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Arbutus News

Oh, there's no place like Arbutus for "Home for the Holidays." This year's event will be held in the Arbutus Manor Friday December 8th and Saturday December 9th. Familiar faces and events are returning to this much anticipated event including...

- **Photos with Santa** – Join Santa and his elves for a treasured family photo in the Arts & Crafts Room of Arbutus. Oh, and Santa will have delicious cookies with him so don't forget to stop by and have your wish list ready.
- **The Arbutus Bell Choir** will perform for our guests in the Arbutus Manor Lobby
- **Mrs. Claus Café** will be open with delicious treats for sale. Plan to join us for lunch.
- Residents of the Arbutus Manor can finish their holiday shopping in the Arbutus Community Room. Various craft vendors and local merchants will have merchandise available for purchase for those who cannot get out to shop. Of course, family members may shop as well. Don't forget to stop by our gift wrapping station.
- The famous "**Christmas Town Train Display**" is a long-standing tradition at Arbutus. Trains will be running throughout the holiday season. Check our website and Facebook page for times and dates.
- Take a horse drawn carriage ride around the Arbutus Campus on Saturday.
- Take a drive through our campus and enjoy the decorations. Our independent living residents have "**Decked the Doors**" of their homes in holiday cheer.

Everyone at Arbutus looks forward to spending this special time of year with our treasured Arbutus Park residents, their families and our wonderful staff and volunteers. We hope you will join us for Home for the Holidays!

Pink Power!

We would like to thank everyone who purchased a pink t-shirt or gob in October. We raised \$1,000 that was presented to the Joyce Murtha Breast Care Center.



Pictured: Kurt Roberts Community Affairs Representative at Arbutus Park Manor, Buddy Roth Director of Food Services at Arbutus Park Manor, Mrs. Joyce Murtha, Erin Goins Director of Joyce Murtha Breast Care Center, and Kerri Sanders Baker at Arbutus Park Manor.

There are Angels all around...

Kindly check your mail for our yearly Arbutus Angel Appeal letter. Your generous donation will help our seniors receive the care and services they so richly deserve. Angel ornaments, inscribed by generous donors, are displayed on the Angel Tree on the sunporch every Christmas, reminding our residents and our visitors that Angels are truly all around us.

CONNECT WITH
ARBUTUS!



www.ArbutusParkManor.com

Arbutus Park
Retirement Community
207 Ottawa Street
Johnstown, PA 15904

Arbutus Community Calendar

Friday, December 1

12 pm - Golden Rods Lunch, Dining Room

Sunday, December 3

2:00 pm Chapel Service - Kenny Fetterman and Michal Wiles

Monday, December 4

Chan Soon-Shiong - Windber Lab in the Community Room for Independent Residents

9:00 - 11:00 am Art Class in the Arts & Crafts Room with Bonnie Luther

9:30 am Bible Study in the Chapel

RSVP or Cancellation due for December 11th Community Dinner. Call The Garland's 288-3025

Tuesday, December 5

9:30 am Hymn Sing; 10:00 am Bible Study in Lobby of Apartment Building A

1:30 pm Tom Voytas in the Chapel

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Wednesday, December 6

10:00 am Bible Study in the Blue Room - Personal Care

1:00 pm Communion in the Chapel

1:45 pm Chapel Service - Rev. Dr. David Stains, Beulah, UMC

Thursday, December 7

10:30 am Bible Study with Beulah UM Church in the Chapel

2:30 pm Rosary in the Chapel

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Friday, December 8 - Saturday, December 9

Home for The Holidays: Throughout the first floor Friday 10am to 5pm and Saturday 10am to 2pm

Sunday, December 10

2:00 pm Chapel Service - Bethany UM Choir, Jena Tully, Director

Monday, December 11

9:00 - 11:00 am Art Class in the Arts & Crafts Room with Bonnie Luther

9:30 am Bible Study in the Chapel

5:00 pm - Community Dinner

Tuesday, December 12

12 pm Beulahlanders Lunch Dining Room

9:30 am Hymn Sing; 10:00 am Bible Study in Lobby of Apartment Building A

1:30 pm Johnstown Christian School and Bell Choir in the Chapel

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Wednesday, December 13

"Stump the IT Guys" - Independent Technology Services Available All Day - Call 262-4265

