

Arbutus Park Manor

Summer 2019

Service Dates:

August 4 – August 10, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
Assorted Juice Blueberry Pancakes Margarine	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Hash Browns	Assorted Juice Waffles with Strawberries & Whipped Topping	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Sausage Patty	Assorted Juice Cheese Omelet Toast, Margarine & Jelly	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping
Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
V-8 Juice Beef Burgundy Buttered Egg Noodles Cauliflower with Cheese Sauce Honeydew	Chicken Tetrazzini Bread & Margarine Snow Peas Pineapple Tidbits	Roast Pork with Gravy Mashed Sweet Potatoes Creamed Spinach Peach Cobbler	Spaghetti and Meatball Breadstick Italian Green Beans Chocolate Ice Cream	Chicken Waikiki Beach Dinner Roll Brown Rice Corn on the Cob Fruit Cocktail	Roast Beef Bread & Margarine Buttered Noodles Steamed Broccoli Chocolate Cake with Fudge Icing	BBQ Chicken Thigh Bread & Margarine Baked Beans Cole Slaw Vanilla Pudding
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Beef Noodle Soup Saltine Crackers Meatball Sandwich Caesar Salad Butterscotch Pudding	Bean Soup Saltine Crackers Tuna Salad Plate Dinner Roll Macaroni Salad Diced Pears	Cream of Celery Soup Saltine Crackers English Pub Beef Sandwich Pickle Spear Tomato Salad Applesauce	Minestrone Soup Saltine Crackers American Hoagie Pickle Chips Marinated Cucumber Salad Diced Watermelon	Sloppy Joe Sandwich Hash Brown Potatoes au Gratin Pepper Cole Slaw Lemon Bavarian	Macaroni & Cheese Garlic Cheese Biscuit Stewed Tomatoes Mandarin Oranges	Chicken Vegetable Soup Saltine Crackers Italian Sausage Sandwich with Peppers and Onions Potato Wedges Buttered Corn Blueberries

Arbutus Park Manor

Summer 2019

Service Dates:

August 11 – August 17, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Danish Bacon	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Potato Pancakes	Assorted Juice Waffles with Syrup and Margarine	Assorted Juice Western Scrambled Eggs Toast, Margarine & Jelly Hash Browns	Assorted Juice French Toast with Apple Topping
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham Dinner Roll Mashed Sweet Potatoes French Cut Beans Cantaloupe	Roast Pork Loin Mashed Potatoes and Gravy Sauerkraut Chocolate Cake with Vanilla Icing & Sprinkles	Roasted Turkey Bread Stuffing Mashed Potatoes Turkey Gravy Country Blend Cranberry Sauce Angel Food Cake with Peaches	Swedish Meatballs Dinner Roll Egg Noodles Summer Squash Medley Fruited Jello	Shepherds' Pie Dinner Roll Corn on the Cob Tossed Salad Honeydew	LUAU DAY Pineapple Juice Grilled Huli Huli Chicken Potato Medley Candied Carrots Hawaiian Cake	Spaghetti & Meat Sauce Breadstick Italian Green Beans Carrot Cake with Cream Cheese Icing
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Saltine Crackers Grilled Cheese Sandwich Potato Chips Iceberg & Romaine Salad Peach Crisp	Cream of Broccoli Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread Lettuce & Tomato Three Bean Salad Applesauce	Cheddar Cheese Soup Saltine Crackers BBQ Beef Sandwich Steamed Broccoli Watermelon	Vegetable Soup Saltine Crackers Fish Strips Cornbread Muffin Cole Slaw Pears	Chicken Noodle Soup Saltine Crackers Cottage Cheese & Tomato Platter Club Crackers Fruit Pasta Salad Banana Nut Muffin	Beef Barley Soup Saltine Crackers Ham & Cheese Sandwich on a Bun Lettuce & Tomato Rotini Salad Fruit Cocktail	Chicken Florentine Soup Saltine Crackers Hot Dog on a Bun Baked Beans Creamy Cucumbers Mandarin Oranges

