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Arbutus News

Arbutus Personal Care is 'Simply the Best'

We are incredibly excited to share that Arbutus Park Retirement Community has been named 'Simply the Best' Personal Care Home by the The Tribune-Democrat! Thank You to everyone who voted for us!



Wish List Success

The elevator goal has been reached! Thanks to the generosity of our Wish List Angels, we have raised the \$40,000 needed to replace the East Wing elevator.

Look for the replacement to be installed very soon. Rick is very excited and grateful for all the support for the biggest wish list item yet!



Silent Auction Added to Senior Spirit Awards Luncheon

The Arbutus Senior Spirit Host Committee is excited to announce a silent auction will be held in conjunction with this year's ceremony hosted on Friday, April 20, 2018 at the Holiday Inn, Downtown Johnstown.

Area businesses and organizations will be donating items to help Arbutus raise money for the Arbutus Benevolent Care Fund. The host committee assures there will be something for everyone's budget and interest in this year's auction.

This year's event is sure to be a sell out, so make your reservations now. Reservations are \$25 and can be made at arbutusparkmanor.com/senior-spirit or by calling Merlene Monteith at 814-266-2156.



Chocolate Covered Strawberry Fundraiser

Order a half dozen of chocolate covered strawberries and support the Auxiliary! The cost is \$7.00 per half dozen. Orders are due to the Business Office by Feb 7th and can be picked up at the Gift Shop on Feb 14th from 7:00 am-3:00 pm.

CONNECT WITH
ARBUTUS!



www.ArbutusParkManor.com

Arbutus Park
Retirement Community
207 Ottawa Street
Johnstown, PA 15904

Arbutus Park February Community Calendar

Thursday February 1

2:30 pm Rosary in the Chapel

3:00-4:00 pm IR Exercise Class w/ Diane Walker in the Community Room

Saturday February 3

7:00-9:00 am Community Lab Blood Screen (\$30) Additional testing offered

Please call 814-467-3961 to schedule

Sunday February 4

2:00 pm Glory Way Quartet in the Chapel

Monday February 5

5:00 pm Cottager Dinner in the Community Room - RSVP by Jan 29 to the Wassers at 418-0180

Menu: Stuffed pork chops, buttered potatoes, baked corn, fresh fruit salad, and cherry pie

Tuesday February 6

1:30 pm Tom Voytas music in the Chapel

3:00-4:00 pm IR Exercise Class w/ Diane Walker in the Community Room

7:00 pm Movie Night in the Community Room: 'The Unfaithful'

Wednesday February 7

1:00 pm Communion in the Chapel

1:45 pm Covenant Prayers (Christian Drama Group)

Thursday February 8

12:00 pm Belmont UMC Church Lunch in IL Dining Room

2:30 pm Rosary in the Chapel

3:00-4:00 pm IR Exercise Class w/ Diane Walker in the Community Room

Friday February 9

12:00 pm Golden Rods Lunch in IL Dining Room

Sunday February 11

2:00 pm Rev Daryl, Lori, & Hannah Penrod - Elton Zion UMC

Tuesday February 13

12:00 pm Beulahlanders Lunch in IL Dining Room

1:30 pm Valentine's Day Party in the Community Room with Tom Voytas music

2:00 pm Pinochle - Meet on the Sun Porch

3:00-4:00 pm IR Exercise Class w/ Diane Walker in the Community Room

6:30 pm Game Night 'Not So Newlywed Game' in the Arts & Crafts Room

Wednesday February 14

'Stump the IT Guys' -Independent Technology Services Available All Day - 262-4265

10:15 am Ash Wednesday Breakfast in the Community Room

1:00 pm Catholic Mass in the Chapel

1:45 pm Chaplain John Hollis (Imposition of Ashes for those who wish)

Thursday February 15

2:30 pm Rosary in the Chapel

3:00-4:00 pm IR Exercise Class w/ Diane Walker in the Community Room

Friday February 16

12:00 pm Elderberries Lunch in IL Dining Room

NEXT MONTH

MARCH 5th Cottager Dinner

RSVP by FEB 29

to Eleanor Callihan 266-5676

or Anne Cvrkel 539-4384



Sunday February 18

2:00 pm Rev John Weaver, Retired UM Pastor. Music by Summit Chapel UM Choir

Tuesday February 20

7:00 pm Movie Night in the Chapel: 'Dave'

