comes to me I will never drive away. Nothing you can do will insure that your name is either written into or blotted out of the Lamb's Book of Life. Your good deeds don't get you in and your sins don't keep you out. A simple decision to put your trust in Christ as your Savior and LORD fits you for heaven.

Yes, good deeds are important to a Christian, just as fruit is important to a fruit tree. Fruit shows that the tree is alive; good deeds show that your faith is alive. Good deeds done because of your love for Christ will be rewarded in heaven but they can never get you into heaven. The moment you accept the atoning work of Christ and put your trust in him, you are God's child. That's called regeneration. 2 Corinthians 5:17 says: Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

An old song by Austin Miles says:
There's a new name written down in glory,
And it's mine, O yes, it's mine!
And the white robed angels sing the story,
A sinner has come home.
For there's a new name written down in glory,
And it's mine, O yes, it's mine!
With my sins forgiven I am bound for Heaven,
Never more to roam.



Can you make that same confession? Are you assured that your name is in the Lamb's Book of Life? If not, this is a good day to nail that down by simply confessing that you are a sinner and asking Jesus to forgive you and come into your heart.

Shalom from Pastor John D. Hollis, Chaplain

SEPTEMBER CHAPEL GUESTS:

Sunday	Sept 1, 2:00 pm	Rev Larry Rowe, Retired UM Pastor. Music by Ed Miller
Wednesday	Sept 4, 1:45 pm	Pastor Rob Wolf, Pleasant Hill COB
Sunday	Sept 8, 2:00 pm	"United" Christian Band, Harry Huzsek, Leader
Wednesday	Sept 11, 1:45 pm	Rev Jean Smith, Belmont UMC
Sunday	Sept 15, 2:00 pm	Rev Dr David Stains, Retired UM Pastor
Wednesday	Sept 18, 1:45 pm	Dan Krestar, Certified Lay Speaker, Dunlo UMC
Sunday	Sept 22, 2:00 pm	Rev Joe Stains & Mt Hope UM Choir
Wednesday	Sept 25, 1:45 pm	David Kissinger, Certified Lay Speaker, Elton Zion UMC
Sunday	Sept 29, 2:00 pm	Rev Charles & Sharon Shaffer, Retired UM Pastor & Wife

ARBUTUS PARK RETIREMENT COMMUNITY
207 OTTAWA STREET
JOHNSTOWN, PA 15904

RETURN SERVICE REQUESTED



Pathways is a monthly newsletter. Please contact Arbutus Park Community Affairs with questions or comments at kroberts@arbutusparkmanor.com



Our purple shirt fundraiser has been so popular, we keep ordering more! For \$12 you can support our Alzheimer's Walk team by ordering a shirt through the Business Office.
(Orders placed periodically)

