

Arbutus Park Manor

Spring Menu 2019

Service Dates:

June 2 – June 8, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Mini Cinnamon Roll	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin	Assorted Juice Waffles with Syrup & Margarine Bacon Donut Holes	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Sausage Link	Assorted Juice Cheesy Eggs Toast with Margarine & Jelly Potato Pancakes	Assorted Juice French Toast with Strawberries & Whipped Topping Canadian Bacon
Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Roast Turkey Gravy Bread Stuffing Mashed Potatoes Country Blend Vegetables Cranberry Sauce Cinnamon Applesauce	Chicken Broccoli Stir Fry Steamed Rice Malibu Blend Vegetables Vanilla Pudding	Spaghetti and Meatballs Breadstick Italian Green Beans Diced Peaches	Roast Beef with Gravy Dinner Roll Scalloped Potatoes Parisian Carrots Cherry Jello	Roast Pork Whole Wheat Bread and Margarine Fresh Sweet Potato Green Beans Oatmeal Raisin Cookie	Butter Crumb Fish Buttered Egg Noodles Baked Corn Strawberry Shortcake	Baked Kielbasa Dinner Roll Mashed Potatoes Sauerkraut Applesauce
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Minestrone Soup Saltine Crackers American Hoagie Pickle Spear Marinated Cucumber Salad Fudge Brownie	Cream of Celery Soup Saltine Crackers Ham Salad Sandwich on a Bun Tater Tots Tomato Salad Fruit Cocktail	Turkey & Rice Soup Saltine Crackers Sloppy Joe Sandwich Hash Brown au Gratin Cole Slaw Lemon Bavarian	Bean Soup Saltine Crackers Cheese Pizza Tossed Salad Italian Dressing Apricots	Vegetable Soup Saltine Crackers Tuna & Potato Salad Platter Dinner Roll & Margarine Blushed Pears	New England Clam Chowder Saltine Crackers Macaroni & Cheese Stewed Tomatoes Pineapple Tidbits	Italian Wedding Soup Saltine Crackers Chicken Tenders Brown Rice Pickled Beets with Eggs Cherry Pie

Milk, Coffee, Tea and Decaffeinated Beverages are available at each Meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich



Arbutus Park Manor

Spring Menu 2019

Service Dates:

June 9 – June 15, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Breakfast Potatoes	Assorted Juice Pancakes with Syrup & Margarine Sausage Patty	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Bacon	Assorted Juice Cheese Omelet English Muffin with Margarine & Jelly	Assorted Juice Waffles with Syrup & Margarine Sausage Link	Assorted Juice Scrambled Eggs Toast with Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping Breakfast Ham
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Oven Fried Chicken Baked Potato Buttered Corn Tropical Fruit Cup Chocolate Cake with Chocolate Icing	Beef Stroganoff Buttered Noodles Peas & Carrots Fruit Cocktail	Chicken over Waffles Green Peas Diced Pears	Roasted Turkey Whole Wheat Roll Mashed Sweet Potatoes Malibu Blend Vegetables Mandarin Oranges	Salisbury Steak Mashed Potatoes with Gravy Steamed Broccoli Creamy Cucumbers Yellow Cake with Chocolate Icing & Sprinkles	Cheese Ravioli Breadstick Zucchini & Yellow Squash Pear Crisp	Stuffed Green Peppers Bread with Margarine Mashed Potatoes Corn Pineapple Upside Down Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Lentil Soup Saltine Crackers Hot Dog on a Bun Baked Beans Cole Slaw Chocolate Ice Cream	Spaghetti & Meat Sauce Breadstick California Blend Vegetables Tossed Salad Red Velvet Cake with Icing	Cheddar Cheese Soup Saltine Crackers BBQ Pork on a Bun Green Beans Pepper Cole Slaw Baked Apple Pie	Cream of Asparagus Soup Saltine Crackers Chicken Salad Sandwich on Wheat Bread With Lettuce & Tomato Three Bean Salad Lemon Poppy Seed Cake	Beef Barley Soup Saltine Crackers Ham & Cheese Sandwich on a Croissant Pasta Salad Fruit Cocktail Sugar Cookie	Chicken & Rice Soup Saltine Crackers Breaded Fish Sandwich Carrot Raisin Salad Angel Food Cake with Peaches	Cheese Steak Sandwich with Peppers & Onion Potato Wedges Lime Jello with Pears

Milk, Coffee, Tea and Decaffeinated Beverages are available at each Meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich



Nutritious Food, Expert Management, Superior Service

Arbutus Park Manor

Service Dates:

Summer 2019

June 16 – June 22, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juices Scrambled Eggs English Muffin Margarine & Jelly Breakfast Potatoes	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly Donut Holes	Assorted Juices Waffles with Syrup & Margarine Canadian Bacon	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Cinnamon Roll	Assorted Juices French Toast with Apple Topping	Assorted Juices Scrambled Eggs Toast, Margarine & Jelly Bacon
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
FATHER'S DAY Chicken over Biscuits Bread & Margarine Sliced Carrots Pear Spice Cake with Icing	Orange Spiced Pork Loin Cornbread Roasted Sweet Potatoes Green Beans Rainbow Jello	Celebrating the State of FLORIDA Florida Orange Juice Cuban Sandwich Kettle Chips Plantains Key Lime Pie	Chicken Parmesan Rotini Noodles Key West Blend Tossed Salad Fresh Cantaloupe Vanilla Ice Cream	Meatloaf Cornbread Cheddar Mashed Potatoes Brussel Sprouts Rice Pudding with Whipped Topping	"First Day of SUMMER" Breaded Baked Fish Scalloped Potatoes Parisian Carrots Fruit Cocktail Yellow Cake with Vanilla Icing & Sprinkles	Stuffed Green Peppers Bread & Margarine Mashed Potatoes Buttered Corn Chocolate Mousse
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Lentil Soup Cheese Pizza Tossed Salad Italian Dressing Apricots	Turkey & Rice Soup Hamburger on a Bun with Lettuce & Tomato Pickle Spear Curly Fries Diced Honeydew Melon	Cheddar Broccoli Soup Chicken Tenders Pasta Salad Pickled Beets with Eggs Peaches	Barley Mushroom Soup Cheese Steak Sandwich with Peppers & Onions Cucumber & Tomato Salad Blueberry Shortcake	Corn Chowder BBQ Pork on a Bun Baked Beans Cole Slaw Sliced Watermelon	Chicken Noodle Soup Egg Salad Sandwich on Wheat Bread with Lettuce & Tomato Potato Salad Oatmeal Raisin Cookie	Tomato Soup Breaded Chicken Sandwich with Lettuce & Tomato Pickle Spear Tater Tots Blushed Pears

