

November 2017

ARBUTUS PARK RETIREMENT COMMUNITY MONTHLY NEWSLETTER

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Arbutus News

Arbutus Offers Fun Interactive Holiday Train Display

Johnstown, PA— You may not be a train enthusiast (yet), but everyone will find something to enjoy with the large holiday train display at Arbutus Park Retirement Community in Richland. There are activities to love for all ages and interests with this special holiday train display featuring "G" or large-scale Garden trains on a 16 by 24 foot platform.

The train display is <u>free</u> and <u>open to the public</u>. This detailed display offers many fun scenes to observe, including a North Pole village, an amusement park, an old German village with brewery, a 1940's and 50's village, and a Native American village with tepees, stage coach and trading post. New this year is a "Chicken Dance" train car that plays the popular polka tune as well as two new holiday-themed eggliners.



Back by popular demand, visitors will enjoy playing "Christmas Town I Spy," a game highlighting a few of the numerous scenes in the train display located in the Community Room of Arbutus Park Manor at 207 Ottawa Street.

Children of all ages can experience the

hands-on Christmas Town Touch Table and have the opportunity to earn an "Engineer's Certificate" signed by Arbutus' Chief Engineer by operating trains on the 16 by 5 foot Freight Yard platform.

2017 marks the 11th year for the Arbutus Christmas Town Train Display. Model train enthusiasts Ron Reinbold and Win Garland have shared their love of trains by building the Christmas Town Railroad display featuring over 150 miniature people, 15 vehicles, and two point-to-point inner city street car lines as part of five trains operating simultaneously.

Reinbold and Garland volunteer many hours to set-up and operate the Christmas Town Train Display. "This is our Christmas gift to the Arbutus residents and to the community at large," says Reinbold.

The Christmas Town Train Display will operate on the following dates from 1-3 PM:

Saturo Sunda Wedn Saturo Tuesd

www.ArbutusParkManor.com

CONNECT WITH

ARBUTUS!

Arbutus Park Retirement Community 207 Ottawa Street Johnstown, PA 15904 Saturday, November 25 Sunday, November 26 Wednesday, November 29 Saturday, December 2 Tuesday, December 5 Sunday, December 10 Wednesday, December 13 Saturday, December 16

Tuesday, December 19 Thursday, December 21 Saturday, December 23 Sunday, December 24 Wednesday, December 27 Friday, December 29 Sunday, December 31 Monday, January 1

For more information, please call the Arbutus Park Community Affairs Office at 814-262-2156.



Arbutus Community Calendar

Wednesday, November 1 - All Saints' Day

8:30 am Men's Breakfast in the Independent Dining Room (Manor Residents Only)
10:00 am Bible Study in the Blue Room - Personal Care
1:00 pm Communion in the Chapel

1:45 pm Chapel Service - Rev. Brittany Wooten, Roxbury St. Paul UMC

Thursday, November 2

2:30 pm Rosary in the Chapel

Reminder! Wednesday Chapel time is now 1:45

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Sunday, November 5 - Daylight Saving Time Ends: TURN YOUR CLOCKS BACK!

1:45 pm Chapel Service - Annual Memorial Service, remember all Arbutus Residents who have died since October 2016

Monday, November 6

Chan Soon-Shiong - Windber Lab in the Community Room for Independent Residents 9:00 - 11:00 am Art Class in the Arts & Crafts Room with Bonnie Luther 9:30 am Bible Study in the Chapel 5:00 pm Cottage Dinner in the Community Room

Tuesday, November 7 - Election Day

9:30 am Hymn Sing; 3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Wednesday, November 8

10:00 am Bible Study in the Blue Room - Personal Care 12:00 pm Blossom Society Lunch 1:00 pm Communion in the Chapel 1:45 pm Chapel Service - Rev. Greg Stiver, Christ UMC **NEXT MONTH** >> December Cottage Dinner RSVP by December 1 to: Win and Sandy Garland 814-288-3025

Menu: Swiss Steak, Mashed Potato & Gravy, Baked Corn, Waldorf Salad, Yule Log

Thursday, November 9

10:30 am Bible Study with Beulah UM Church in the Chapel
12:00 pm Belmont UM Church Lunch in the Independent Dining Room
2:30 pm Rosary in the Chapel
3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Friday, November 10

12:00 pm Golden Rods Lunch in the Independent Dining Room 1:30 pm Veteran's Day Program in the Chapel. Everyone is welcome.

Sunday, November 12

2:00 pm Chapel Service - Concert by Dan Becker, Christian recording artist. Holy Communion will follow.