Arbutus Park Manor

Service Dates:

Summer 2019

August 18 – August 24, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices Scrambled Eggs English Muffin Margarine & Jelly Breakfast Potatoes	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly Donut Holes	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Cinnamon Roll	Assorted Juices French Toast with Apple Topping	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken over Biscuits Sliced Carrots Pear Spice Cake with Icing	Orange Spiced Pork Loin Cornbread Roasted Sweet Potatoes Green Beans Rainbow Jello	V-8 Juice Chef Salad Plate Dinner Roll Fresh Strawberries over Angel Food Cake with Whipped Topping	Chicken Parmesan Rotini Noodles Key West Blend Tossed Salad Fresh Cantaloupe Vanilla Ice Cream	Meatloaf Cornbread Cheddar Mashed Potatoes Brussel Sprouts Rice Pudding with Whipped Topping	Breaded Baked Fish Scalloped Potatoes Parisian Carrots Fruit Cocktail Yellow Cake with Vanilla Icing & Sprinkles	Stuffed Green Peppers Bread & Margarine Mashed Potatoes Corn on the Cob Chocolate Mousse
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Lentil Soup Saltine Crackers Cheese Pizza Tossed Salad Italian Dressing Apricots	Turkey & Rice Soup Saltine Crackers Hamburger on a Bun with Lettuce & Tomato Pickle Spear Curly Fries Diced Honeydew Melon	Cheddar Broccoli Soup Saltine Crackers Chicken Tenders Pasta Salad Pickled Beets with Eggs Peaches	Barley Mushroom Soup Saltine Crackers Cheese Steak Sandwich with Peppers & Onions Cucumber & Tomato Salad Blueberry Shortcake	Corn Chowder Saltine Crackers BBQ Pork on a Bun Baked Beans Cole Slaw Sliced Watermelon	Chicken Noodle Soup Saltine Crackers Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Potato Salad Oatmeal Raisin Cookie	Tomato Soup Saltine Crackers Breaded Chicken Sandwich with Lettuce & Tomato Pickle Spear Tater Tots Blushed Pears

Arbutus Park Manor

Service Dates:

Summer 2019

August 25 – August 31, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Blueberry Pancakes Margarine	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Hash Browns	Assorted Juice Waffles with Strawberries & Whipped Topping	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Sausage Patty	Assorted Juice Cheese Omelet Toast, Margarine & Jelly	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping
Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
V-8 Juice Beef Burgundy Buttered Egg Noodles Cauliflower with Cheese Sauce Honeydew	Chicken Tetrazzini Bread & Margarine Snow Peas Pineapple Tidbits	Roast Pork with Gravy Mashed Sweet Potatoes Creamed Spinach Peach Cobbler	Spaghetti and Meatball Breadstick Italian Green Beans Chocolate Ice Cream	Chicken Waikiki Beach Dinner Roll Brown Rice Corn on the Cob Fruit Cocktail	Roast Beef Bread & Margarine Buttered Noodles Steamed Broccoli Chocolate Cake with Fudge Icing	BBQ Chicken Thigh Bread & Margarine Baked Beans Cole Slaw Vanilla Pudding
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Noodle Soup Saltine Crackers Meatball Sandwich Caesar Salad Butterscotch Pudding	Bean Soup Saltine Crackers Tuna Salad Plate Dinner Roll Macaroni Salad Diced Pears	Cream of Celery Soup Saltine Crackers English Pub Beef Sandwich Pickle Spear Tomato Salad Applesauce	Minestrone Soup Saltine Crackers American Hoagie Pickle Chips Marinated Cucumber Salad Diced Watermelon	Sloppy Joe Sandwich Hash Brown Potatoes au Gratin Pepper Cole Slaw Lemon Bavarian	Macaroni & Cheese Garlic Cheese Biscuit Stewed Tomatoes Mandarin Oranges	Chicken Vegetable Soup Saltine Crackers Italian Sausage Sandwich with Peppers and Onions Potato Wedges Buttered Corn Blueberries