Milk, Coffee, Tea and Decaffeinated Beverages are available at each meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich



Arbutus Park Manor

Summer 2019

Service Dates:

June 23 – June 29, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Blueberry Pancakes Margarine	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Hash Browns	Assorted Juice Waffles with Strawberries & Whipped Topping	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Sausage Patty	Assorted Juice Cheese Omelet Toast, Margarine & Jelly	Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Breakfast Potatoes	Assorted Juice French Toast with Apple Topping
Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
V-8 Juice Beef Burgundy Buttered Egg Noodles Garden Peas Honeydew	Chicken Tetrastini Bread & Margarine Snow Peas Pineapple Tidbits	Roast Pork with Gravy Mashed Sweet Potatoes Creamed Spinach Peach Cobbler	Spaghetti and Meatball Garlic Toast Italian Green Beans Chocolate Ice Cream	Chicken Waikiki Beach Dinner Roll Brown Rice Malibu Blend Vegetables Fruit Cocktail	Roast Beef Bread & Margarine Buttered Noodles Steamed Broccoli Chocolate Cake with Fudge Icing	BBQ Chicken Thigh Bread & Margarine Baked Beans Cole Slaw Vanilla Pudding
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Noodle Soup Meatball Sandwich Caesar Salad Butterscotch Pudding	Bean Soup Tuna Salad Plate Dinner Roll Macaroni Salad Diced Pears	Cream of Celery Soup English Pub Beef Sandwich Pickle Spear Tomato Salad Applesauce	Minestrone Soup American Hoagie Pickle Chips Marinated Cucumber Salad Diced Watermelon	Sloppy Joe Sandwich Hash Brown Potatoes au Gratin Pepper Cole Slaw Lemon Bavarian	Macaroni & Cheese Garlic Cheese Biscuit Stewed Tomatoes Mandarin Oranges	Chicken Vegetable Soup Italian Sausage Sandwich with Peppers and Onions Potato Wedges Buttered Corn Blueberries

Milk Coffee, Tea, Decaffeinated Beverages are always available at each meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich



Arbutus Park Manor

Summer 2019

Service Dates:

June 30 – July 6, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Assorted Juice Scrambled Eggs Toast, Margarine & Jelly Danish Bacon	Assorted Juice Pancakes with Strawberries & Whipped Topping Sausage Patty	Assorted Juice Cheesy Eggs Toast, Margarine & Jelly	Assorted Juice Canadian Bacon, Egg & Cheese Sandwich on an English Muffin Potato Pancakes	Assorted Juice Waffles with Syrup and Margarine	Assorted Juice Western Scrambled Eggs Toast, Margarine & Jelly Hash Browns	Assorted Juice French Toast with Apple Topping
Choice of Farina or Cold Cereal	Choice of Cold Cereal or Oatmeal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Farina or Cold Cereal	Choice of Oatmeal or Cold Cereal	Choice of Cold Cereal or Farina
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham Dinner Roll Mashed Sweet Potatoes French Cut Beans Cantaloupe	Roast Pork Loin Mashed Potatoes and Gravy Sauerkraut Chocolate Cake with Vanilla Icing & Sprinkles	Roasted Turkey Bread Stuffing Mashed Potatoes Turkey Gravy Country Blend Cranberry Sauce Angel Food Cake with Peaches	Swedish Meatballs Dinner Roll Egg Noodles Summer Squash Medley Fruited Jello	Independence Day Hot Dog on a Bun Pasta Salad Blueberries Cherry Pie	Lemon Herbed Baked Fish Roasted Potatoes Sliced Carrots Apple Betty	Spaghetti & Meat Sauce Garlic Toast Italian Green Beans Carrot Cake with Cream Cheese Icing
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Soup Grilled Cheese Sandwich Potato Chips Iceberg & Romaine Salad Peach Crisp	Cream of Broccoli Soup Chicken Salad Sandwich on Wheat Bread Lettuce & Tomato Three Bean Salad Applesauce	Cheddar Cheese Soup BBQ Beef Sandwich Steamed Broccoli Watermelon	Vegetable Soup Fish Strips Cornbread Muffin Cole Slaw Pears	Chicken Noodle Soup Cottage Cheese & Tomato Platter Club Crackers Fruit Pasta Salad Banana Nut Muffin	Beef Barley Soup Ham & Cheese Sandwich on a Bun Lettuce & Tomato Rotini Salad Fruit Cocktail	Chicken Florentine Soup Hot Dog on a Bun Baked Beans Creamy Cucumbers Mandarin Oranges

Milk, Coffee, Tea and Decaffeinated Beverages are available at each Meal

Always Available: Hamburger on a Bun, Chicken Filet on a Bun, Cottage Cheese & Fruit Platter, PB&J Sandwich, Cold Cut Sandwich



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