Monday, November 13

9:00 - 11:00 am Art Class in the Arts & Crafts Room with Bonnie Luther 9:30 am Bible Study in the Chapel

Tuesday, November 14

9:30 am Hymn Sing; 12:00 pm Beulahlanders Lunch in the Community Room 3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Wednesday, November 15

"Stump the IT Guys" - Independent Technology Services Available All Day - Call 262-4265
10:00 am Bible Study in the Blue Room - Personal Care
10:00 - 11:30 am Independent Brunch in the Community Room; RSVP to Business Office by November 13

1:00 pm Communion in the Chapel

1:45 pm Chapel Service - Rev. Sam McClintock, Addison UMC

Thursday, November 16 - Arbutus Staff Thanksgiving Meal in the Community Room; starts at 10:30 am

10:30 am Bible Study with Beulah UM Church in the Chapel

2:30 pm Rosary in the Chapel

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Friday, November 17

12:00 pm Elderberries Lunch in the Independent Dining Room

Sunday, November 19

2:00 pm Chapel Service - Elton Zion UM Chior, directed by Ruby Barclay

Monday, November 20

Chan Soon-Shiong - Windber Lab in the Community Room for Independent Residents 9:00 - 11:00 am Art Class in the Arts & Crafts Room with Bonnie Luther 9:30 am Bible Study in the Chapel

Tuesday, November 21

9:30 am Hymn Sing; 1:30 pm Fred & Nancy in the Chapel 3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Wednesday, November 22

10:00 am Bible Study in the Blue Room - Personal Care
1:00 pm Communion in the Chapel
1:45 pm Chapel Service - *Thanksgiving Eve*. Chaplin John Hollis

The Arbutus Beauty Shop is open
Monday-Friday
Call 262-2172 to schedule a visit!
Men's haircuts are
scheduled on Mondays

Thursday, November 23 - Thanksgiving

10:30 am Bible Study with Beulah UM Church in the Chapel
2:30 pm Rosary in the Chapel
3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Sunday, November 26

2:00 pm Chapel Service - "United" Christian Band, Harry Huzsek, Leader

Monday, November 27

9:00 - 11:00 am Art Class in the Arts & Crafts Room with Bonnie Luther 9:30 am Bible Study in the Chapel 1-3 pm Handy Crafters in the Arts & Craft Room

Tuesday, November 28

9:30 am Hymn Sing;

12:00 pm Retired Ministers Lunch in the Independent Dining Room

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Wednesday, November 29

10:00 am Bible Study in the Blue Room - Personal Care

1:00 pm Communion in the Chapel

1:45 pm Chapel Service - Rev. Dave Bowman, Bethel & Centennial UM Charge

Thursday, November 30

10:30 am Bible Study with Beulah UM Church in the Chapel

2:30 pm Rosary in the Chapel

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room



Shawn & Rebecca Kuzar welcomed Alex Jordan Kuzar to the world on September 8 at 6:14 pm. Alex weighed in at 8lbs. 6oz. and 20 1/2 inches long.

Rebecca and Shawn are having a great time being parents.

Everyone at Arbutus is hoping to visit with Alex very soon. Look for him to make an appearance during the Home for the Holidays event at the manor. Alex is excited to see the Holiday Train display and meet his mommy's friends.



Community Connections

Wednesday, November 1

Pasquerilla Performing Arts Center UPJ, Johnstown *Shades of Buble*

Saturday, November 4Pumpkin Spice Ligonier Ligonier, PA

Tuesday, November 14 *Veteran's Day Parade, 4PM*downtown Johnstown

Friday, November 17

Hometown Christmas Parade & Light Up Night Central Park, downtown Johnstown, PA

Saturday, November 18

Arcadia Theatre, Windber, PA

Ornament-Music of the The Trans Siberian

Orchestra





Arbutus Salutes our Veterans



Veterans at the Manor

Kenneth Woodruff - Army Robert Smith - Army Kenneth Steffey - Army Merle Gates - Army William McKinney - Navy Robert Justinus - Army Mitchell Azar - Army Mary Albert - Navy Robert Appleyard - Army Sylvia Sherry - Navy William Wargo- Marines Frank Schmatz - Marines Delbert Johnson - Army Charles Sklar - Army Richard Ott - Air Force John Romanchock - Navy Terry Gilbert - Army National Guard Harold Gilbert - Army Thomas Johns - Army Stanley Kuhlman - Army Richard Trabold - Navy

A Warm Welcome to

Frieda Bobak Jean Bradley M Elaine Kachmar Dennis Kovach Albert Lloyd Mary Madey Shirley Mummert
Joan Ribblett
John Romanchock
Mary Summits
Delphine Suskenik
Richard & Vera Trabold

Birthdays

November 1	Joyce Murtha
November 2	John Romanko
November 9	Ruth Seganos
November 10	Harold Gilbert
November 11	Gertrude Simonof
November 12	Olga Zubak
November 16	Bob Roseman
November 21	Judy Probert
November 23	Mary Wentz
November 24	Betty Ream
November 24	Frieda Parker
November 25	Merle Gates
November 27	Leona Barefoot
November 29	Rowena Witt
November 28	Betty Carmichael