10:00 am Bible Study in the Blue Room - Personal Care

10:00 - 11:30 am Independent Brunch in the Community Room; **RSVP to Business Office by December 11**

1:00 pm Communion in the Chapel

1:45 pm Chapel Service - Rev. Sally Houghton, Retired COB Pastor

Thursday, December 14

10:30 am Bible Study with Beulah UM Church in the Chapel

2:30 pm Rosary in the Chapel

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Friday, December 15

12:00 pm Elderberries Lunch in the Independent Dining Room

1:30 pm Devine Mercy Catholic Academy in the Chapel (St. Benedicts doing the Nativity)

Sunday, December 17

2:00 pm Chapel Service - Michael Facciani, Christian Recording Artist

Monday, December 18

Chan Soon-Shiong - Windber Lab in the Community Room for Independent Residents

9:00 - 11:00 am Art Class in the Arts & Crafts Room with Bonnie Luther

9:30 am Bible Study in the Chapel

Tuesday, December 19

9:30 am Hymn Sing; 10:00 am Bible Study in Lobby of Apartment Building A

9:30 am Forest Hills School Chorus in the Chapel

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Wednesday, December 20

10:00 am Bible Study in the Blue Room - Personal Care

1:00 pm Communion in the Chapel

1:45 pm Chapel Service - Rev. Art Moffat, 2nd Presbyterian Church

Thursday, December 21

9:30 am Richland High School Chorus in the Chapel

10:30 am Bible Study with Beulah UM Church in the Chapel

12 pm - Arbutus Brethern Womens Lunch, Dining room

2:30 pm Rosary in the Chapel

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Friday, December 22

1:30 pm Residents Christmas Party in the community room, featuring Kenny Fetterman and Michal Wiles

Sunday, December 24 - Christmas Eve

2:00 pm Chapel Service - CANDLE LIGHT COMMUNION - Chaplain Hollis

Monday, December 25 - Christmas Day

9:00 - 11:00 am Art Class in the Arts & Crafts Room with Bonnie Luther

9:30 am Bible Study in the Chapel

12 pm - Christmas Lunch, Dining Room

Tuesday, December 26

9:30 am Hymn Sing; 10:00 am Bible Study in Lobby of Apartment Building A

12 pm - Retired Ministers Lunch, Dining Room

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

The Arbutus Beauty Shop is open
Monday-Friday
Call 262-2172 to schedule a visit!
Men's haircuts are
scheduled on Mondays



Arbutus Community Calendar (Continued)

Wednesday, December 27

10:00 am Bible Study in the Blue Room - Personal Care

1:00 pm Communion in the Chapel

1:45 pm Chapel Service - Rev. Len Findley, Faith, Ferndale, & Park UMC's

Thursday, December 28

10:30 am Bible Study with Beulah UM Church in the Chapel

2:30 pm Rosary in the Chapel

3:00 - 4:00 pm Independent Exercise Class with Diane Walker in the Community Room

Friday, December 29

1:30 pm Residents New Year's Party in the community room, featuring Tom Voytas

Sunday, December 31 - New Year's Eve

2:00 pm Chapel Service - Rev. Ruth Moore, Retired UM Pastor

December Community Dinner

Monday, December 11th at 5:00 PM - Arbutus Manor Community Room

Menu: Swiss Steak, Mashed Potatoes & Gravy, Baked Corn, Waldorf Salad, and Yule Log for dessert.

Reservations and cancellations are due December 4th.

RSVP to Win and Sandy Garland at 288-3025

Community Connections

December 7th

Danu - A Christmas Gathering (Irish Christmas)

Pasquerilla Performing Arts - www.upjarts.org

December 10th

River City Brass - Christmas Brasstacular

Pasquerilla Performing Arts - www.upjarts.org

December 13th

Shadows of the 60's Tribute to Motown

Arcadia Theater, Windber - www.arcadiawindber.com

December 16th

Johnstown Symphony

Pasquerilla Performing Arts - www.johnstownsymphony.org



Visit the historic Russell House this holiday season.