3:00-4:00 pm IR Exercise Class w/ Diane Walker in the Community Room

Wednesday February 21

10:00 am IL Brunch in the Community Room - RSVP to Business Office by Feb 19th

1:00 pm Communion in the Chapel

1:45 pm Rabbi Irvin Brandwein, Beth Sholom Temple

Thursday February 22

2:30 pm Rosary in the Chapel

3:00-4:00 pm IR Exercise Class w/ Diane Walker in the Community Room

Sunday February 25

2:00 pm Lay Speaker Diane Tiffany, Roxbury Saint Paul UMC

Monday February 26

1:00-3:00 pm Handycrafters in the Arts & Crafts Room

Tuesday February 27

3:00-4:00 pm IR Exercise Class w/ Diane Walker in the Community Room

Wednesday February 28

8:30 am Men's Breakfast in IL Dining Room

12:00 pm Retired Minister's Lunch in IL Dining Room

1:00-3:00 pm Handycrafters in the Craft Room

1:00 pm Communion in the Chapel

1:45 pm Rev Ardyth 'Ardi' Hill, Retired UM Pastor

REGULAR WEEKLY EVENTS

Mondays Art Class 9:00 am Arts & Crafts Room

Wednesdays Communion 1:00 pm Chapel (except 2nd Wednesday is Mass)

Thursdays Rosary 2:30 pm Chapel

Tuesdays & Thursdays IL Exercise Class 3:00-4:00 pm Community Room

Fourth Monday of the Month Handycrafters 1:00-3:00 pm Arts & Crafts Room



The Arbutus Beauty Shop is open
Monday-Friday
Call 262-2172 to schedule a visit!
Men's haircuts are
scheduled on Mondays

SAVE THE DATE! Arbutus Park Group Game with the Johnstown Tomahawks!

Sunday, March 18th at 3:00pm \$10 Tickets for Resident and their Families

Contact Kurt in Community Affairs by March 9th kroberts@arbutusparkmanor.com 266-2150

Production of 'Jesus' at Sight & Sound in Lancaster

Park Avenue United Methodist Church has invited Arbutus Park residents on their bus trip to Sight & Sound in Lancaster on April 25th to see the production of 'Jesus.' Cost for the trip is \$105 per person and includes the bus and ticket to the show. Bus departs 6:00 am with a showtime of 11:00 am. A stop at Cracker Barrel after the show is planned. If interested please contact Linda Gindlesperger at 288-1607.



Groundhog Day Trivia

The tradition started in Europe as Candelmas Day. Germans who settled in Pennsylvania in the 1700s brought the custom to America.

Punxsutawney Phil is the most well-known, but more than a dozen states celebrate with their own groundhogs, such as Georgia's General Beauregard Lee and Buckeye Chuck in Ohio.



His full name is "Punxsutawney Phil, Seer of Seers, Sage of Sages, Prognosticator of Prognosticators, and Weather Prophet Extraordinary."

February 2, 1886 - The Punxsutawney Spirit newspaper proclaims this date as Pennsylvania's first official Groundhog Day celebration.

Phil has correctly predicted the beginning of spring 100% of the time, according to his owners. 1986 - Phil travels to Washington, D.C. to meet with President Ronald Reagan.

January, 2010 - The animal rights group PETA suggests using a robotic groundhog in place of Punxsutawney Phil.

February 2, 2010 - For the first time, fans are able to register for a text message alert of Phil's prediction.

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● **A BIG 'Thank You' to all who helped in so many ways. Contributions to Arbutus, maintenance**
● **getting me where I needed to go, and Judy Probert and the nurses at West. I thank Pastor John**
● **and all who attended George's service. - Nancy Wargo**
.....

Amy's Recipe of the Month

Italian Love Cake:

Prep Time 25 min - Cook Time 1 hr 30 min - Ready in 2 hr 55 mins

Ingredients:

- 1 (18.25 oz) package chocolate cake mix
- 2 pints part-skim ricotta cheese
- 3/4 cup white sugar
- 1 teaspoon vanilla extract
- 4 eggs
- 1 (3.9 oz) package instant chocolate pudding mix
- 1 cup milk
- 1 (12 oz) container frozen whipped topping thawed



Instructions:

1. Prepare cake mix as directed on box. Pour batter into 9 x 13 x 2 inch greased baking dish. Set aside.
2. Combine ricotta cheese, sugar, vanilla, and eggs. Blend well. Spread mixture evenly over the top of the cake batter.
3. Bake at 350 degrees F (175 degrees C) for 75 minutes if using a glass baking dish, 90 minutes if using a metal pan.
4. Blend pudding mix and milk until thickened. Blend in whipped topping. Spread over cooled cake.