Anniversaries

November 21 Richard and Betty Sheridan

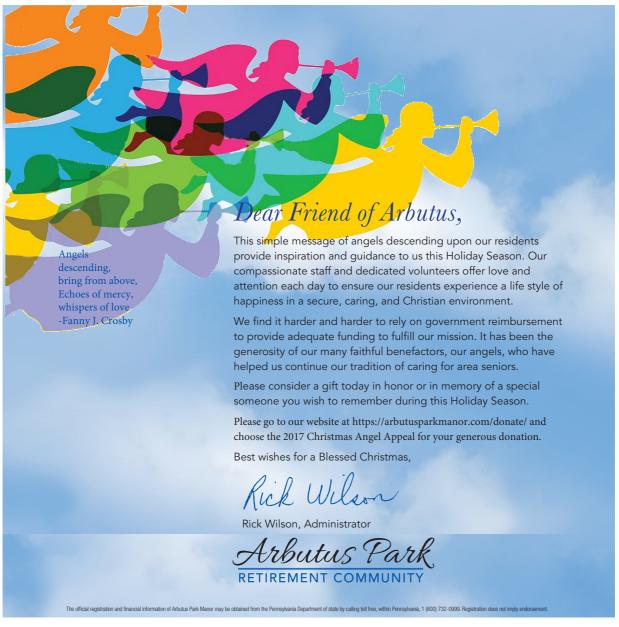
Attention Arbutus Residents

Did we miss listing your birthday or anniversary? Please let us know by calling 262-2150

Independent Living Shopping Trips

In the future if any Independent Living Resident wishes to go shopping on a scheduled shopping day, please call the Business Office at 266-8621 so the driver is aware you want to be picked up. Thank You!

#WhyIGive Spotlight





Thanksgiving in a blanket

Total Prep: 20 min Cook Time: 15 min 8 Sandwiches Ingredients

- 1 tube refrigerated crescent rolls
- 3/4 c. shredded roasted turkey
- 3/4 c. prepared stuffing
- 3/4 c. prepared mashed potatoes
- 1 c. cranberry sauce
- 1/4 c. prepared gravy, warmed (for serving)

Directions

- 1. Preheat oven to 375 degrees F. Line a large baking sheet with parchment paper.
- 2. On a lightly floured work surface, roll out Crescent Rolls. Top with mashed potatoes, turkey, stuffing and cranberries. (You'll want just a small spoonful of each.) Roll up and transfer to prepared baking sheet.
- 3. Bake until golden, 12 to 15 minutes. Serve with gravy for dunking.



From the Chaplain

These days, in the rush towards Christmas, Thanksgiving Day is almost overlooked. We need a day to remind us that God is still on the throne and deserves our gratitude. Our country has recently suffered storms of historic proportions, a mass shooting and deadly fires. Does America still have something for which to thank and praise the Almighty?

Babylon destroyed Jerusalem and burned the Temple in 586 BC, causing massive loss of life. Lamentations is Jeremiah's expression of deep grief over that horrific event and yet he writes in Lamentations 3:22-24:

Because of the LORD's great love we are not consumed,

for his compassions never fail.

²³They are new every morning;
great is your faithfulness.

²⁴I say to myself, "The LORD is my portion;
therefore I will wait for him."

In verses 31-33 he writes:

For the LORD will not reject us forever.

32 Even if He causes suffering,
He will show compassion
according to His abundant, faithful love.

33 for He does not enjoy bringing affliction
or suffering on mankind.

As I have watched the coverage of recent events, it has been remarkable and encouraging to see an interview of someone who has suffered great loss from storm, flood or fire and to hear them giving thanks to God for what they still have. The whole country needs to awaken to God's unfailing love and to again turn to Him in worship, praise and Thanksgiving.

Ruth Anne and I wish you a blessed time of remembering and celebrating the Savior's goodness to us all.

Shalom, Chaplain John Hollis

Make Your Holiday Dinner Reservations





For Thanksgiving:

In order to accommodate as many families as possible for the holiday meal, we ask that parties be limited to a total of 6 or less total people, including any residents. Unfortunately, no exceptions will be made. We hope you understand and thank you for your cooperation. Thanksgiving Meal will be served at noon in our main dining room on Thursday, November 23rd. RSVP required to the main office no later than Friday, November 17th, the cost is \$12.00 per guest.

For Christmas:

In order to accommodate as many families as possible for the holiday meal, we ask that parties be limited to a total of 6 or less total people, including any residents. Unfortunately, no exceptions will be made. We hope you understand and thank you for your cooperation. Thanksgiving Meal will be served at noon in our main dining room on Monday, December 25th. RSVP required to the main office no later than Monday, December 18th, the cost is \$12.00 per guest.

RETURN SERVICE REQUESTED

Pathways

Pathways is a monthly newsletter. Please contact Arbutus Park Community Affairs with questions or comments at rkuzar@arbutusparkmanor.com



THE LEGEND OF THE FIVE KERNELS

The first winter the Pilgrims spent in their new home was very cold and bitter. Food was in short supply. Some days they only had enough food for each person to have five kernels of corn for the day. When spring came, they planted food and it grew and grew. The harvest was good the following year and they celebrated Thanksgiving with their Indian friends.

From then on, when they celebrated Thanksgiving, the Pilgrims laid out five kernels of corn on each plate to remind themselves of their blessings.

Let us remember:

- 1. The first kernel reminds us of the autumn beauty all around us.
- 2. The second kernel reminds us of our love for one another.
- 3. The third kernel reminds us of God's love and care for us.
- 4. The fourth kernel reminds us of all our friends, especially our Indian brothers.
- 5. The fifth kernel reminds us that we are a free people.