This landmark property is located in the city's Moxham neighborhood.

Featuring more than 13 unique Christmas Trees.

Bottleworks in Cambria City is celebrating "Holiday 2017 A Silver Celebration"

www.bottleworks.org

Do you know of an event happening in the area?

Let us know! Email kroberts@arbutusparkmanor.com

Autumn Snapshots



Holidays Toys: "Then and Now"

Popular toys of 1950: Do you Remember...

Colorforms
Mr. Potato Head
Matchbox Cars
Gumby
Pogo Sticks
Barbie Dolls
and Hula Hoops



Popular toys of 2017: Did you ever hear of...

Hatchables
Teddy Ruxpin
BB-9E App-Enabled Droid
Wireless Headphones
iPhone 10
Playstation 4



Parents say they will spend an average of \$400 per child this holiday according to Good Housekeeping! It won't surprise you to learn that 72% of parents plan to use credit cards to purchase their children's gifts.

So here's an idea, why not purchase a toy, or a board game that was popular years ago, like a hula hoop, or Monopoly, or even a train set and play with the younger members of your family this holiday. They might be pleasantly surprised at how much they enjoy something from a simpler time.

A Warm Welcome to

Suzann Kubala 10-27
Nancy Vetton 11-1
Gloria Kimmel 11-1
Marilyn Stiffler 11-2
Marylyn Harrison 11-8
Eva Kessler 11-9
Diane Fulton 11-9
Agnes Simkovic 11-10
Anna May Walko 11-10
Dorothy Dibuono 11-13
Lois Callihan 11-14

Birthdays

December 1	Shirley Kissell
December 1	Fern Lasut
December 1	Margaret Mathias
December 3	Janet Matten
December 3	Nancy Weaver
December 4	Delbert Johnson
December 7	Mary Knipple
December 10	Doris Thomas
December 11	Dorothy McIntosh
December 12	Evelyn Jacobs
December 12	Alexander Lynch
December 14	Adeline Schutz
December 15	Dorothy Fetzer
December 15	Lois Courter
December 15	Lois Kauffman
December 17	Nancy Sell
December 17	Anne Trenchard
December 17	Dorothy Pekich
December 17	Elizabeth Kuhlman
December 18	Genevieve Gates
December 22	Pauline Butler
December 26	Josephine Stumpo
December 29	Sylvia Sherry



Anniversaries

December 2	Doug and Cynthia Greig
December 26	Ken and Dorothy McIntosh

Attention Arbutus Residents

Did we miss listing your birthday or anniversary? Please let us know by calling Kurt at 262-2150

#WhyIGive Spotlight

As we look forward to the new year, we can't help but count our blessings.

One of our greatest blessings is our senior volunteers. These caring and talented individuals come together as groups and leaders to make our community a better place.

Their giving spirit is the inspiration for the Arbutus Senior Spirit Awards. These awards exist to "Recognize, Appreciate and Thank" those who give so much of themselves through volunteerism.

This year, we are celebrating our 5th Senior Spirit Awards ceremony. The Senior Spirit Awards proceeds benefit the Arbutus Benevolent Care Fund. This fund provides care and comfort to our residents who have outlived their financial means. It also provides funds for new and innovative programs for our residents.

This year, the Senior Spirit Awards Host Committee committed to provide funding for the Music and Memory program for our Crossroads residents. This program will use the power of music through personal playlists for each resident to help recall memories, provide relaxation, and ease anxiety. Our activities staff will train and become certified in this cutting edge therapy program.

If you would like to be a part of the Senior Spirit Awards through sponsorship and attendance, visit www.arbutusparkmanor.com/senior-spirit and learn how you can donate to the event.

The 2018 Senior Spirit Awards Luncheon is scheduled for April 20, 2018 at the Holiday Inn, Johnstown.

