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### *Arbutus Park News & Notes*

#### Senator Celebrates Recent Landmark Birthdays

Senator Wayne Langerholc, Jr. visited us to present Senate Citations to five wonderful residents celebrating 100+ birthdays. (l-r) Grace Thomas 105, Irene Murray 102, Beulah Walls 101, Elizabeth Zihalla, and Rose Garaventa's 100. "These five inspirational women have been outstanding citizens who exemplify the finest virtues of life and I wish them future happiness and fulfillment." -Senator



#### Another Great Family Picnic

Thank you to everyone who attended the big family picnic! Great food, music, and fellowship were enjoyed by residents, friends, and families of the manor. We were also honored to be able to hold a ribbon-cutting ceremony for the new Community Room parking lot made possible through 'Win's Wish.'



#### PumpkinFest: Saturday, September, 21 10-2pm

Plans for the third annual Great PumpkinFest underway. This year, we've added new and exciting events including a campus hayride, carnival games, and a classic car show. Returning this year is our popular Pumpkin Patch Cafe. For a \$10 donation, you can sample delicious fall inspired products and dishes from our local shops and restaurants. All donations benefit the Arbutus Benevolent Care Fund. Shop for fall and holiday crafts and gifts at our vendor show. We also have live music and a kids activity area. It's a wonderful day and everyone is welcome! Please, invite your friends and family to join the fun! [arbutusparkmanor.com/pumpkinfest](http://arbutusparkmanor.com/pumpkinfest)



## CONNECT WITH ARBUTUS!



[www.ArbutusParkManor.com](http://www.ArbutusParkManor.com)

Arbutus Park Retirement Community  
207 Ottawa Street  
Johnstown, PA 15904

#### Arbutus Park Manor Offering Peritoneal Dialysis

As we continue to explore ways to best serve our community, we have started offering peritoneal dialysis at the manor. [arbutusparkmanor.com/care-choices](http://arbutusparkmanor.com/care-choices)

#### Independent Living Cottages Available

Arbutus Park Retirement Community has a few options to join our community:  
Patio Homes #7, 10, 14, 19 on Wesley Drive      Parker Ridge Lot #16  
If a Cottager makes a referral, they receive one month's maintenance FREE.



*We would like to extend a warm welcome to those who have joined the Arbutus Park community this past month!*

### *August Birthdays*

- 1 James Mowrey
- 3 Mary Rager
- 5 Alice Mickel
- 6 Jim Davis
- 6 Joan Fabina
- 6 Joyce Fabina
- 9 Patricia Kipp
- 12 Betty Sterle
- 12 Rose Seese
- 14 Anna Walko
- 16 Joan Gregory
- 22 Alberta Ciucci
- 23 Naomi Goisovich
- 24 Anne Cvrkel
- 24 Kristine Olsen



### *August Anniversaries*

- 4 Ben & Mona McKee
- 10 Dick & Marjean Barber
- 28 John & Ruth Hollis

### **Attention Arbutus Residents**

Did we miss your birthday or anniversary?  
Please let us know by calling 814-262-2150

### **2019 Auxiliary Events**

- August 2 - 12:00 pm – Party & Luncheon
- October 4 5:30 pm – Benefit Dinner
- October 12 8:00 am-2:00 pm – Flea Market
- December 6 & 7 10:00 am-4:00 pm & 10:00 am-2:00 pm Home for the Holidays

### **SAVE THE DATE!**

**PumpkinFest: Saturday September 21 10-2pm**  
**Car Show, Tasting Cafe, Hayride, Vendors**

The Arbutus Beauty Shop is open  
Monday - Friday  
Call 814-262-2172 to schedule a visit!  
Men's haircuts are scheduled on Mondays.  
Currently seeking volunteers!

# MOVIE NIGHT

Tuesday AUG 6

Community Room

7:00 PM

AUDREY ALAN RICHARD  
HEPBURN ARKIN CRENNA

WAIT UNTIL DARK

## Support Arbutus Park Retirement Community.

When you shop at [smile.amazon.com](https://smile.amazon.com),  
Amazon donates.