*Arbutus Park
Retirement Community*



presents

The "Not So" Newlywed Game

*February 13th
6:30 pm*

Arbutus Arts & Crafts Room



How well do you know your spouse ?

We invite you to join the audience as 6 Arbutus Park couples compete for the grand prize!

Grand Prize: A Day Trip for 2 to the Spring Flower Show at the Phipps Conservatory and Strip District, Pittsburgh. Lodestar Bus Lines

Please remember to submit your new insurance cards to the billing office

Community Connections

February 4th - Super Bowl Sunday

February 10th - JSO Pops: Eight Decades of Broadway
Pasquerilla Performing Arts, UPJ Johnstown
johnstownsymphony.org

February 15th - 'A Chorus Line'
Pasquerilla Performing Arts, UPJ Johnstown

February 23rd - 7:30 pm Hockey Game
1st Summit Arena, Johnstown
johnstowntomahawks.com

February 24th - 7:00 pm Hockey Game
1st Summit Arena, Johnstown
johnstowntomahawks.com

February 24th - Tom Sadge as 'Neil Diamond'
Arcadia Theater, Windber
arcadiatheater.net



A Warm Welcome to:

Alice Mickle
Dolores Mehok
Dorothy Lybarger
Elsie Snyder
Elizabeth Karafa
Frieda Bobak
John Stutzman
Patricia Yingling
William Wilson

New Independent Residents

Lenore McGowan 167 Canterbury Way

February Birthdays

February 2nd	Patricia Fleck
February 2nd	Marion Brezovec
February 5th	Anna Govaker
February 7th	Robert Hostetler
February 7th	Lorraine Price
February 8th	Helen Rizzo
February 8th	Kim Sell
February 9th	Donald Irwin
February 9th	Florence Grove
February 11th	Helen Wilson
February 12th	Rose Wentz
February 13th	Tom Edwards
February 18th	Dorothy Morris
February 21st	Gloria Weyandt
February 21st	Shirley Mummert
February 23rd	Margie Roseman
February 24th	Mary Albert
February 25th	George Lybarger



Anniversaries

20 Frank & Linda Burkhard
22 Dave & Ella Mae Gaudlip

Attention Arbutus Residents

Did we miss your birthday or anniversary?
Please let us know by calling 262-2150

Welcome Back!

Community Affairs is excited for the return of Merlene Monteith! Her grandchildren sent these beautiful flowers to brighten her first day back.



This is Life: Celebrating 63 Years

"We were always lovers not fighters" said Richard Trabold when we asked him to share the secret of his happy marriage to his wife of 63 years, Vera.

Richard and Vera Trabold joined the Arbutus Park Manor family in September of 2017. Their personal care suite, now known as the "Captains Quarters" has become the talk of the manor, because of a beautiful puzzle that hangs on their wall.

"This puzzle is a replica of The Sistine Chapel in Rome, Italy" Richard told us. Richard and Vera's son and daughter ordered the puzzle for their father as a Christmas gift. The puzzle, measuring 9 ft long and over 3 ft high, had to be built on a ping pong table in the couple's basement. Richard worked on the puzzle in his spare time over an 8-month period. Once it was built, a family friend built a beautiful frame for the puzzle, and it has become a beautiful family heirloom.



Richard had visited Italy while serving in the military and had an opportunity to visit The Sistine Chapel. "I bought a souvenir book about the chapel while I was there, just to prove I saw it" Richard said "And now I keep the book out on our living room table so everyone who stops to see the puzzle can take a look at what the original looks like and what the paintings represent"

Richard and Vera say they enjoy living at Arbutus and are especially happy they were able to stay in the Johnstown area and have children who live nearby. Vera said Arbutus is only 2 blocks from where they lived and raised their 6 children. Those 6 children went on to make Richard and Vera Grandparents 20 times and Great Grandparents 21 times, with 2 more on the way!

Vera said the key to a happy marriage and family is "be patient, and don't over-think things...This is life, you never know what will come your way"

Everyone at Arbutus is very happy Richard and Vera have come our way.



Message from Rev Hollis

Solomon wrote in Ecclesiastes 1:9: What has been is what will be, and what has been done is what will be done. That means that history is prophecy. In this letter we will explore an ancient event which presaged a similar event millennia later.