Arbutus Senior Spirit Awards

Recognize • Appreciate • Thank



Christmas Town Train Schedule

Each Day is 1:00-3:00 pm

Community Room

November: 25, 26, 29

December: 2, 5, 10, 13, 16, 19, 21, 23, 24, 27, 29, 31

January: 1

From the Chaplain

But thou, Bethlehem Ephratah, though thou be little among the thousands of Judah, yet out of thee shall he come forth unto me that is to be ruler in Israel; whose goings forth have been from of old, from everlasting (Micah 5:2 KJV).

Why did our Savior need to be born in Bethlehem, besides the fact that Joseph had to return to the city of his ancestors for the census? It's because the name comes from two Hebrew words: *beit*, meaning "house" and *lechem*, meaning "bread." Beitlechem is the House of Bread. And it isn't just any bread; in the fields around Bethlehem the grain was grown to make the Showbread, the Bread of the Presence which was placed on a table in the Temple. God instructed Moses in Exodus 25:30: *Put the bread of the Presence on the table before Me at all times.* How appropriate, then, is it that the Bread of Life should be born there?

There is more. In Messiah's last Passover with his disciples, He blessed the matzah, the unleavened bread, and shared it with them and said, *"Take and eat it; this is My body"* (Matthew 26:26). Then He blessed the cup and shared it with them and said, *"Drink from it, all of you. 28 For this is My blood that establishes the covenant; it is shed for many for the forgiveness of sins. 29 But I tell you, from this moment I will not drink of this fruit of the vine until that day when I drink it in a new way in My Father's kingdom with you"* (Matthew 26:27-29).

Rabbi Jonathan Cahn in **The Book of Mysteries**, p.85 explains that the Hebrew for "fruit of the vine" is *peree hagafen*. And Ephratah comes from the word *peree*. And so the two most important elements in the Passover—the bread and the fruit of the vine, the body and blood of the Messiah—are both present in the name Bethlehem Ephratah.

It is deeper still. Since Bethlehem is close to Jerusalem, the lambs used in the daily sacrifices in the Temple were raised in the fields around it. The Lamb of God who takes away the sins of the world had to be born there. When a lamb is born, shepherds attend its birth. It was no mere coincidence that the shepherds raising the sacrificial lambs were the first to be invited to celebrate the birth of the ultimate sacrificial Lamb. They were watching their flocks by night because it was the lambing season. They don't do that all year. They were attending to the birth of lambs that were to be sacrificed in Jerusalem. Likewise they attended the birth of the Lamb whose purpose was the same.

When we celebrate the birth of our Savior, let's resist the tendency to view it as a cute story. Let's not get distracted by angelic announcements, heavenly light shows, and beautiful music. Yes, we appreciate all those things but let us remember that His purpose for being born was to give his life as a gift of sacrificial love for us.

Ruth Anne and I send our warmest greetings and wish you all a blessed Advent and Christmas and a blessed Chanukah season to our Jewish friends.

Shalom,
Pastor John Hollis



ARBUTUS PARK RETIREMENT COMMUNITY
207 OTTAWA STREET
JOHNSTOWN, PA 15904

RETURN SERVICE REQUESTED

Pathways

Pathways is a monthly newsletter.
Please contact Arbutus Park
Community Affairs with questions
or comments at
kroberts@arbutusparkmanor.com

Eggnog French Toast



Ingredients:

1 cup brown sugar
1/2 cup butter
2 tablespoons light corn syrup
1 loaf french bread, cut into 1-inch slices
8 eggs
2 cups egg nog

- 1) Lightly grease a 9x13-inch baking dish.
- 2) Heat the brown sugar, butter, and corn syrup in a small saucepan over medium heat. Cook and stir until the mixture begins to boil; remove the mixture from heat, and pour into the prepared baking dish. Place the bread slices atop the brown sugar mixture.
- 3) Whisk the eggs and eggnog together in a large bowl; pour over the bread slices. Cover the baking dish with aluminum foil, and refrigerate 8 hours to overnight.
- 4) Preheat an oven to 325 degrees F (165 degrees C). Remove baking dish from the refrigerator.
- 5) Bake in the preheated oven for 35 minutes. Increase heat to 375 degrees F (190 degrees C), remove the aluminum foil, and continue baking until the the top begins to brown, 5 to 7 minutes more.