Go to [smile.amazon.com](https://smile.amazon.com)

### Independent Living Exercise Classes



Tues & Thurs 3-4 pm Community Room

## PINOCHLE

2nd Wednesday  
of the Month

2:00 pm

Meet in the Sun Porch



### Weekly Events

#### Mondays

Art Class 9:00 am Arts & Crafts Room

#### Wednesdays

Communion 1:00 pm Chapel (2nd Wed is Mass)

#### Thursdays

Rosary 2:30 pm Chapel

#### Tuesdays & Thursdays

IL Exercise Class 3:00-4:00 pm Community Room

# Amy's Recipe of the Month

## Raspberry Ice Box Cake

### Ingredients:

- 1 cup boiling water
- 15 oz frozen raspberries
- 20 large marshmallows
- 1/3 cup milk
- 1 cup heavy whipping cream, whipped
- 24 crushed graham crackers
- 1/3 cup packed brown sugar
- 1 (6 oz) box raspberry flavored Jello mix



### Instructions:

1. Preheat oven to 350 degrees F (175 degrees C).
2. Mix graham cracker wafer crumbs, butter and brown sugar until well combined. Set aside 1/4 cup of this mixture for a topping and press the remainder into one 9x13 inch pan.
3. Bake at 350 degrees F (175 degrees C) for 10 minutes. Set aside to cool.
4. Dissolve raspberry gelatin in the boiling water and add the frozen raspberries, stirring until melted. Chill until partially set and spread on wafer base.
5. Melt marshmallows with the milk. When cool, fold in whipped cream and spread on top of raspberry mixture. Sprinkle with remaining crumbs. Chill for 3-4 hours before serving.

# The 'Pathways' to Good Health

## Dog Days of Summer

This well known phrase refers to the hottest days of the summer, typically mid July until the end of August. The heat can be dangerous for your fur baby. Take these precautions to ensure your pet has fun in the sun.

- 1) Pets dehydrate quickly. Be sure to freshen their water bowl with fresh clean and cold water throughout the day.
- 2) When outside, be sure your pet has a shady, cool place to rest. Keep them indoors when it's extremely hot.
- 3) Know the signs of overheating. They include excessive panting, difficulty breathing, drooling, mild weakness and a body temp over 104 degrees.
- 4) Don't leave pets unsupervised around a swimming pool or hot tub.
- 5) Don't let your dog linger on hot asphalt. If it's too hot for you in bare feet, it's too hot for your dog or cat.
- 6) Keep antifreeze and yard care products out of reach
- 7) Finally, never use fireworks around your pet.



Consult with your vet if you have any questions. Enjoy the rest of the Dog Days of Summer!

# Community Calendar

Aug 2-3	AmeriServ Flood City Music Festival - People's Natural Gas Park - <a href="http://floodcitymusic.com">floodcitymusic.com</a>
Aug 5-11	AAABA Tournament - Point Stadium - <a href="http://www.aaabajohnstown.org">www.aaabajohnstown.org</a>
Aug 10	Woodstock 50th Anniversary Celebration Concert - People's Natural Gas Park - 7 pm
Aug 17-18	Garlic Festival - Faranda Farms, Hollsopple - 10 am - 5 pm
Aug 24	Back To The Garden- 1969 - "50 Years of Woodstock" - Arcadia Theater - 7:30 pm
Aug 30-31	Cambria City Ethnic Festival - Cambria City - All Day
Aug 31	Log House Arts Festival - Community Arts Center of Cambria County - All Day

# Auxiliary Doings

First and foremost, a really big thank you to everyone who helped make our June bazaar a success. If you purchased a great buy from the items being sold, if you bought lunch that day, or several baked goods - we thank you for being a part of helping us earn over \$4,000! To those who supplied us with yummy baked goods, your time, generosity and skill do not go unappreciated. Without your help, our event would not be as special.



How are we spending this money that we earn? Take a look at the two beautiful new chairs by the glass showcase as you enter the manor; or think about 10 new nightstands for the rooms or 4 new trays for personal care. Each item is bought solely with money raised through our events. If you have helped us - buying a ticket, buying a lunch, bringing in baked goods to be sold - you have also helped in making the lives of our residents more comfortable.



And so we never rest. In the next 2 months, you'll be hearing about our Boscov's discount coupons, our annual benefit dinner on Oct 4, and our fall flea market on October 13.

Because seats may be limited, get your tickets early for the Oct 4 benefit dinner. Hors d'oeuvres at 5:30; dinner at 6:00, entertainment (Michael Facciani) after dinner - all for a \$35 donation. Dress isn't formal, just 'Sunday best' and we guarantee it will be a special evening! Ask any Auxiliary member about a ticket or inquire at the Business Office.