The Book of Jasher didn't become one of the books of the Bible but Joshua 10:13 and 2 Samuel 1:18 refer to it, showing that it was highly regarded. Jasher 8 tells us that when Abram, whom God renamed Abraham, was born, ...one very large star came from the east and ran in the heavens, and he swallowed up the four stars from the four sides of the heavens.

A man named Bob Wadsworth has used a computer program to find a rare celestial event that exactly fits the description of this star's appearance. From February 21-27, 1953 BC, Venus "swallows" Jupiter, Mercury, Mars and Saturn. It would have been a spectacular sight. The sages saw it and knew that it meant that Abram was destined for greatness. They reported it to King Nimrod, who then ordered Terah to bring Abram to him that he might kill the child. Terah brought instead the child of one of his servants and Nimrod killed him, thinking it was Abram. Then Terah hid Abram and his mother in a cave for ten years.

A couple thousand years later a bright star appears and wise men correctly interpret it to mean the birth of the "King of the Jews." In his attempt to kill the Child, King Herod has all the young boys in and around Bethlehem slaughtered. Joseph escapes and hides Mother and Child in Egypt until the danger is past. Is there any connection between these two accounts besides the several parallels?

In each case the murderous plot of the king was Satan's attempt to thwart God's plan of salvation. Abraham was the beginning of God's Messianic lineage in the earth. He said to Abraham ...all the peoples on earth will be blessed through you (Genesis 12:3). Paul writes in Galatians 3:16: Now the promises were spoken to Abraham and to his seed. He does not say "and to seeds," as though referring to many, but referring to one, and to your seed, who is Christ.

All of this clearly links Abraham, the father of the faith (Galatians 3:7), with Jesus, the author and finisher of our faith (Hebrews 12:2). Satan tried to kill them both to stop the fulfillment of God's promise made right after the fall of Adam and Eve into sin. In Genesis 3:15 God said to the ser pent: I will put hostility between you and the woman, and between your seed and her seed. He will strike your head, and you will strike his heel. On the cross the Seed of the Woman received a blow to the heel—a blow from which He recovered by coming out of the tomb. But Jesus delivered a blow to Satan's head—a blow from which he will not recover. Praise be to our God who declares ...the end from the beginning, and from ancient times the things that are not yet done...(Isaiah 46:9-10). History is prophecy.

Shalom,
Pastor John Hollis

Spirit of Leadership
Betty Griffith,
St. Vincent DePaul

Arbutus
Senior Spirit
Awards
Recognize • Appreciate • Thank

Spirit of Community
Laurel Highlands
Alzheimer's Foundation

Spirit of Appreciation
Richland High School
National Honors
Society

2018
Recipients

Lifetime Achievement
Don & Nancy Zucco

5th Annual Senior Spirit Awards - Friday, April 20th at 11:30 am at the Holiday Inn Downtown Johnstown
Tickets and Sponsorship information at arbutusparkmanor.com/senior-spirit

RETURN SERVICE REQUESTED

Pathways

Pathways is a monthly newsletter. Please contact Arbutus Park Community Affairs with questions or comments at kroberts@arbutusparkmanor.com

Park Profile

Q Where did you grow up?

A I grew up close to Jerome in Davidsville. I went to school in a one-room schoolhouse with 8 grades together before becoming a Conemaugh Township Indian.

Q How long have you been at Arbutus?

A I spent 30 years in Cottage #5 here on campus before moving into the manor about 2 years ago.

Q What makes you happy?

A I've had a wonderful life, seeing the generations of my family: I have 3 children, 17 grandchildren, and 13 great-grandchildren!

Q What is your favorite vacation?

A We used to spend every October through March in Fort Meyers, Florida. I still keep in touch and get Christmas cards from friends that we made from out of state. They would come visit us and we would take them to the Incline Plane and the Flood Museum.

Q What kind of hobbies do you have?

A I enjoy working with my hands, I used to do ceramics, and loved to bake. My favorite is cake with cream cheese filling, and all kinds of cookies. I am actively involved with the 'Handycrafters' group here.

Esther Baumgardner



Q Are you a sports fan?

A Yes, I enjoy football...but right now I'm embarrassed to say I'm a Steelers fan!

Q What might people not know about you?

A I visit with residents in Crossroads, Therapy, and in the halls with a 'Punxy Phil' puppet. Talking like a groundhog is hard!

Q What do you like about Arbutus?

A I love living here. The neighbors are nice, and the staff takes such wonderful care of everyone. I am on the go constantly, and there is always something to do here.