The Boscov's 25% shopping pass will be good Tuesday Oct 16, at all Boscov's locations. The pass is only \$5, but you can more than make up that amount in the savings you earn on your purchases. (Think early Christmas shopping to save even more!) Plus, the pass allows you to register to win prizes, such as a shopping spree! Now who would want to miss that opportunity? (If there is enough interest, Community Affairs may facilitate a bus trip to the mall that day. If interested, contact Kurt.)



In the next Pathways, we'll talk about our upcoming fall flea market - mark the date of Oct 13 on your calendar so you do not forget! Again, thank you for your support. As you give, so may you be blessed.

Learn more at: [arbutusparkmanor.com/about/auxiliary](http://arbutusparkmanor.com/about/auxiliary)

*Yinz is from the Picksburgh area or maybe you grew up near there if:...*

- 1) You walk carefully when it is "slippy" outside.
- 2) You often go down to the "crick".
- 3) You've told your children to "red up" their rooms.
- 4) You've gotten hurt by falling into a "jaggerbush".
- 5) Your mother or grandmother has been seen wearing a "babushka."
- 6) You've "worshed" the clothes.
- 7) You know what a "still mill" is.
- 8) You walk up to three of your friends and say, "HEY, YINZ GUYS!"
- 9) You order "dippy eggs" in a restaurant and get exactly what you wanted.



# August Activities Calendar

<b>August 2</b>	1:30 pm	Jackie Kopco (keyboard/singer) - Patio (Chapel for weather)
<b>August 16</b>	6-8:30 pm	LUAU! - Patio - Friends and Family Welcome
<b>August 20</b>	1:30 pm	Fred & Nancy Warshel - Patio (Chapel for weather)



# August Food Service Calendar

<b>August 2</b>	12:00 pm	Auxiliary Melodic Luncheon, Community Room
<b>August 5</b>	5:00 pm	Cottager's Dinner, Community Room
<b>August 8</b>	12:00 pm	Belmont UM Church, Community Room
<b>August 9</b>	12:00 pm	Golden Rods Lunch, IL Dining Room
<b>August 13</b>	12:00 pm	Beulahlanders Lunch, Community Room
<b>August 16</b>	12:00 pm	Elderberries Lunch, IL Dining Room
<b>August 21</b>	10:00 pm	IL Brunch, Community Room
<b>August 27</b>	12:00 pm	Retired Ministers Lunch, IL Dining Room



Elderberries share a delicious meal and friendship on the third Friday of every month at noon in the IL Dining Room. Meal is \$9.00.

Widows, widowers and singles are welcome to join us. For a reservation call Joanne Messer at 241-6499

# Cottager Updates

1) Upcoming Cottage Dinner RSVP Dates:

September 9 Dinner RSVP by Aug 29    October 7 Dinner RSVP by Sept 26

August Menu: Ham Loaf, Scalloped Potatoes, Baked Corn, Salad, Ice Cream Sandwich.

**We still need hosts for December!**

2) We will be heading down to the Altoona Curve for another night at the ballpark! The game is Tuesday August 27. Bus leaves the Sunporch at 5:00 pm. Tickets are \$10 and we have 12 seats on the bus. RSVP to Kurt by Aug 16.

3) Based on cottager feedback, the monthly 'Game Night' will be taking a break until September 10.

4) We filled the bus for the July Mountain Playhouse trip! Feedback will be gathered for a date at the end of September to see 'The Flood' written by Rob Barron.



On May 31, 1889, America's most devastating loss of life from a natural disaster occurred when a dam broke and unleashed a wall of water which swept everything in its path down upon the city of Johnstown, Pennsylvania. 2,209 lives were lost. This fact-based fictional account was commissioned by the theater in 2004 and is being presented during the 130th anniversary of the tragedy. Rated PG.



# *Arbutus Park Snapshots*

Row 1&2: Family Picnic    Row 3&4: Carnival!

Row 5: PC Wrapping Gobs for the Picnic



Have you 'liked' us on Facebook?

We post more updates and pictures than we are able to feature in the newsletter!

[facebook.com/ArbutusParkRetirementCommunity](https://facebook.com/ArbutusParkRetirementCommunity)

# Message from Rev Hollis

Dear Friends,

In many places in Scripture the Kingdom of God is likened to a great wedding feast. For example, we read in Matthew 22:1-13: Once more Jesus spoke to them in parables: 2 "The kingdom of heaven may be compared to a king who gave a wedding banquet for his son. 3 He sent out his slaves to summon those invited to the banquet, but they didn't want to come....

Those invited gave lame excuses and so the king sent out his slaves to gather others.

The wedding banquet was filled with guests. 11 But when the king came in to view the guests, he saw a man there who was not dressed for a wedding. 12 So he said to him, 'Friend, how did you get in here without wedding clothes?' The man was speechless. 13 "Then the king told the attendants, 'Tie him up hand and foot, and throw him into the outer darkness, where there will be weeping and gnashing of teeth.'

The man without proper clothes had no defense because the historical writer Flavius Josephus tells us that, in those days, great houses had big closets full of festive garments just for such occasions. As soon as the man stepped into the foyer, he would have been offered a wedding garment. But evidently he thought his street clothes were good enough. And so, in he goes—without a wedding garment. So he has no excuse; he was offered a wedding garment—the shining white robe of Christ's righteousness in exchange for the "filthy rags" of his own righteousness.

John 14:2-3 has reference to a wedding. There Jesus says to his followers: In My Father's house are many dwelling places; if not, I would have told you. I am going away to prepare a place for you. 3 If I go away and prepare a place for you, I will come back and receive you to Myself, so that where I am you may be also.

These are the very words a Hebrew man would say to his beloved when making a formal marriage proposal. In that culture, when a man entered into a marriage covenant, he would build a bridal chamber. Often it would be an addition to his father's house. His father would monitor the progress and, only when he felt that it was adequately furnished and decorated, would he give the word for his son to go and get his bride and bring her home. If a friend came by and asked, "When's the big day?" he would have to say; "Only my father knows for sure." Jesus said in Matthew 24:36: "Now concerning that day and hour no one knows—neither the angels in heaven, nor the Son —except the Father only.

Everyone who has said, "Yes" to Christ is a part of His bride. One day He will catch away His bride and the great Marriage Supper of the Lamb will begin. Paul describes that event in 1 Thessalonians 4:16: For the Lord Himself will descend from heaven with a shout, with the archangel's voice, and with the trumpet of God, and the dead in Christ will rise first. 17 Then we who are still alive will be caught up together with them in the clouds to meet the Lord in the air and so we will always be with the Lord. 18 Therefore encourage one another with these words.

In the meantime, every feast and common meal is a reminder and a foretaste of that coming great day that Jesus spoke about when He said: I tell you that many will come from east and west, and recline at the table with Abraham, Isaac, and Jacob in the kingdom of heaven (Matthew 8:11). Are you wearing your wedding garment? If not, ask Jesus to forgive your sins and come into your heart as your Savior and LORD.

Shalom from Pastor John D. Hollis, Chaplain

## **AUGUST CHAPEL GUESTS:**

Sunday	Aug 4, 2:00 pm	Rev Eric Lasure, Blough Mennonite Church
Wednesday	Aug 7, 1:45 pm	Rev Ruth Moore, Retired UM Pastor
Sunday	Aug 11, 2:00 pm	Pastor John Hollis, APM Chaplain
Wednesday	Aug 14, 1:45 pm	Natalie Marionneaux, Community Outreach Missionary at Grove Ave UMC
Sunday	Aug 18, 2:00 pm	Becky Rusnak, Certified Lay Speaker, Elton Zion UMC Twins Megan and Kaitlyn sing
Wednesday	Aug 21, 1:45 pm	Rev Daryl and Lori Penrod, Elton Zion UMC
Sunday	Aug 25, 2:00 pm	Luella Krieger, "Visitors From the Past"
Wednesday	Aug 28, 1:45 pm	Rev Phyllis Diamond, Moxham Lutheran Church

ARBUTUS PARK RETIREMENT COMMUNITY  
207 OTTAWA STREET  
JOHNSTOWN, PA 15904

RETURN SERVICE REQUESTED



Pathways is a monthly newsletter. Please contact Arbutus Park Community Affairs with questions or comments at [kroberts@arbutusparkmanor.com](mailto:kroberts@arbutusparkmanor.com)



*Arbutus Park*  
RETIREMENT COMMUNITY  
207 Ottawa St. Johnstown, PA 15904

**Great  
Pumpkinfest  
&  
Fun Walk**

**Live Music  
Kid's Area  
Shop Vendors  
Campus Hayride  
Classic Car Show**

**Saturday September 21**  
10:00 am - 2:00 pm

**Concessions - \$10 Tasting Cafe**

**FREE ADMISSION**

**More Information**  
[arbutusparkmanor.com/pumpkinfest](http://arbutusparkmanor.com/pumpkinfest)  
Benefits Benevolent Care Fund

